Camarillo State Hospital for 6000 Mental Patients Opened

By GEORGE B. MCDougall
State Architect

The new Camarillo State Hospital was dedicated and formally opened by Governor Merriam with an appropriate ceremony on October 12, 1936, at 2 o'clock p.m.

The dedication was attended by between 1000 and 1200 people.

The arrangements for the ceremony were made by the Ventura County Chamber of Commerce. The president of the chamber, Mr. W. H. Glover, opened the exercises with words of welcome. Mr. Louis C. Drapeau, State Building and Loan Commissioner, spoke for the people of Ventura County, making particular reference to their appreciation of the action of the State in locating the institution in their county.

Music was furnished by a Spanish orchestra from Santa Barbara and Miss Harriet H. Hegstad, teacher of music at the Ventura School for Girls, sang the Star Spangled Banner. Mr. Drapeau introduced Mr. Harry Lutgens, State Director of Institutions, who presided over the remainder of the exercises.

Prominent Citizens Introduced

Mr. Lutgens introduced numerous prominent citizens including Mr. Adolfo Camarillo, large land holder and long time resident of Ventura County in whose honor the new institution is named, also the heads of numerous State institutions and State and county officials.

Following these introductions Director Lutgens described in an interesting and very informing address the Department of Institutions and its thirteen different units but with special reference to the seven State Mental Hospitals of which the new Camarillo State Hospital is one.

At the conclusion of his address Mr. Lutgens introduced the writer who described the buildings so far erected, also the proposed future construction.

Mayor Frank L. Shaw of the City of Los Angeles was unable to be present but was represented by Dr. George Parrish of the Los Angeles Health Department whose address was in congratulation on the opening of the new institution. The Medical Superintendent of the new hospital, Dr. Thomas W. Hagerty, was introduced and delivered an address outlining some of the functions of the institution and indicating his earnest hope and expectation that these functions would be fully performed.

Governor Unveils Plaque

Governor Merriam in his dedicatory address which was delivered in the Governor's characteristic happy and effective fashion, declared "the Camarillo State Hospital is destined to be the greatest of its kind in California."

At the conclusion of his address Governor Merriam with the assistance of Director Lutgens dedicated the new institution by unveiling a bronze plaque which is to remain permanently on the wall at the main entrance to the administration offices and which, contains the following inscription:

"CAMARILLO STATE HOSPITAL
FRANK F. MERRIAM
GOVERNOR OF CALIFORNIA
HARRY LUTGENS
DIRECTOR OF INSTITUTIONS
THOS. W. HAGERTY
MEDICAL DIRECTOR
GEO. B. MCDougall
STATE ARCHITECT
DEDICATED OCTOBER 12, 1936."

At the close of the exercises all those desiring to do so, looked through the new buildings.

Located Near Ocean

The Camarillo State Hospital is located on a site containing about 1700 acres of which about 1100 acres are tillable. The site is situated about two miles from the town of Camarillo, eight miles south of the city of Oxnard, seventeen miles south of the city of Ventura and about fifty-six miles north of the city of Los Angeles. It lies about five miles in a direct line from the Pacific Ocean. The climate is the typical California coastal climate, equable and delightful.

After several months of examination, investigation and careful consideration of more than two hundred suggested sites by the official site commission assisted by representatives of the various divisions of the State Department of Public Works and the University of California, the location near Camarillo was selected and is undoubtedly the best site for a mental hospital which the State has.

Following the selection of the site, representatives of the Department of Institutions and the State Architect spent a month visiting and carefully examining most of the larger mental hospitals in the states of Illinois, Massachusetts, New Jersey, Pennsylvania and New York.

6000 Ultimate Capacity

The Division of Architecture of the State Department of Public Works then developed a master plan for an ultimate institution to accommodate six thousand patients and the necessary one thousand employees. This master plan is being followed in the construction program subject to minor changes which appear desirable as the detailed development proceeds.

In the planning process the Division of Architecture had and continues to have the expert medical advice of a committee composed of Dr. G. M. Webster, Medical Superintendent of the Patton State Hospital, Dr. Edwin Wayte, Medical Superintendent of the Norwalk State Hospital, and, since his appointment early this year, Dr. Thomas W. Hagerty, Medical Superintendent of the Camarillo State Hospital.

There are to be three main housing groups in the entire institution, the group for custodial males with a capacity for 2400, the group for custodial females with a capacity for about 2200 and the group which will include the treatment or hospital unit and receiving units also the units for acute disturbed patients, for inpatient patients and for tuberculosis patients, a total in this third group of about 1500.

