



Osher Institute Offers Classes in Ojai

Camarillo, Calif., March 5, 2007 -- The Osher Lifelong Learning Institute (OLLI) will offer two courses at locations in Ojai this spring. The first course will be "Rain Forests of the World" and the second course is "Sage to Stage: Applying Theater Techniques to Present Life Stories."

"Rain Forests of the World," will be held at HELP of Ojai at the Little House, 111 W. Santa Ana St., Ojai. The course meets from 6 p.m. to 8:45 p.m. on Wednesdays, from April 4 to May 9. This class explores rain forests, the conditions that produce them, their wild life, and why they are in decline. William Fox, an Ojai resident, is the course instructor. Fox has a doctorate degree in zoology and has taught zoology, biology, marine sciences, and environmental studies at Ventura College, and led classes throughout the world.

"Sage to Stage: Applying Theater Techniques to Present Life Stories" will meet at the Ojai Center for the Arts, 113 S. Montgomery St., Ojai, from 6 p.m. to 8 p.m. on Tuesdays, from April 10 to May 29. This course delves into basic theater performance skills through student participation in techniques such as handling stage fright, ensemble building, movement and mime, improvisation, vocal expression, and writing and performance of life stories. The instructor is Gai Jones, master of arts in theater. She has taught theater and national workshops for 40 years, and is presently a director at the Ojai Playhouse.

The OLLI program is intended for seniors over 50, but for the Ojai courses enrollment of those under the age of 50 will be permitted if class space is available on or after April 2.

Detailed flyers about both courses are available at the Little House and the Ojai Center. More information is available at www.csuci.edu/exed/osher.htm, or by calling OLLI at 805-437-2748. These courses are free to OLLI members, and non-members may enroll for a fee of \$65 for one course. To enroll in both courses, seniors may become full OLLI members for the spring fee of \$125, which entitles members to unlimited course enrollment. Other courses will also be held in Ventura on Mondays and on the campus of California State University Channel Islands in Camarillo on Tuesdays, Thursdays, and Fridays, beginning the week of April 2.

The Osher Lifelong Learning Institute offers classes for area residents age 50 and over. OLLI has held intellectually stimulating classes for area seniors since the fall of 2004 at the California State University Channel Islands campus in Camarillo. These six to eight week classes provide college-level courses in many academic areas without the burden of grades, tests, and earning college degrees. Courses expand intellectual horizons for adults who wish to experience a variety of topics without preparing for careers.