

# INSIDE LEISURE VILLAGE



Vol. 35 No. 1

An Active Senior Community

Santa Rosa Road, Camarillo, California

January 3, 2014

## Showtyme's Kamens marks end of an era

By Bob Cohen

The end of an era. The passing of the baton. The bringing down of the final curtain. All metaphors for a major change — a transition from one point to another. And that is what is happening with the January Showtyme presentation.

But first, let's go back to the beginning.

Phil Kamens moved to Leisure Village in the spring of 1997, just two months after his marriage to wife Libby. They settled into their home in Village 17, and Phil soon started enjoying the amenities that Leisure Village had to offer — starting with golf.

Ironically, those weekly golf games became the catalyst for a "career" in show business.

Because it didn't take long before Phil was invited by his golf buddy to join the LV Racquet Club and, as things go in volunteer organizations, he quickly found himself asked to run the club barbecue.

"The barbecue was a great success, and it wasn't long after that I was asked to run the club's annual dinner," Phil explained. "I agreed with

one condition: that it include entertainment, to which the response was something like, here is your budget, the rest is up to you. So I brought in an act of Andrews Sisters impersonators — another great success. The following year, I chaired another dinner for them before moving on."

Time went by and the New

Please see **KAMENS** on 10

## Leisure Village turns into a family affair for DeSimones

By Patty Ecker

It didn't take much time for Piff DeSimone and her husband Nick to decide to settle in Leisure Village. They drove through the main gate, commented on the beauty of the area, looked at several models in Village 11 and bought their home.

It's a story that many residents could share — except that the DeSimones did it in 1973!

Forty years later in that same sunny living room, Piff smiles, "I never regretted it for a minute."

The DeSimones moved

in one month after Leisure Village opened; it was "out in the country then," she recalls. Santa Rosa Road was two lanes, and traffic sometimes had to stop while sheep crossed the blacktop.

Sixteen families — about 30 people — were the first Villagers. And they bonded into a close-knit group right away.

"The Rec Center and swimming pool were in. So Nick would bring our grill across the street and we'd have pot lucks," says Piff (who got her nickname as a child and

Please see **PIFF** on 12



Photo by Jerry Rosen

From left, Frank and Geri DeSimone, Piff DeSimone, Karen Raso and Kathy and John Wirtz gather for an LV family portrait.

## Club Camarillo helps seniors age with grace, enjoyment

By Marion Green

In Martha Stewart's newest book, "A Practical Guide to Caring for Yourself and Others: Living the Good Life," she states she chose the bonsai as her image for the process of graceful aging.

"Unlike a painting or sculpture, it is a work of art that is never finished," she wrote. "A bonsai continues to grow and evolve over time. Indeed, the tiny potted plant, with graceful gnarled trunk and leaning boughs, embodies

our feelings about aging, and when properly tended, bonsai can thrive and flourish, growing even more appealing and interesting with age. It's definitely worth noting that the older the bonsai, the more valuable and desirable."

And there I was, on one of those recent cold and crispy mornings at the Adult Day Care Center, nicknamed Club Camarillo. It was about ten o'clock and already in session — it begins at 9 a.m.

Please see **SENIORS** on 8



The staff of *Inside Leisure Village* wishes everyone a happy and healthy new year!

Kicking off 2014, this edition offers a wrapup of the holiday festivities of 2013 — specifically, the holiday party that took place Dec. 3 in the AR and a look at how Village residents decorated their homes for the holidays. You'll find it all on Pages 16 and 17.

ILV contributor Susan Amerikaner recently attended the Pillsbury Bake-Off in Las Vegas. On Page 6, she not only describes the scene, but she shares the winning recipe for Loaded Potato Pinwheels that earned a Nevada woman \$1 million. As everyone there said, "That's a lot of dough!"

AARP has scheduled its Smart Driver classes for 2014. See the lineup on Page 2.

Leisure Village hosts a seminar on Parkinson's disease Jan. 9. Read about it on Page 3.

Here's to a great 2014!



## VILLAGE HAPPENINGS

### AARP Smart Driver classes set

By Paul Herman

In 2014, the Initial (8-hour) AARP Smart Driver Class will be held from 1 to 5 p.m. Jan. 15 and 17, April 16 and 18, July 16 and 18 and Oct. 15 and 17. These classes will be in the MPR.

The Refresher (five-hour) Class will be held from 12:30 to 5:30 p.m. March 11, June 12, Sept. 11 and Dec. 11. These classes will also be in the MPR.

If you want to improve your defensive driving habits and learn how to adjust to age-related changes in your vision, hearing and reaction

time, then this class is for you.

After completing this AARP Smart Driver Class, you will receive a certificate that will discount your automobile insurance significantly over the next three-year period.

The cost is \$15 for AARP members and \$20 for non-members. Please make your checks out to AARP and write your AARP number on the memo line of your check. Pre-registration is required.

Please contact Paul Herman at 437-6241 to register for this class.

### Letters

ILV has obligated itself to publish letters that are not profane, inflammatory or libelous. Views or statements expressed are the beliefs of the writer and are not necessarily supported by the staff of ILV. Letters must include signature, address and telephone number. Please limit letters to 150 words. We reserve the right to edit and/or condense. Place in ILV box. Space permitting, whatever was not printed in this issue due to space limitations will be considered for the next issue.

### How to contact us

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Inside Leisure Village is written and edited by and for Leisure Village residents exclusively. It is independent of the L.V. Association and its Board of Directors. ILV's content is also independent of the Ventura County Star, Scripps Howard and the E.W. Scripps Company. The Ventura County Star is not responsible for the content of ILV and does not set or monitor its classified advertising or editorial policies. In addition, the policy of ILV shall be to report and publicize LV events and activities.



### LTVV PROGRAM SCHEDULE

JANUARY 2014

Channel 96 - Direct Connect; Channel 995 - Digital Box

LTVV email address: [lvtvcommittee@gmail.com](mailto:lvtvcommittee@gmail.com)



	JAN	TIME	PROGRAM	*Note: OTR = Old Time Radio
	All Month	<i>Viva the Village!</i>	Host, John Baillie - Mon-Wed-Fri-Sat-Sun *9:15 am; 3:15 pm; 7:15 pm See Message Board for listing. *On Sat. Larry's cooking show will follow the 9:15 am show.	
	All Month	<i>Villagers On The Town</i>	Host, John Baillie - Mon-Wed-Fri-Sat-Sun 8:30 am; 10:30 am; 4:30 pm See Message Board for listing.	
Daily		<i>Calendar Dive</i>	Debra Guill & John Baillie - 8:00 am; 2:00 pm; 5:00 pm; 7:00 pm	
Wed	1	10 am & 8 pm	What Was My Line - Rick Deeley, Margaret Petersen, Patty Critchton- 2013	
Thu	2	10 & 8 *OTR 7	Thursday Showcase - See LTVV Message Board for Shows	
Fri	3	10 am & 8 pm	Computer Club Genealogy - 2011 (1hr 9 min.)	
Mon	6	10 am & 8 pm	LVA OPEN BOARD MEETING - LIVE	
Tue	7	10 am & 8 pm	LVA OPEN BOARD MEETING - TAPED	
Wed	8	10 am & 8 pm	Current <i>Movie Review</i> with Lin Grant and Larry Swartz	
Thu	9	10 am only 7 pm	Thursday Showcase - See LTVV Message Board for Shows TOWN HALL MEETING - AR - LIVE	
Fri	10	10 am & 8 pm	LVA OPEN BOARD MEETING - TAPED	
Mon	13	10 am & 8 pm	What Was My Line - Don Stern, Jerry Fleischer, Frank Seiden (59 min.)	
Tue	14	10 am & 8 pm	Players Guild - Moon Over Buffalo - 1998 (1hr 43 min.)	
Wed	15	10 am & 8 pm	Cooking - Larry Swartz - Eat Right Or Be Eaten (17 min.)	
Thu	16	10 & 8 *OTR 7	Thursday Showcase - See LTVV Message Board for Shows	
Fri	17	10 am & 8 pm	L.V. Winter Classics - 2012	
Mon	20	10 am & 8 pm	The Leisure Village Lifestyle - 1993 - (25 min.)	
Tue	21	10 am & 8 pm	Players Guild - Two For One - 2011 (32 min.)	
Wed	22	10 am & 8 pm	Women's Club - Forever Young Choir - 2011 (47 min.)	
Thu	23	10 & 8 *OTR 7	Thursday Showcase - See LTVV Message Board for Shows	
Fri	24	10 am & 8 pm	Pacifica Highschool Dancers - 2008 (50 min.)	
Mon	27	10 am & 8 pm	Shared Experience - Lois Bello & Ed Pollaine (1 hr)	
Tue	28	10 am & 8 pm	Current <i>Movie Review</i> with Lin Grant and Larry Swartz	
Wed	29	10 am & 8 pm	Women's Club - Razzmatappers - 2008 (49 min.)	
Thu	30	10 & 8 *OTR 7	Thursday Showcase - See LTVV Message Board for Shows	
Fri	31	10 am & 8 pm	What Was My Line 2012 - Marty Stewart, Inge Malenbaum, John Richardson (51 min.)	

Contact Chairman Bill Foeller at 384-4447 or Bob O'Connor for more info at: 437-6798.

LTVV Committee meets the 3<sup>rd</sup> Thursday of each month at 9:30 in the MPR.

DAILY AUDIO ON MESSAGE BOARD: 9:00 AM, 11:30 PM, 3:00 PM, 6:00 PM, Narrated by Debra Guill.

\*OLD-TIME RADIO AUDIO PROGRAM: Thurs.7:00 PM, featuring Jack Benny, Bob Hope, Burns & Allen, etc.

