

# Cal Seniors Keport

## CONGRESS OF CALIFORNIA SENIORS

AFFILIATED WITH THE ALLIANCE FOR RETIRED AMERICANS

VISIT OUR WEBSITE @ www.seniors.org

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#### **CONGRESS OF CALIFORNIA SENIORS**

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## THE PRESIDENT'S REPORT

Hank Lacayo

t is with great pride and anticipation that I begin my term as President of the Congress of California Seniors. The year 2001 is a wonderful place in time to continue the task of ensuring that seniors and retirees, after a lifetime of work, continue to have available their hard-earned benefits.

Typical of our membership, I have worked for many years to earn a living, raise a family and am now enjoying my retirement years with my wife, Leah. Retired I may be, however, I get upset at the thought of other retirees and seniors who are denied full representation and become the victims of unscrupulous salespeople and political operatives in government. We must be forever on guard against self-serving interests out for quick money or hidden political agendas. We want to do something about improving the quality of life for seniors through an all-encompassing health education project.

In order for me to do the job for you, I will need your counsel and support. I thank those of you who have written me offering suggestions and ideas. I want to single out

Dr. Barbara Lundeen, from CCS Region XI, for her kind thoughts and suggestions, particularly the "In Quest of Total Health."



Which brings to mind my intention of visiting all areas of our state where there are CCS activists. I intend to listen, take notice and do something about the needs of our seniors.

I look forward to the challenge. CCS must institute programs that will inform, and motivate our members to become more involved in supporting an agenda for the benefit of all seniors in our state I invite you to join me on this quest.

### SPECIAL NOTE

We have scheduled our first Officers and Executive Board meeting at the Handlery Hotel in San Diego August 15-16, 2001

The agenda will include committee appointments, and setting the tone for the next year's activities.

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