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Scenes at dedication of new Camarillo State Hospital. Upper—Some of buildings and grounds of institution. Center (left to right)—State Architect George B. McDougall, Adolfo Camarillo, Governor Frank F. Merriam, Dr. Thomas W. Hagerty, Medical Superintendent; Harry Lutgens, Director of Institutions. Lower—Entrance court of administration unit where dedication ceremonies were held.
CAMARILLO HOSPITAL OPENED

One underlying principle of the plan is that it makes the out-of-doors as easily accessible to all the patients as possible at the same time making it practicable to classify the patients into a considerable number of different groups which can be kept separate from one another. The patients' buildings are one and two stories high, two-thirds of the patients being in the first stories and one-third in second stories.

There will be a separate kitchen and dining room unit in each of the three groups. Each of the three groups has all its units connected and under roof. This makes the structures of a group more compact than they would be if separated and also provides access under roof for all patients and employees to the various parts of the group including the dining rooms.

In the matter of separation of the patients into groups for purposes of classification the various wards are independent of each other. In the group for custodial males there are twelve different enclosed courts, the plan being so arranged that two and in a few cases three wards have separate access to each court.

LARGE CENTER COURT

In addition to the twelve smaller separate courts just described, there will be a large center court surrounded on four sides by the structures of the group. This center court has an area of 6 1/2 acres and will be available for mass recreation of the patients. It will be properly landscaped and have areas developed for various games, band stand, etc. A similar arrangement as to courts will be provided in the group for custodial females. In the third or medical group there will be the smaller courts only.

The treatment and receiving units will have a total capacity for 500 patients.

Provision is being made for housing on the grounds about one-third of the employed personnel the remainder to live elsewhere in the neighborhood of the institution. A dairy to have an ultimate capacity for milking 425 cows daily is being constructed.

There are laundry, bakery, cold storage, commissary and shop units.

CALIFORNIA HIGHWAYS AND PUBLIC WORKS

There will be a poultry plant ultimately to care for approximately 10,000 birds and provision for carrying approximately 600 hogs.

All services are provided including a most modern sewage treatment plant the effluent from which will be used for irrigation, a steam plant, water service, gas and electric service, flood control system, roads, walks and landscaping.

The buildings are entirely of reinforced concrete, fire, earthquake and deterioration resisting to the highest practicable degree. The style of architecture is the California adaptation of the Mediterranean styles of Spain and Italy. The whole institution in plan and design takes into account the fact that the right physical surroundings have definite therapeutic value and so supplement the efforts of the Medical Superintendent and all his helpers in their work in the best interests of the State's wards committed to their care.

The institution is not only destined to be the greatest of its kind in California, as Governor Merriam said in his dedicatory address, but it is entirely safe to say there is no other such institution for the mentally ill in the entire country.

There is at present provision for 1100 patients and structures now under way will add capacity for 1400 more. So far there has been appropriated for all purposes in the construction of the institution including the cost of the site about $3,600,000 and the ultimate institution will probably involve a further expenditure of $5,500,000 more or a total of about $9,000,000.

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Highway Convention Program

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(c) By Responsibility of and Control Over the Driver on the Highway.

Sidney J. Williams, Director, Public Safety Division, National Safety Council, Chicago.

MEETINGS OF STANDING COMMITTEES

Immediately following the addresses, there will be Executive Sessions of Standing Committees in rooms indicated under list of Committees, as follows:

WEDNESDAY, DECEMBER 9, 1936

AFTERNOON

Trip to San Francisco-Oakland Bay Bridge.

EVENING

7:00—The Members of the Association will be dinner guests of the California State Highway Department at the St. Francis Hotel.

THURSDAY, DECEMBER 10, 1936

MORNING

General Session

Orin Gilchrist, Texas, President, Presiding

9:00—Address: "Interesting and Unusual Mountain Road Construction," L. V. Murrow, Washington, Director of Highways.


Business Session—Committee Reports

Gil Gilchrist, President, Presiding

AFTERNOON

Business Session—Continued

Installation of Officers, Adjournment.

EVENING

7:00—Film, "California Highways." 9:00—Chinatown Pageant.

FRIDAY AND SATURDAY, DECEMBER 11 AND 12

Through the courtesy of the California State Highway Department, two caravan trips are offered to the members of the Association, as follows:

1. Starting Friday morning, transportation will be furnished delegates to Los Angeles taking Friday and Saturday for the trip, going via Big Trees, Del Monte, and Santa Barbara. Delegates taking this trip will be expected to pay all expenses except transportation.

2. A caravan limited to 60 people, all expenses paid, over the North Redwood Highway. This trip is especially advantageous for those returning via Portland and Grant's Pass, Oregon. Parties desiring to return to San Francisco or Sacramento will be taken there.

Full particulars in reference to these two trips will be given by the California State Highway Department.

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