### February deadlines

Deadline for letters, club news, stories, photos and classified ads for the February 2014 issue is Thursday, Jan. 23, at 5 p.m. The Display Advertising deadline will be Friday, Jan. 24, at 5 p.m. Publication is scheduled for Friday, Feb. 7. Please e-mail stories and photos to editorilv@yahoo.com. Typed copy, double-spaced, should be deposited in the ILV box in the Recreation Center hallway. Handwritten material should be submitted early to allow for typing.



## Parkinson's presentation Jan. 9

"I was stunned," says Villager Alan Rosin, describing his reaction when the doctor told him last year that he had Parkinson's disease.

"I had no pain, and the clues were very subtle," he explains. "I had trouble stirring my cereal with my right arm. And there was a small tremor in my thumb occasionally. I figured I just needed some physical therapy."

When he mentioned it to his primary care physician, the doctor referred him to a neurologist.

"She did some simple tests and said 'You have Parkinson's.' It was a shock, but I'm glad I found out when I did," Alan adds as he heads out to an exercise class.

On Jan. 9, a free seminar, "Living with Parkinson's" will be held in Leisure Village in the MPR, presented by Kaiser Permanente and Community Memorial Hospital. Villager residents will hear Dr. Marko Petrovic, a board-certified specialist in neurology and

neuromuscular medicine, speak and answer questions about the disease that affects 1 million Americans. The seminar begins at 1 p.m.; refreshments will be served, and handouts will be available.

Some 60,000 people are diagnosed with Parkinson's annually. Research indicates that the disease begins in the brain long before any symptoms appear. However, early diagnosis is important. Alan Rosin is emphatic: "It is crucial to know as early as possible. Regular exercise and medication have positive effects. I go to three Parkinson's exercise classes a week."

"Living with Parkinson's" is sponsored by Your Neighbors Care Group. It is the first of four health seminars scheduled for Leisure Villagers this year. The subsequent schedule is:

- Understanding Strokes: April 10.
- Joints, Feet and Mobility: July 19.
- Addressing Alzheimer's for the Patient and Caregiver: Oct. 9.

## Bible Study starts again Jan. 7

By Carol Cannell

We hope you had a very Merry Christmas and Happy Hanukkah. We celebrated with a Christmas luncheon that was yummy and fun.

Our Tuesday morning 10 a.m. Bible Study will begin again on Jan. 7. We meet at Emeritus, just outside the Village. There

are about 20 women who attend from Leisure Village. Come join us for the new year. We are taught by local pastors each week. There is no homework, just come and enjoy. We sing hymns and have prayer time, too.

For more information, call Carol at 987-7570.

## LOOKING BACK

By Marilyn Holthouse  
Village historian

• January 1974, 40 years ago: The Villagers enjoyed a movie every other week.

• January 1979, 35 years ago: The Leisure Village Association took control of the Village from Leisure Tech.

• January 1984, 30 years ago: The swimming pool was closed three to

four weeks for repairs.

• January 1989, 25 years ago: Approximately 250 Villagers attended the Volunteers Coffee.

• January 2004, 20 years ago: The Northridge Earthquake was felt in Leisure Village.

• January 2009, 15 years ago: An 11.5 percent increase was proposed in the annual budget.

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## In memoriam

Frank Bausmith, V. 41

Joe N. Dishlip, V. 31

Genny Kay, V. 40

Loretta Martin, V. 20

Geri Nolte, V. 44

Manuel Shultz, V. 42

Helen Louise Wilson, V. 20

To submit a memoriam call Loretta Reshes, 388-7116.

## Realtors Corner: Does your home need some upgrades?

By Sharron Parker  
Troop Real Estate Inc.

Although it isn't spring, the new year may bring thoughts of maintenance and upgrading of your home.

Termite and rodent inspections are a good idea in order to keep your house from serious damage. Rodents often creep into the attic in cold weather and can make a home in the insulation, damage electrical wires, etc. Our homes in Leisure Village often show termite damage too, due to the age of the wood and moisture. You may want to consider getting an inspection.

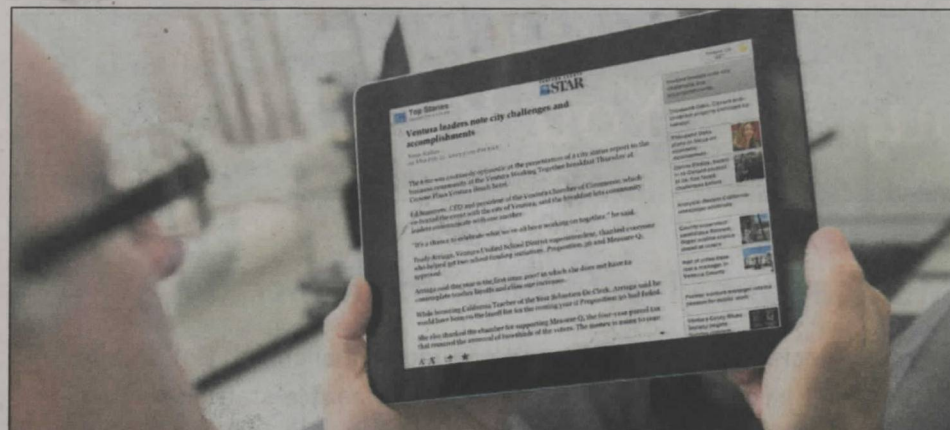
Simple upgrades like new front and back exterior lights, door bells, doormats and window cleaning can make such a difference. Trimming, weeding, sweeping and replacement of dead plants gives

the home what we Realtors call "curb appeal."

Remember that all work on the exterior of the home must be done by a contractor on our Leisure Village list and will probably need a permit from the Architectural Committee. You can get a current list in the Association office.

Our home is a major emotional and financial investment. If you feel that you can use some guidance, your Realtor typically has a list of good people to help you with your project.

— Sharron Parker is a licensed Realtor with Troop Real Estate. She can be reached at 805-443-1998 or via email at sharronbparker@aol.com or call up www.ILoveLeisureVillage.com. License number BRE#00900167.



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# Gaining weight is easy but dangerous; here's how to avoid it

By **Andy Smith**

It can be especially important to avoid being overweight, and especially obese, as we approach the senior years. A Journal of American Medicine study showed 70 percent of adults over the age of 60 are overweight or obese.

Seniors, when compared to younger adults, tend to gain weight for different reasons and in different ways. Being overweight or obese as a senior adult can cause and/or exacerbate serious conditions such as Type 2 diabetes, cardiovascular disease and osteoporosis. The lungs of obese patients decrease in size, making it easier to develop respiratory problems. Obese adults can develop pressure sores much more easily. Older adults who struggle with obesity also have higher rates of depression.

The risk of dying from weight-related disease increases as people age. Some studies show overweight

and obese senior adults are more likely to need nursing home care.

What causes senior adults to get overweight or obese?

- As muscle mass decreases over time, fat mass increases.

- Many seniors simply continue to eat the same amount of food as they did when they were younger, even though they're less active.

- Hormonal changes that occur as we age contribute to weight management. These hormonal changes in senior adults can contribute to an increase in fat mass.

- A change in metabolism in older adults contributes to quicker weight gain and slower weight loss.

- Our environment contributes to the chances of putting on weight as we age. Some seniors have less access to exercise and fitness centers.

- Our society's growing habit of eating out is a contributing factor.

When we eat out, we consume both more food and more food higher in fat than when we cook our meals at home.

What should seniors do to avoid obesity?

The facts about seniors with obesity are scary. But, there are a variety of things older adults can do to maintain a healthy weight.

- You should focus on not only modifications to eating and exercise, but also developing community support with others committed to maintaining a healthy weight.

- Routine physical activity that includes stretching, aerobics and strengthening exercises, even in the very old or frail elderly, is shown to help avoid obesity and its related chronic illnesses. Notably, you can gain as much physical benefit from three 10-minute exercise sessions as one for a total of 30 minutes.

- Talk with your doctor about the effects of your prescription drugs on

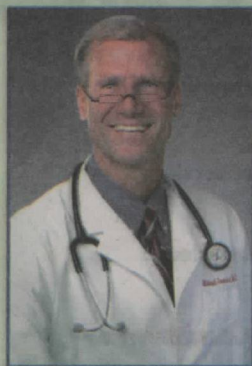
weight management, and get advice on the best way to address it.

- Getting enough sleep helps you burn more calories. And a lack of sleep also contributes to sleep-deprivation, and that leads to craving high-energy foods, which are often sweet or salty.

- Protein leads to healthy muscle development. If certain sources of protein, such as meat, are harder to eat, focus on other, softer sources of protein like yogurt or eggs.

- Consult a dietitian or your doctor before losing weight. For a number of reasons, diets that are recommended for younger adults can be dangerous and counter-productive in older adults.

— Since 2002, Andy Smith and Ellen Smith have been the owners of the local office of Comfort Keepers In-Home Care. You can reach them at 805-494-9900 or via the Web at [ComfortKeepers.com/office-426](http://ComfortKeepers.com/office-426)



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## WHAT'S COOKIN' IN THE VILLAGE

# Pillsbury Bake-Off leaves winner dough-eyed

By Susan Amerikaner

For the first time ever, I went to the Pillsbury Bake-Off. I didn't go as a contestant. I went as a writer.

This year's bake-off took place at the Aria hotel in Las Vegas. My sister, a food writer from Baltimore, met me there, so we shared a room — and had a ball.

My favorite part was the final dinner at which they announced the winner. I meant to bring you guys a photo of the dessert: Glazed Dianduja Chocolate Bar with Vanilla Berries, but I ate it so fast I forgot to take a picture! Whoops! But I did look it up later and can tell you that "Dianduja" is an Italian chocolate mixed with hazelnut paste.

The final recipes were an amazing array of new and traditional — everything from Pastrami Melt on Crusty Pretzel Rolls to Sweet Chili Chicken Sliders. The grand prize winner got a million dollars — a lot of dough! (That was the joke of the night.)

Glorai Spriggs from Henderson, Nev., won it all for her "Loaded Potato Pinwheels." I did get to taste them, and they were delicious. This is an easy recipe and nothing says loving like a million dollar dish!

### Loaded Potato Pinwheels

#### Ingredients

- 1 bag (11.8 oz.) Green Giant Seasoned Steamers™ frozen backyard grilled potatoes
- 1 ¼ cups finely shredded sharp Cheddar cheese (5 oz.)
- ½ cup cooked real bacon bits (from jar or package)
- 3 tablespoons milk
- 1 can Pillsbury Crescent Recipe Creations refrigerated seamless dough sheet
- 1/3 cup sour cream
- 2 tablespoons finely chopped green onion tops (3 medium)

#### Instructions

Heat oven to 350 degrees. Spray large cookie sheets with Crisco No-Stick Cooking Spray. Microwave frozen potatoes 3 to 4 minutes to thaw. In a medium bowl, with fork, mash potatoes, leaving some small pieces. Stir in cheese, 1/3 cup of the bacon bits and the milk until well blended.

Unroll dough on cutting board; press into 14-by-8-inch rectangle. Cut into 2 rectangles, 14-by-4-inch each. Spread half of the potato mixture on one rectangle to within ¼ inch of long edges. Starting at one long side, tightly roll up dough; pinch seams to seal. Using serrated knife, cut roll into 14 slices. Place slices, cut side up, on cookie sheet. Repeat with remaining dough and filling.

Bake 17 to 21 minutes or until golden brown. Immediately remove from cookie sheets to serving plate. Top each pinwheel with sour cream, remaining bacon bits and the green onions. Serve warm.

## Shop Ahoy needs some volunteers

By Barbara Yago

Shop Ahoy is an all-volunteer shopping and delivery service for homebound seniors and disabled adults. A volunteer will call the customer on Sunday or Monday of each week to take their grocery order. Another volunteer shops on Tuesdays at our local Vons, and the order is delivered and paid for, along with a small contribution to help the system stay in operation.

We need people who have a sharp eye and would be willing to check orders shopped. This would be at Vons on Mission Oaks, Tuesdays at 8:30 or 9 a.m., for about one hour.

If you are interested please call Barbara Yago, Village 34, at 388-0419.

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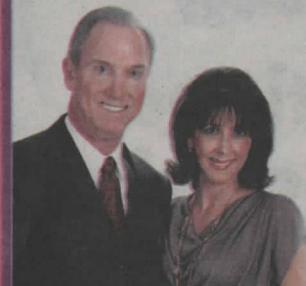
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**Your Family Care Team**

L-R: Marc Wright, D.O., Urgent Care/Family Practice; David Lyons, M.D., Internal Medicine; Sara Whatley, D.O., Family Practice; Brian Santini, M.D., Internal Medicine; Tajinder Kaur, M.D., OB/GYN; Todd Anderson, M.D., Orthopaedic Surgery; Patricia Luckerth, M.D., General Surgery; Brigitte Lovell, D.M.D., Headache, TMJ & Sleep Apnea; Scott Changchien, M.D., OB/GYN; Jill Hall, M.D., Urogynecology & Pelvic Reconstructive Medicine; Tammy Cheng, M.D., Rheumatology; Joel Siegel, M.D., Dermatology


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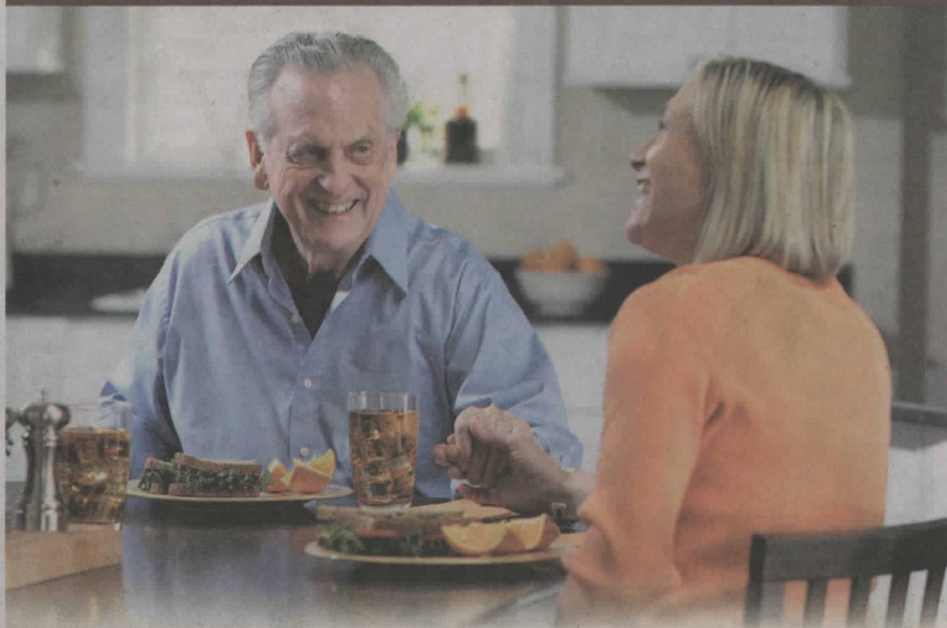
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### Seniors enjoy Club Camarillo

Continued from 1

On this morning, one of their facilitators, Mary Marcouiller, was sitting on a stool surrounded by the group while she reviewed the Ventura County Star for interesting and relevant news. She also reported the noteworthy events planned in Camarillo for the coming weekend — holiday doings.

On their calendar, it was noted that it was Frank Sinatra's birthday.

"Ladies," she asked, "how many of you had a crush on Frank Sinatra?"

Some chuckles were heard and a few hands went up.

"What songs do you remember he used to sing?"

"Strangers in the Night" and, of course, "I Did It My Way."

"Do you remember his movie 'From Here to Eternity?'"

A Frank Sinatra CD was put on their player to continue the musical mood while the tables and chairs were reconfigured for the next exercise.

Next up was Velcro baseball. A large felt playing field was posted on an A-frame. Each participant was given five Velcro balls to toss onto the mat for scoring. Everyone laughed when the facilitator remarked that someone had just hit the scoreboard. When all was done, the women had caught up with the men and the final score ended with a tie of 6 to 6 each and a fair share of clapping for both sides. It was clear everyone was having a good time.

With our life expectancy continuing to rise, many folks are finding the need for assistance either for themselves or members of their family. Locally, we are fortunate to have Club Camarillo, an adult day program located at the Camarillo Health Care District on Las Posas Road. Their program is designed to meet the needs for some with moderate dementia, cognitive frailties or physical disabilities in a safe and compassionate environment. It has been determined that seniors involved in these programs extend by 18 to 24 months the period of time they can maintain their independent living.



Photo by Marion Green

Dorothy Reed, who doesn't live in Leisure Village, has been attending Club Camarillo for four hours a day, four times a week, for eight years.

The facility is state-licensed and staffed by professionals who continuously train to provide safe and beneficial daily care for seniors. Transportation can be provided, and schedules for attendance are flexible: half-day, full-day, one to five days a week from 9 a.m. to 3 p.m. Cost varies depending on a number of elements.

Activities in the Adult Day Support Program are planned to encourage socialization and participation in a wide variety of events that include music, pet therapy, exercise, and arts and crafts. As part of their craft program, clients lovingly make special forget-me-not gifts to be delivered with Camarillo Health Care District's Home Delivered Meal Program to those who are unable to easily leave their homes.

As important as the benefits to those attending is the greatly needed break the caregivers receive. It can be a win-win situation for all involved. Adult day care affords a break from the stress and physical demands of providing round-the-

Please see **PROGRAM** on 9



## CONTINUATIONS

# Program in Camarillo helps seniors

Continued from 8

clock care. Caregivers can relax knowing their loved ones are in a compassionate environment, treated with dignity and respect and motivated mentally and physically.

They welcome volunteers for both pleasure and educational purposes. The center would be pleased to have any Leisure Village dance or singing groups entertain and creative or artistic residents teach a crafts class.

Participation in the Club Camarillo Adult Day Program is truly a community effort with involvement by many volunteer groups. Leisure Village's Libby Pierce has been playing piano there for 20 years — twice a month — and says she feels their love when they see her coming.

Their December calendar included a visit from a local kindergarten class, another win-win for all involved.

Mike and Kay Nakamura are the Pineapple Strummers who entertain for one hour each month. Mike said they are so pleased to see how responsive everyone is to their ukulele



Photo by Marion Green

A calendar of events at the Club Camarillo Adult Day Program keeps seniors informed.

playing, which includes some fun sing-alongs.

While this may not be a need for you or your family at the present time, knowing that an Adult Day Care Center such as Club Camarillo exists in such close proximity might provide some peace of mind for future needs.

The manager of the Adult Day Program can be reached at 805-388-1952, ext. 111, to schedule an appointment.

## WHAT'S COOKIN' PART II

By Susan Amerikaner

Ah, Ramen Noodle Soup! It's quick and easy comfort food beloved by young and old. If you don't have consommé, you can substitute chicken broth, but consommé is best. This soup freezes well, too. If you want extra to freeze or share, use 4 packs of the Ramen soup, but keep the amounts of the other ingredients the same. This is another great recipe from my sister, the cooking maven. She has never steered me wrong yet.

### Ramen Asian Noodle Soup

2 to 4 pkgs Ramen chicken flavored soup.

A few drops of sesame oil

One small (8-ounce) can carrots, drained and mashed

$\frac{3}{4}$  to 1 cup shredded cooked chicken  
1 can of chicken consommé (If concentrated, add water according to can directions.)

### Directions

Each packet of noodle soup calls for 2 cups of water, so boil enough water depending on how much soup you are making. Open the packages and put seasoning packet aside. Break the dry curly noodles into smaller pieces. Place the broken noodles in the boiling water and bring to a medium simmer, stirring occasionally, for about 3 to 4 minutes. Remove from heat. Add the seasoning packets and stir to dissolve. Add the chicken consommé and mashed carrots. Add cooked shredded chicken. Lastly add a few drops of sesame oil to taste. stirring well.

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VCS1326434



# Kamens finds a second career with Village productions

Continued from 1

York Club was founded. Phil joined and began producing shows for them. Soon he was bringing in four or five shows a year, and that was to continue for nearly five years.

During that time period, Showtyme came into existence and Phil joined that club also and soon became membership chair. In the beginning, the president of Showtyme booked the monthly shows. But, after a year or so, the board decided that they needed a dedicated VP to produce the monthly shows — and Phil brought his talents to that position.

His love for his newfound talent (in his previous life he was in the grocery business) kept him producing for both the New York Club and Showtyme for the next 18 months.

“But, eventually it got to be too much,” Phil remembered, “so I focused my time on Showtyme.”

And focus he did, bringing nine

My all-time favorite is Bonnie Bowden, a fantastic singer.

— Phil Kamens, when asked about his favorite performer Showtyme has brought to Leisure Village

shows a year to the AR stage for Showtyme.

The last show he produced was the very successful Grey Romande show, which was on stage last November. But that doesn't mean Phil quit cold turkey. This month's performance, Beverly Craveiro in a one-woman show, “Me 'N My Piano,” features a talent found and signed by Phil and then handed off to his successor, Paul Schifanelli. The passing of the baton.

Phil produced more than 100 shows for Leisure Village. When asked for his favorite, he thought for a while before saying, “I keep a list of performers that I thought were good enough to be invited back for a second or third performance. That list has about half the number that actually performed here. Of those, I guess I would say that Dean Regan was among the most memorable for two reasons. First, it took me two years to convince him to perform for us the first time, and second because we have become such good friends. But my all-time favorite is Bonnie Bowden, a fantastic singer.”

When asked what he was going to do in his second retirement, Phil said “Golf, bowl and just have fun.”

Finally he added, “I wish nothing but the best for the president, Jerry Rosen, my replacement, Paul Schifanelli, and the hard-working board of directors. Look for me in the audience.”

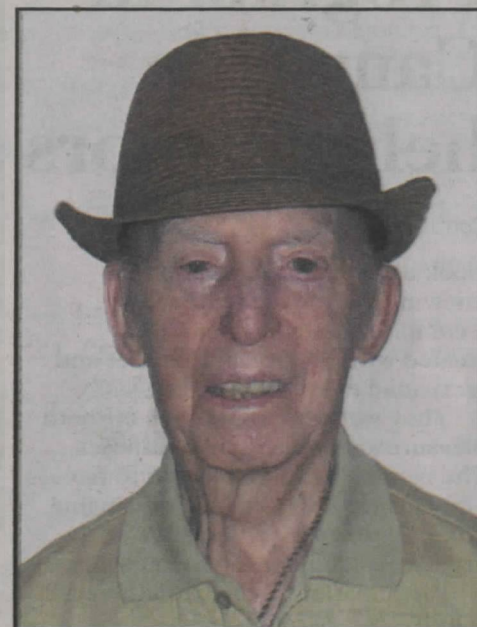


Photo by Jerry Rosen

Phil Kamens, who had been in the grocery business before retiring to Leisure Village, found a new career.



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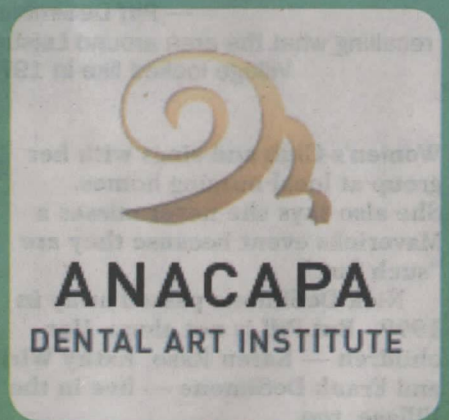
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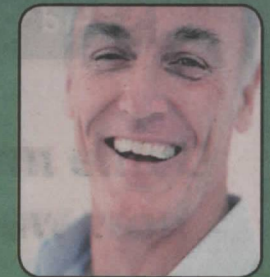
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## CONTINUATIONS

# Piff DeSimone still involved 41 years after moving to LV

Continued from 1

never lost it).

A jukebox provided tunes for the forerunner of the Saturday Night Dances. Their son Frank, who lived in Burbank at the time, built a bar so drinks could be sold at the dances.

"But the Village had to get a liquor license and keep meticulous records and that became too much work," she laughs. "So the bar was shut down, and BYOB was born."

They paid \$35,000 for their home in Village 11 near the Main Gate. Across the street were farm fields, lima beans and peppers mostly.

"You could see forever, and when the farmers sold the land, they let us take the vegetables until construction for Village 13 began," remembers Piff.

The first nine holes of the Golf Course were completed, and Nick had the honor of being the first person to tee off on Opening Day.

In those early months, there were no LV clubs until Piff was asked to form a Women's Club and become its president — a position she's held several times over the decades. The early settlers also started Bingo Nights, held in the MPR with paper cards and canned goods for prizes brought by the residents themselves.

Entertainment loomed large for these pioneer Villagers, who initially created the Belles of Harmony and the Happy Hoofers. In 1976, the Rhythmettes were formed. Forty neighbors — including Piff — danced and made music with kazoos, pots and pans, and any "instrument" one could come up with. Musicals and plays followed, produced and performed by Villagers. The playbills included "Showboat," "South Pacific" and "My Fair Lady." Piff says they all were big hits and paved the way for today's Players Guild.

She's almost as busy in her 91st year as she was in her 50s. Piff still plays Bingo every Wednesday, remains an active member of the



Photo courtesy Piff DeSimone

Piff DeSimone, the first president of the Women's Club in 1974.

You could see forever, and when the farmers sold the land, they let us take the vegetables until construction for Village 13 began.

— Piff DeSimone, recalling what the area around Leisure Village looked like in 1973

Women's Club and sings with her group at local nursing homes. She also says she never misses a Mavericks event because they are "such fun."

Nick DeSimone passed away in 1999. But Piff is not alone. Her children — Karen Raso, Kathy Wirtz and Frank DeSimone — live in the Village, too.

"Even after 40 years, I wouldn't change a thing about Leisure Village. I just have to hold on to my pep to keep up," she laughs.

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## Wii Bowling

By Joan Levy

The LV Wii Bowling Club had a fabulous 2013. This was the second year of our club's existence, and it has grown to nearly 150 members! On Tuesdays, Wednesdays and Thursdays, the cheering and laughter can be heard throughout the Annex as strikes or difficult spares are made.

Several LV Wii Bowlers have achieved perfect 300 games. Sylvia Edmonds, Barbara Bell, William Lamar, Paul Schifanelli, Joan Levy and Rei Sugeita are the first to be inducted into our own Hall of Fame.

Throughout the year, LV Wii Bowling Club holds tournaments both internally and with outside clubs and organizations. These events are always exciting and challenging. We are looking forward to the 2014 season, kicking it off on Sunday, Jan. 19, with our "Guys vs. Gals" tournament.

If you are interested in joining our club, whether for fun, exercise or making new friends, contact Paul Schifanelli for information at 419-4124.

## Better Breathers

By Lorraine Comer

This is just a reminder for new and returning Better Breathers that Tuesday, Jan. 7, will be our next Better Breathing class, which will be held in the MPR at 1:30 p.m.

The past winds and warm weather did most of our breathing no good. Allergies, dust and heat kept us from getting outside and exercising more. During class, we will discuss how to increase exercise time with better breathing techniques. Again we will discuss exercise and medications and, of course, we will make the chairs lose weight. Bring lots of questions, ideas and whatever you need to discuss. I

Please see **CLUB NEWS** on 14



Photo by Jerry Spector

Sylvia Edmonds has bowled seven 300 games, more than anyone else in the Wii Bowling Club. She makes it look easy bowling 12 strikes in a row seven times. Many other members average more than 200 per game.



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## CLUB NEWS

Continued from 13

will stay around after class is over if needed.

Hope to see all returning folks and all the new folks that need or want better breathing.

### Men's Golf Club

By Rob Sollett

Let's kick off the new year with a hearty congrats to Jim Mainland, who became a grandfather for the first time! I look forward to the day when my grandson Jack and I join Mainland with his granddaughter, Charlotte Hall, in a round of golf. As a matter of fact, let's do a grandchild-grandfathers tournament — say in 18 years! (No one is allowed on the course unless they're 18 and with a resident.) We'll spot ya' three strokes, Jim.

Plans for the 2014 golf trip are under way for an exodus up north, possibility in September. Jim Mainland and Ron Edwards are

again planning this annual fun-filled event. Input from club members is appreciated.

The Leisure Village Mens Golf Association is joining the Olivas Senior Men's Golf Club. Regulation competitions will be played once or twice a month. If interested, contact Jim Mainland for further details.

We're looking for volunteers to become Starters. Contact Rob Sollett for further info.

Nine-hole golfer Adam Gifford holds a respectable 11/7 handicap on the LV Course. He began playing golf as a college student but found little time for the game. It wasn't until his retirement from teaching economics 23 years ago that he "had the time." Gifford moved to Leisure Village in April 2012 and soon joined our golf association to "meet new people and build friendships." Gifford states that he plays against himself and simply enjoys the company of the group he is with.



Photo by Rob Sollett

Please see CLUB NEWS on 15 Adam Gifford plays his second shot on the LV Course.

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## CLUB NEWS

Continued from 14

Have I mentioned the fact that he walks and pulls a handcart over our hilly course — which totals just over a mile for the full 18 holes — and is 93 years old?

"It's great exercise," he says.

Now hold on — there is still someone just a bit older.

Ben Kuroki, famed World War II veteran, limits his game to outside the village by playing with the regulation golf group (that's big boy golf, says Mannie Abbate.) Kuroki regularly plays 18 holes, holds an impressive 41.5 handicap and utilizes a motorized cart due to physical limitations.

Have I mentioned he's 96? Very cool, very cool indeed.

Ron Edwards has volunteered to fill the Membership Chair vacated by the passing of John Baumgardner.

"I will fill his shoes the best I can," Edwards said.

## Billiard Club

**By Jack Quinn**

Congratulations to the 2014 Board of Directors.

Sign-up sheets are posted in the Billiard Room for the tournament that starts on Monday, Feb. 3. All currently paid members are welcome to participate in this fun-filled event.

Annual dues of \$ 7 are now payable. Members and new members may place their check in the box near the bulletin board. New members: Please mark your phone number and month of birth on the face of the check.

MPR on Wednesday, Dec. 11. The meal was catered and everyone had a great time. We exchanged gifts as well.

Members were still getting on the course to play golf during the holiday weeks, braving the early morning chill and a few winds. Because Christmas and New Year's Day fell on Wednesday this year, we had open play scheduled, and our first official weekly tournament will start at 8:30 a.m. on Jan. 8. Members should make sure they sign up.

Special events in January include the Chili Bowl tournament hosted by the Men's Golf Association and a special tournament on Jan. 29, the fifth Wednesday of the month.

## Showtyme

**By Jennifer Stein**

Showtyme is pleased to present Beverly Craveiro, songwriter and entertainer in "Me-n'-My Piano" on

Please see **CLUB NEWS** on 18

## LV Women's Golf

**By Ann Rogers**

LV Women's Golf Association held its annual Holiday Luncheon in the



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# Dec. 3 Holiday Celebration is a present for the Village

It was a holiday present for everyone!

Featuring a polished choral group and enthusiastic sing-a-longs, delicious chili and cookies, tap dancers and line dancers, twinkling tree lights and menorah candles, the 2013 Holiday Celebration for all Leisure Village residents brought

cheer to party-goers and party-givers alike.

Planned and hosted by the LV staff led by Recreation Manager Susan Rockwell, the festive event was “the best Village party ever,” according to a number of guests enjoying the music and goodies on Dec. 3.

The winter wonderland —

normally known as the AR — was home to Santa Claus (rumor has it that he is related to Jeff McElderry), ably assisted by elf General Manager Bob Scheaffer, who awarded holiday wreaths to lucky raffle winners and then later helped clean up.

The Adolfo Camarillo High School Choral Group entertained the nearly

200 guests who enjoyed hot cider, punch and hot chocolate, while also applauding performances by the LV’s Players Guild, the Rhythmettes and the International Folk Dancers.

It seemed like everyone was smiling and expressing the same spirit, “This is a great way to celebrate our holidays together.”



Photos by Jerry Spector

Scenes from the party include, from left, John Wirtz making popcorn, Margaret Petersen and Susan Rockwell winning a wreath and, above, Mary Anderson, Joyce Belcher, Carol Miller and Cathy Friedman acting out “I Saw Mommy Kissing Santa Claus.”



Photos by Jerry Spector

At left, John Stava, the music director of Adolfo Camarillo High School, entertains the crowd with the school choral group. At right, Susan Rockwell, Bob Scheaffer and Dick Guttman announce door prize winners.



## 2013 HOLIDAY SEASON



Photo by Bud Bradley

Holiday decorations at 23212.

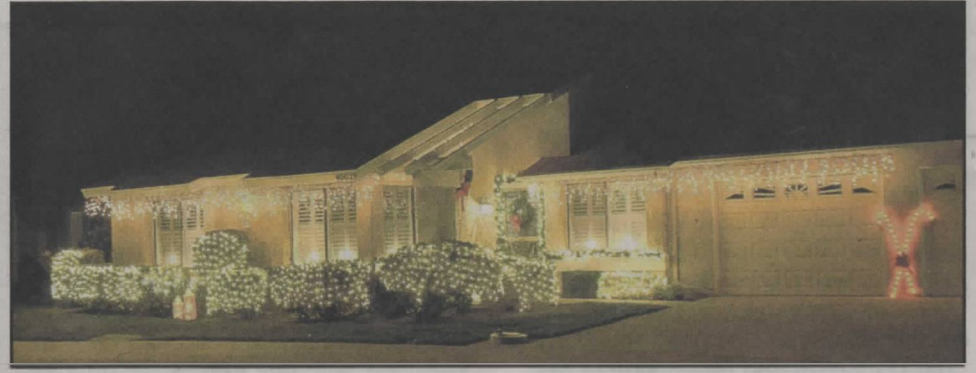


Photo by Bud Bradley

Holiday decorations at 40029.



Photo by Jerry Spector

Trimming the tree at the Dec. 9 holiday party in the AR are, from left, Phyllis Angers, Assistant General Manager Mary Hurt, Lyn Grant, Winona Rocha and Susan Rockwell.



Photo by Bud Bradley

Holiday decorations at 42004.



Photo by Jerry Spector

LV Line Dancers entertain the crowd. Also performing at the event were the Rhythmettes, the Tap Class and the International Folk Dancers.



Continued from 15

Friday, Jan. 10, at 7:30 p.m. in the AR.

Craveiro played her first song on a toy piano at the age of 3. Her love for music became her passion and continued as a professional career on her TV show, "Woman's World." For more than five years, Craveiro wrote, directed and performed with the Theater Arts Program, Los Angeles, under actor-director Anthony Caruso. But the depth and dimension of her talents become even more evident when she takes the stage alone with her one woman show, "Me-n'-My Piano." Singing her own songs, she dazzles her audiences with her amazing technique on the piano.

Beverly Craveiro is the consummate entertainer, and her fans are quick to confirm, "You always know when it's Craveiro at the piano."

Please join us for an evening of music and entertainment and lots of smiles.

Special thanks to Phil Kamens for his constant devotion to the arts.

## Tap Class

By Sue-Ellen Colp

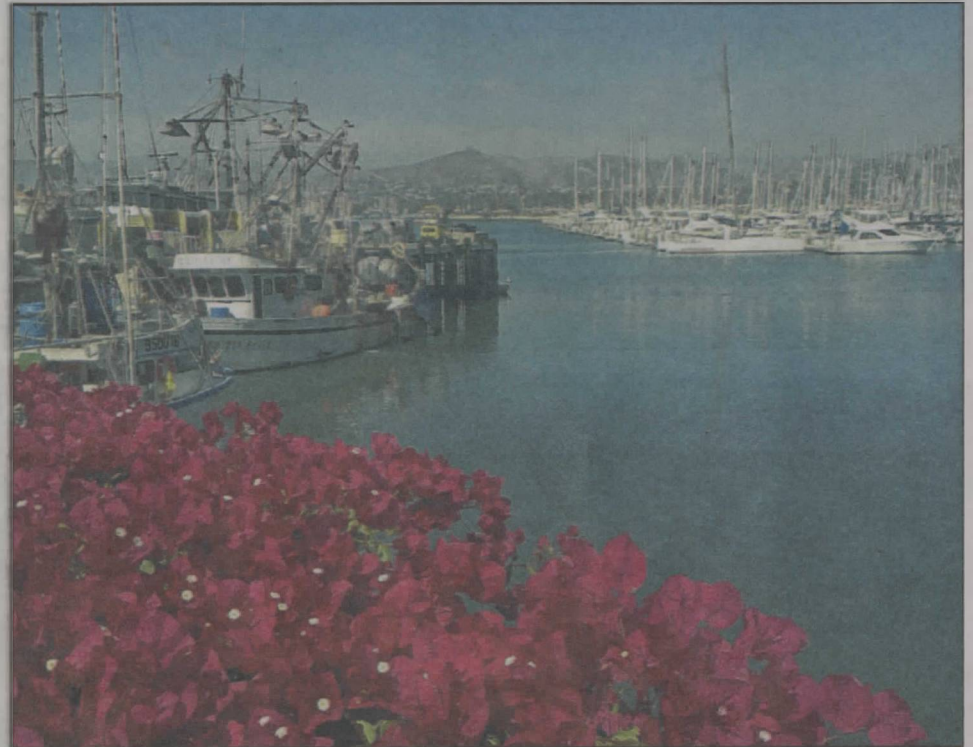
Our tap class meets on Mondays from 5:30 to 6:30 p.m. on the AR stage. I want to thank the students who danced at the tree trim party, some of whom have never tapped before. This is a fun class and lots of exercise, so come join us on Monday. Linda is a wonderful teacher. Cost is \$3 a class. Hope to see you there. For more information call Sue-Ellen at 805-312-1991.

## Friday Night Country Western Dance

By Sue-Ellen Colp

Well, another year has flown by, and I want to thank everyone who has supported us and thank Sharon for

Please see CLUB NEWS on 20



Margaret Petersen took first place in the Open category for "Harbor Flowers" in the monthly Leisure Village Camera Club competition for December.

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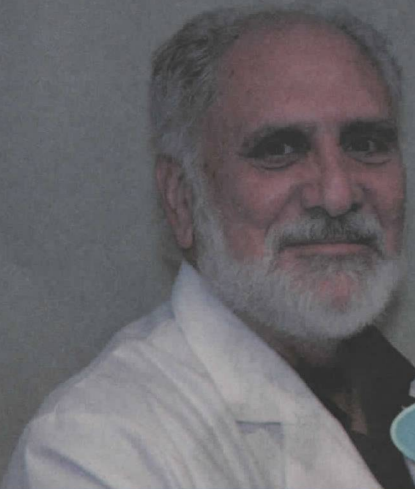


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## CLUB NEWS

Continued from 18

teaching her classes so students have a place to practice what they learn. We look forward to another great year of dancing. Our next dance will be on Jan. 3 from 7 to 10 p.m. in the AR. Cost is still \$5. Jim will start off the year teaching us a dance lesson at 8:15. Hope to see you all there. Bring a snack to share. Coffee, punch and water will be provided.

We have made a lot of donations this past year with the money we have collected from the dance. We have contributed money for new trees and other clubs that needed money to improve the Village. Thank you everyone!

### Strength Training Class

By Sue-Ellen Colp

Strength Training Class starts a new 10-week session on Jan. 7 from

4:30 to 5:30 p.m. in the AR. Cost is \$30 for the 10 weeks. This class improves strength and balance. I have been watching students over the years and am amazed at how much stronger they are getting and walking better. So come over and check us out. We work with weights and spri bands and do core work sitting in a chair. For more information call Sue-Ellen at 805-312-1991.

### Saturday Nite Dance

By Andrea I. Moran

The holidays are past, and we need to shed a few extra pounds. What better way than to dance? Our Saturday Nite Dance Party is just the ticket. It's two and a half hours of pleasurable dancing with a live music group.

What a wonderful dinner the volunteers were treated to for their help in putting on the weekly dances. The dinner was by catered by Jessica's

Please see **CLUB NEWS** on 21

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## CLUB NEWS

Continued from 20

Café.

Our schedule for January: Jan. 4, no dance; Jan. 11, Jerry Dokken; Jan. 18, Tropic Starr; and Jan. 25, Dick Parent. Please come join us for a great evening of dancing, or just listening to the music with friends.

### LV Bowling

By Bob Cohen

In a holiday-shortened month with only three weeks of league play, we still saw ten 200-plus games bowled. Danny Coleman once again led the parade with five games (202, 204, 209, 213 and 222) while Tash Guzman rolled a 201 and 209 and Bob McQuivey (219) Art Matter (208) and Dennis Durand (207) rolled one each.

The side pot winners for Week 11 were Gail Singer and Ellen Neally (tie), Helen Hartman and Joyce Belcher for the women and Bob

McQuivey, Jerry Rosen and Art Matter for the men. Week 12 winners were Cathy Friedman, Ellen Neally and Helen Hartman for the women and Al Feldman, John Albany and Fred Diehl for the men. Week 13 winners were Carolyn Sherman, Claudia Roberts and Mary Ahearn for the women and Don Christy, Tash Guzman and Alan Singer and Bigg Al Schuster (tie) for the men.

The league welcomed two new members this month, Bob and Mary Chamberlain. Welcome aboard!

### Village Arts

By Harvey S. Brosler

The general meeting of the Village Arts members is held on the first Wednesday of the month at 1 p.m. in the MPR. Since the first Wednesday of January is New Year's Day, there will be no meeting. The next meeting will be held on Wednesday, Feb. 5, at which time Lindy Stein will give

a presentation on how to properly frame artwork.

The 2014 officers are Pat McGregor, president; Patty Critcheon, vice president; Aurelie Zachary, treasurer; and Marge Curry, secretary.

The painting class meets on Mondays and Tuesdays in the Lanai Room from 1 to 3 p.m. The drawing class meets on Fridays in the Lanai Room from 1 to 3 p.m. Basic instruction, assistance and supplies are available.

David Kiefer will exhibit some of his paintings in the library through the month of January.

For more information, contact Gwen Zimring at 389-5469 or Pat McGregor at 822-7111.

### New York Club

By Frank Seiden

The New York Club will not meet in January. The next meeting will be Feb. 6 at 7:30 p.m. in the AR,

at which time new officers will be installed.

### Writers Club

By Harvey S. Brosler

The Writers Club meets on Mondays at 1 p.m. in the MPR.

Stories Of The Month are located on the wall just inside the entrance to the library. A library copy of previous Stories Of The Month for 2013 are located in a folder on the magazine rack.

Suggested topics are furnished at each meeting. The suggested topic for Jan. 6 is "Will 2014 Be a Good Year?" For Jan. 13, it is "What Would I Do If I Had A Terminal Illness?" For Jan. 20, it's "An Activity I Really Love," and for Jan 27, it's "Did My Education Prepare Me For Work?"

Election of officers was held. President is Harvey Brosler, first vice president is Doris Ferber and second

Please see **CLUB NEWS** on 22

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9123 Village 9 <i>El Dorado</i>	\$410,000	<b>AVAILABLE</b>



## CLUB NEWS

Continued from 21

vice president is Inge Malenbaum.

For further information about becoming a member and participating, contact Harvey S. Brosler at [hsbros@roadrunner.com](mailto:hsbros@roadrunner.com) or 805-465-0006.

### Camera Club

By Florence Gilman

A new board, installed by President Emeritus Ken Walker, took office at the Dec. 4 meeting. Marlene Votion is president, Ken Lauchner is vice president, Rebecca Maximovich is treasurer and Florence Gilman is secretary.

President Marlene was interested in heightening awareness of the club with increased volunteers, hoping to replace the hall monitor in the Recreation Center, and raising participation in LV events like the recent Art Fair.

The judge for December's

competition was Pete Padilla. The assigned category was Landscapes. The winners in that category were: first, Greg Gillmer; second, Margaret Peterson; third, Verna Cryder. Honorable mentions were won by Rob O'Conner and Frank DeSimone.

In the Open category, Margaret Peterson won first, John Kingsley won second and Bob O'Conner won third place. Honorable Mentions were won by Don Treadwell and Frank DeSimone.

Due to the low number of entries in the Creative category, only first place was awarded, and it went to Al Sarnelle.

Awards for the year 2013 were announced at the December meeting. They were:

- Assigned: Jean Kohut, first place, "Squabbling Gulls;" Gregg Gillmar, second place, "Evening Rain;" Lee Clukey, third place, "Cat;" Margaret Petersen, honorable mention, "Heading Home;" and Judy Spector, honorable mention, "Morro Bay Sunset."

- Open: Don Treadwell, first

place, "Native American;" John Kingsley, second place, "The Joy of Sunset;" Frank DeSimone, third place, "Levitate Your Dancing;" Jack Caldwell, honorable mention, "Yosemite Runoff;" and Jean Kohut, honorable mention, "Ice Blue."

- Creative: Marlene Votion, first place, "Solar Power;" Lee Clukey, second place, "Tiptoe on a Timber;" Judy Spector, third place, "Help Me;" Jean Kohut, honorable mention, "Hat Trick;" and Rita Linsey, honorable mention, "Soothing Dogs' Souls."

Camera Club membership is open to all residents of Leisure Village with payment of \$7 yearly dues. Come one, come all to enjoy the beauty of photography and making new friends and meeting your pals.

### Racquet Club

By Diane Knopf

Hello LV, and welcome to 2014! This is a new year for all of us, and a new experience for me, writing for

ILV. Trish Zakas, the dedicated blonde you see any given day on the paddle tennis court, has passed the torch to me to report the news, gossip and miscellaneous shenanigans regarding the LV Racquet Club. Thank you Trish for all your hard work, not only for writing this column for so long, but for the paddle tennis classes you teach throughout the year, the events you plan (like the clinics with Venice Beach Pros, the tournaments you organize with Casa del Sol, and the leagues you run like clockwork throughout the year! I am happy to "pay it forward" by relieving you of this small task.

The big news is our paddle tennis courts finally got a face lift. After years of wear and tear and sweat (particularly where you stand to serve), the two paddle courts have been refinished and painted blue and green. Enjoy!

For those of you who shy away from large venues — such as tennis, paddle tennis and pickle ball — there is always ping pong. The annex,

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## CLUB NEWS



Al Sarnelle took first place in the Creative category for "Fire at Will" during the Camera Club's monthly competition for December.

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where the ping pong tables live, has been finished, and the floors are ping pong friendly. Monday and Wednesday morning, play begins at 8:30, and Friday at 9 a.m. John Peterson at 388-1230 can answer any of your questions regarding lessons and ongoing play.

And, if you have been wavering about taking out your tennis racquet, there is an open court just waiting for you. Sharon O'Connor is trying to organize a tennis round robin for LV residents. If you are interested in playing tennis on our beautiful home courts, call Sharon at 389-3684 and get in on the fun.

The deadline for Paddle Tennis League sign-up is Jan. 8 at noon. The sign-up sheet is on the board at the courts. League assignments will be posted Friday, Jan. 10. The leagues will start the week of Jan. 13 and go until the week of Feb. 28. Feel free to call Trish with any questions at 991-6374. For a whopping \$7 annual dues, you are invited to join the Racquet Club, so you can participate in this league and be a part of a wonderful

community of active, fun-loving residents. Dues are being collected by Sunshine (cash only).

The next Racquet Club meeting is March 12, in the AR at 7 p.m. You are all invited.

## Players Guild

**By Joyce Belcher**

This month we will be holding our first meeting of 2014 on Thursday, Jan. 16, at 7:30 p.m. in the AR. After a short meeting, we will present "Players Guild Acting Class 101." Come see the great things we learn in Diane Carroll's acting class. We will have comedy and drama skits from popular plays and interesting readings by students from her class. You will thoroughly enjoy this diverse evening of theatrical entertainment. And, as usual, delicious refreshments will be served afterwards.

Also, membership for the new 2014 year (still only \$7 for the whole year) will be on sale at the door.

Please see **CLUB NEWS** on 24

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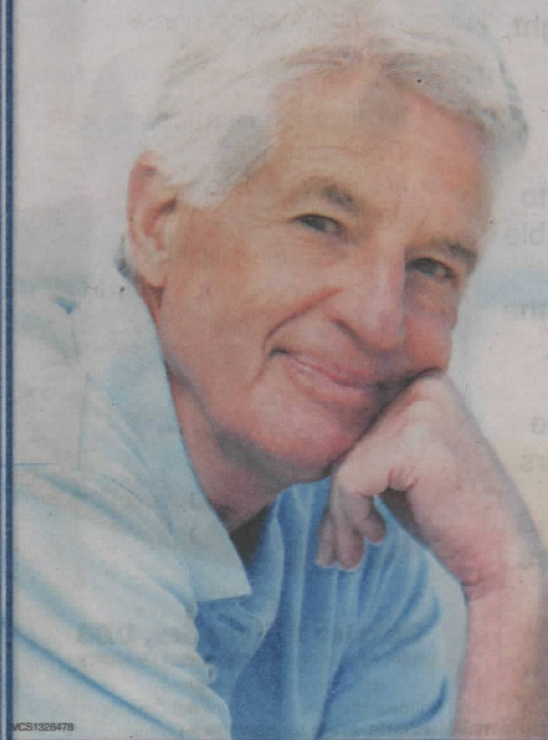


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## CLUB NEWS

Continued from 23

### Shuffleboard Club

By Diane Hawrylo

High scores submitted for an eight frame game in September were: Aug. 21, Diane Fleisher, 158; Aug. 28, Susan Kusak, 157; Sept. 4, Milt Krapes, 153; Sept. 11, Cela Foster, 173; and Sept. 18, Milt Krapes, 129.

High scores submitted in October were: Sept. 25, Milt Krapes, 145; Oct. 2, Cela Foster, 172; Oct. 9, Al Sarnelle, 153; and Oct. 16, Al Sarnelle, 149.

High scores submitted in November were: Oct. 23, Diane Fleisher, 136; Oct. 30, Cela Foster, 127; Nov. 6, Al Sarnelle, 163; Nov. 13, Diane Fleisher, 147; and Nov. 20, Cela Foster, 146.

High scores submitted in December were: Nov. 27, Milt Krapes, 164; Dec. 4, Diane Fleisher, 165 and Al Sarnelle, 165; Dec. 11, Diane Fleisher, 141; and Dec. 18, Alice

Beumkes, 160.

Isn't this awesome!

Susan Rockwell requested new mats to match the stencils for the two shuffleboard lanes. This was necessary because the printing on the current mats is very faded and would otherwise have to be painted by hand. It was approved by the Board at the Dec. 2 meeting. Thank you so very much, Susan.

We play shuffleboard on Wednesdays at 9:30 a.m. Villagers are invited to join. We will teach you if you don't know how. There are no dues. You can practice at any time. Come and join the fun.

### RV Club

By Sharon Loney

The RV Club elected and installed a new slate of officers in December. They are Mary Biel, president; Sharon Loney, vice president; Verna Cryder, secretary; and Julie Kingsley, treasurer.

We have many outings planned for the new year. We have gained a lot of new members. If you like to camp in a tent, in an RV or at the cabins that most RV parks rent, then we invite you to join us this year.

Our first meeting will be Jan. 21 in the MPR at 6:30 p.m. Come see what we are all about.

### The Mavericks

By Margo Secia

The Mavericks "Black and White Winter Ball" Dinner Dance will be held on Friday, Jan. 24, in the AR. Tickets will be on sale for \$25 per person starting on Jan. 7 at the Box Office in the Rec Center Lobby on Tuesday and Thursday mornings from 9 to 11 a.m. You can also purchase tickets from "Mr. Ticketman" Howard Koehn (389-1066) or in the Rec Center Lobby from 1 to 3 p.m. on Wednesday, Jan. 8; Friday, Jan. 10; or Wednesday, Jan. 15. There will be no tickets sold at the door. Doors

will open at 6 p.m. with an hors d'oeuvres station offering a display of cheeses, fruits, crackers and breads, with dinner served thereafter. The caterer for this wonderful dinner is Command Performance, which is the exclusive provider for food events at the Reagan Library. The choice of entrées are Slow Roasted Beef Burgundy Tips, Lemon Herb Grilled Chicken or Grilled Vegetable Risotto Cakes. Included with each entrée are an Epicurean Salad, Garlic Bread, Roasted Garlic Mashed Potatoes and Fresh Green Beans. Champagne will be served but, as always, you may BYOB. There will a coffee station offering regular and decaf coffee and hot water with an assortment of teas. Dessert platters will be served at each table with an array of Chocolate-Dipped Amaretto Cookies and Gourmet Lemon Bars.

We are happy to have DJ Art Akkerman providing his special mix of music and entertainment for our dancing and listening pleasure.

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Please see **CLUB NEWS** on 25

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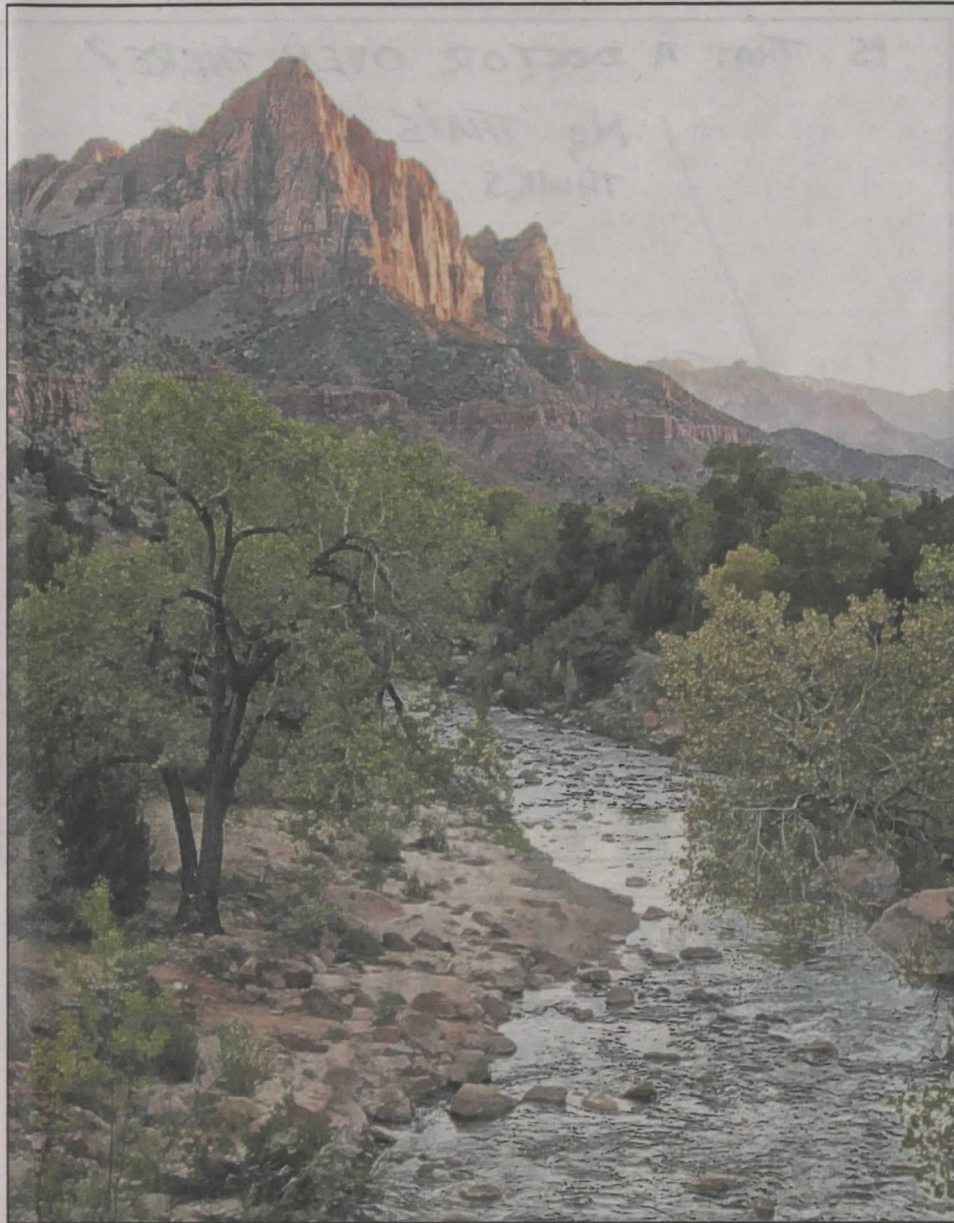
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## CLUB NEWS



Gregg Gilmore took first place in the Assigned category for "Zion Park Sunset" during December's Camera Club competition.

Continued from 24

your calendar and come enjoy the very special party we have every January to start the New Year off right with great food, friends and entertainment.

Questions? Contact President Jeanne White at 207-9869 or [lmavericksclub@gmail.com](mailto:lmavericksclub@gmail.com).

## In Other Words

By Frank Seiden

In Other Words, a creative writing

workshop, held its first meeting as an official club in Leisure Village in December. A group of nine people started the workshop in January 2012 and grew to our present membership of 16 in the fall of 2013. Frank Seiden, the president, led such a workshop in New York before moving to Leisure Village.

We are a writing group of diverse backgrounds and personalities who blend well and offer mutual support in our effort to improve our writing skills. Our very amicable discussions of each person's writing recognize the especially good features and offer

Please see **CLUB NEWS** on 26

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## CLUB NEWS

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suggestions on weaknesses, keeping in mind that writing is for both the sound and the thought. Each session ends with a lesson on a writing technique that the members are welcome to try when writing for the next session.

Our other officers are Norma Waldhorn, vice president, and Vivian Hollander, secretary.

### LV Pet Club

By Arlo Amerikaner

Bow-wow-wowsers — what a purrfect holiday dinner! My mom told me all about it. She is still tired from all the celebrating, so I volunteered to write the Club News for her this month.

About the party: Wood Ranch Barbecue (yummy), champagne punch, homemade cookies and an adorable slide show of me and my feline friends in embarrassing but cute

holiday costumes. (So even though we weren't invited, pets did provide plenty of holiday ho-ho-ho's.) Author Paul Kreiling read from his book about his yellow Lab. New club officers said hello, and others said goodbye. The video of the October Wag 'N' Walk-a-Thon and the raffle with lots of great prizes were fun, even if my mom didn't win anything. (Geez. I was in the video. What more can she want?)

Don't miss the Monday, Jan. 13, Pet Club meeting in the MPR. Leave pets at home, but please don't forget your \$5 dues for 2014. There is no speaker, but there will be an "extended social session." (Mom just explained that means talking, no butt sniffing. Rats.) But they are going to run the Wag 'N' Walk-a-Thon video again, so in case you missed me, you can see me in all my glory. You are also going to hear about all the neat stuff coming up in 2014, including a new feature for regular meetings called "Tails of Your Furry Friend." I can't wait to hear those.

Please see CLUB NEWS on 27



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## CLUB NEWS

Continued from 26

Happy New Year to all my non-furry, two-legged friends in Leisure Village.

### Single Active Seniors (SAS)

By Zelda Greentree

I'm happy to report that our group is going great. To welcome the new year, our January Dinner Out will be held on the second Tuesday, Jan. 14, at 5 p.m. We also extend a special welcome to Debbie Levin, Martha Webb and Carmen Lawrence who came to the December Dinner Out. Oh yes, we meet at Ottavio's Italian Restaurant for a luscious meal and delightful conversation.

Please call Lee Edwards at 484-3289 for reservations.

### Women's Club

By Chi Chun

Women's Club begins the new year of 2014 with three newly elected officers who will be installed at the general meeting on Thursday, Jan. 9, at 1:30 p.m. in the AR. The entertainment will be a rousing group of 25 musicians called the Silver Strings.

The Jan. 7 Tuesday morning workshop will be the last day that Second VP Helen Eggert will be in charge. Helen and her committee have worked diligently for several years and have contributed to the wonderful success of the workshop, which is held every Tuesday from 9 to 11 a.m.

The club welcomes a talented newcomer, Marge Quick, who has been elected to second VP. Her assistants will be the experienced

and multi-talented Clay Starr and Mickey Knapp.

First VP Wilma Hutson will be turning her position over to Helen Newton and has proactively planned several months in advance. We want to know what your interests might be in programs or entertainment. For example, some have suggested adding educational speakers or topics pertaining to seniors. Not all ideas may appeal to the majority of members or may not be feasible; however, they will be considered. The final decisions will be up to the first VP.

Chi Chun had replaced Helen Newton, who resigned as secretary last year. She will continue as one of the three officers elected on even years.

All renewals for membership are due this month and remain at only \$5 for women and \$4 for men. Contact Winona Rocha at 482-8292.



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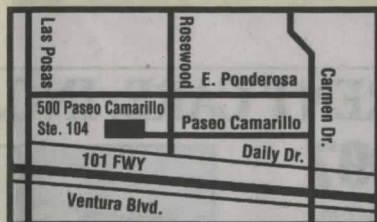
Friday, January 3, 2014

Inside Leisure Village 27

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## CLASSIFIED ADS

For sale: See's Candy and certificates at the Women's Club workshop Tuesday morning or at the meeting on second Thursday of the month. Call 482-3952.

Notary, Carol Spencer, 818-488-1652. Background checked, certified, insured. Leisure Village resident. Will come to your home. No travel charge. Available 7 days.

Mobile Notary. \$10 trip fee to LV waived with 3-plus signatures. Call for appointment, 217-2714. Kathleen Simpson.

Personal accounting services: bill paying, bookkeeping, reconciling bank accounts, income tax preparation, financial reports, projections. Barbara, V. 18, 445-4809.

Burgundy Creek Catering: large, small events, private parties. Delicious food, reasonable prices. Full service or drop off. Ref., lic. Shirlee, 818-518-8883, shirliebermann@hotmail.com.

Need help with clutter or moving? Senior discounts. Free consultation. Honest, caring, dependable. Mary, 523-2739, 760-6272.

I will organize your kitchen, office, garage, closet & more. Free consultation. Senior discounts. Honest & caring. Mary, 523-2739, 760-6272.

Buying now! Your old things pre-1980. Silver, old jewelry, pottery, oriental, art glass, Waterford, old kitchen, etc. 15-yr. resident Village 44. Patricia, 383-8088.

Driven by an angel. Relax! You will arrive safely, on time. Just a phone call away so "for heaven's sake" call Christine, 701-3250. Sr. discounts avail. if you call before 12/10.

Carlotta can.... I'm here to be of service. Drive, cook, shop, personal asst., advocate, house and pet sitting and more. Nikki, 390-3369.

## About ILV ads

When submitting an ad for Inside Leisure Village, give your full name, address, and telephone number. These are for ILV records and will not be published unless requested. Cost is \$5 for one to maximum five lines. Enclose cash, check or money order payable to ILV. Place an envelope with the ad and payment in the left box next to the sewing room in the Rec Center before deadline. Each month's deadline is listed on Page 2. ILV will accept ads from LV residents for properties they own personally, or ads of a non-commercial nature that offer jobs or services to Villagers. ILV does not investigate the ads and makes no endorsement of them.

Downsizing? I will help you make the difficult decisions of what to keep, what to sell, what to give away. I live in LV. Karen 427-0231.

Moving? I'll help you pack and/or unpack. I charge less than others and I work hard and fast. I can bring all the boxes and packing materials. I live in LV. Karen, 427-0231.

Is your garage a mess? I will help you with that or any room. You will be so comfortable when everything has a place and everything is in its place! Karen, 427-0231.

Pet CPR, first-aid, wellness training. Group/private lessons. Improving the quality of pets' lives, one pet owner at a time. LV resident. Terry, 987-1475 or 818-692-5854.

Lynne Lertz: Massage Therapist. "Let me rub you the right way to better health." In village 29 years. Exp. Best refs. 484-2308.

Haircutting, styling in your home for men, women. Calif. Lic. 37 years exp. Reasonable prices. Marge, 302-5307.

Avon. Village resident will deliver to your door. Call Marion Green, V. 1, for free brochure. 482-6965.

Houseclean husband/wife team. Alicia & Oscar, Windows, screens in/out. From Ventura to Woodland Hills. Lic. #0025731. Excel. LV references. Leave message, 383-7853.

Lupita's Cleaning: Weekly, biweekly, monthly, when moving in/out. Excellent LVR, honest, reliable, 14 yrs. exp. Free estimate only by appt. 302-3857.

I highly recommend my housecleaner. Detailed cleaning, honest, reliable. Whatever it takes to make your house shine. Janet, 495-7289, best reached by cell, 928-899-6151.

Please see **CLUB NEWS** on 29

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## CLASSIFIED ADS

Continued from 28

Scandinavian housecleaning. Reasonable & reliable. Working in Leisure Village 12 years. Diane, 815-0197.

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Experienced caregiver, 20 years experience. Dependable and honest. Refs. Jennie Muro, 483-5145.

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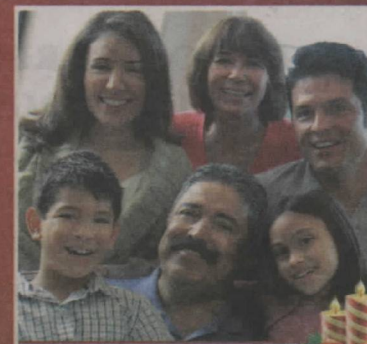
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# Leisure Village

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### CLASSIFIED ADS

Continued from 29

Need a caregiver? Can work 8 hrs,  
12 hrs, 24 hrs. My name is Carlos  
Quintana. I work here at the Village &  
need more work. Please call 377-6648  
or 482-5247.

Caregiver-companion, female, FT or  
PT available for female or male. RN  
experience. CPR certified. Assist with  
meds, drive to appts., run errands.  
Sheranne, 794-5095.

I am a hardworking, experienced (both  
here & abroad) conscientious Filipina  
caregiver. Would like to take care of  
elderly person. Refs. available. Anita,  
541-656-8123.

Caregivers, live-in, honest and  
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Referrals available. Marie, 758-2737 or  
758-2555.

### WORDPLAY

- If you take a laptop computer for a run, you could jog your memory.
- A bicycle can't stand alone; it is two tired.
- In a democracy it's your vote that counts; in feudalism, it's your Count that votes.
- The guy who fell onto an upholstery machine was fully recovered.
- He had a photographic memory, which was never developed.
- Those who get too big for their britches will be exposed in the end.
- When she saw her first strands of gray hair, she thought she'd dye.
- Acupuncture: a jab well done.
- An arbitrator is a cook who leaves Arby's to work at McDonald's.
- Avoidable: What a bullfighter tries to do.
- Bernadette: The act of torching a mortgage.
- Burglarize: What a crook sees with.
- Counterfeiters: Workers who put together kitchen cabinets.
- Eclipse: What an English barber does for a living.

