LEISURE VILLAGE



Vol. 31 No. 11

An Active Senior Community

Santa Rosa Road, Camarillo, California

November 5, 2010

Thanksgiving Interfaith program Nov. 23

By Carol Cannell

All of Leisure Village is invited to gather in the Assembly Room for a warm and welcoming Thanksgiving Interfaith program. We're having good speakers, good entertainment and good refreshments, and we'll be all decorated in a Thanksgiving theme. Be sure to mark your calendars as the program has moved to Tuesday evening, Nov. 23, at 7 p.m. instead of Wednesday evening as in previous years.

Boy Scout Pack 3848, Den 1 (Wolverine Patrol), under the leadership of Carolyn Stankis, will begin our program by presenting the colors and

Please see PROGRAM on 3



The Tierra Linda Elementary School Performing Arts Chorus will perform at the Thanksgiving Interfaith program set for Tuesday, Nov. 23, at 7 p.m. in the AR.



Estella and Ivan Bjel bewitch the crowd at the Halloween Dance and Costume Contest. See Page 17.

Farewell to cartoonist Bob Browne

Inside Leisure Village's resident cartoonist passed away Oct. 18, 2010.

Robert (Bob) John Browne was born June 12, 1931, in San Francisco and attended Berkeley California College.

Bob worked for 34 years for the California Youth Authority and for the last few years at the Whittier School for Boys. Bob and his first wife, Carol Browne, adopted two children, Leslie and Chris Kelly. He leaves his second wife, Dickie Lynn Newman, whom he married Sept. 25, 1982.

Bob created "The Golden



For a retrospective of Bob Browne's "The Golden Years," see Pages 8 and 9.

Years" cartoons, which have delighted our readers for years.

Please see BROWNE on 8



It's that bazaar time of year:

• The Women's Club is holding its Holiday Bazaar this year on Monday, Nov. 8, from 3 to 7 p.m. and on Tuesday, Nov. 9, from 9 a.m. to 1 p.m. in the MPR.

The Workshop women have been busy and will be offering handcrafted items for sale for the home, to wear, gifts, decorations and toys, as well as having a table of retro jewelry. Get a head start on your holiday shopping!

• On Saturday, Nov. 6, the Fall Cleaning Sale begins at 9 a.m. and runs to 1 p.m. in the pavilion and picnic areas. Free hot dogs and breakfast goodies will be available for all the buyers and sellers. All the tables were reserved within six hours.

A special thanks to Bob McQuivey, who graciously took over the duties while your editor was vacationing, and Barbara Crome, who did the same for ILV's classified ads. Great job!

Refresher driver course offered

By Claudia Roberts

This refresher course is designed for the driver who has already completed an eight-hour Driver Safety Program.

The AARP Driver Safety Program is the nation's first and largest refresher course for drivers age 50 and older. You will learn about current rules of the road, how to operate your vehicle more safely in today's increasingly challenging driving environment, and adjustments to common age-related changes in vision, hearing and reaction time.

Enrollment is now open for

the next four-hour refresher course on Thursday, Jan. 20, from 1 to 5 p.m. in the MPR.

Each participant will receive a certificate which, when presented to your insurance agency, should provide you with a discount.

Cost is \$12 per person with an AARP membership; \$14 for non-members. You must provide your AARP membership number on your check to qualify for the \$12 fee. Pre-registration is required. Your check will not be deposited until after the class.

For more information, call Claudia Roberts at 482-9904.

How to contact us

Editor:

Stan Reshes, editorilv@yahoo.com 388-7116

Display advertising: Jane Alvarez, Ventura County Star, 805-437-0372

Classified advertising: Mary Barkemeyer, 445-9963

Letters

ILV has obligated itself to publish letters that are not profane, inflammatory or libelous. Views or statements expressed are the beliefs of the writer and are not necessarily supported by the staff of ILV. Letters must include signature, address and telephone number. Please limit letters to 150 words. We reserve the right to edit and/or condense. Place in ILV box. Space permitting, whatever was not printed in this issue due to space limitations will be considered for the next issue.

About Inside Leisure Village

Editor: Stan Reshes
Photos: Jerry Spector
Cartoons: Bob Browne
Staff: Sherman Garry, Lois Keeler, Marge Ward,
Susan Amerikaner, Barbara Crome
Classified Ads: Mary Barkemeyer
Contributors: Joseph Benti, Patty Ecker

Inside Leisure Village is written and edited by and for Leisure Village residents exclusively. It is independent of the L.V. Association and its Board of Directors. ILV's content is also independent of the Ventura County Star, Scripps Howard and the E.W. Scripps Company. The Ventura County Star is not responsible for the content of ILV and does not set or monitor its classified advertising or editorial policies. In addition, the policy of ILV shall be to report and publicize LV events and activities.

DAILY AUDIO MESSAGE BOARD: 5-MIN. READING OF PREVIOUS FRIDAY'S ANNOUNCEMENTS at 6 a.m., 9 a.m., 12 Noon, 3 p.m., 6 p.m., 9 p.m., by Debra Guill

AUDIO PROGRAM: Thursdays at 7 p.m., "The Oldtime Radio Show." NOVEMBER Shows will feature Jack Benny, Bob Hope, Burns and Allen, and others. Listen in to LVTV and enjoy these favorite old radio shows!!

LVTV COMING ATTRACTIONS – NOVEMBER 2010 Channel 25 - Basic Cable: Channel 995 – Digital

DAY	NOV.	TIME	PROGRAM
Monday	1	10 A.M.	LVA OPEN BOARD MEETING - AR - Live
Tuesday	2	10 A.M. & 7 P.M.	LVA OPEN BOARD MEETING - Tape
Wednesda	у 3	10 A.M. & 7 P.M.	SOCIAL SECURITY (repeat) (9/15/10), Betty Berry (1 ½ hr.)
Friday	5	10 A.M. & 7 P.M.	LVA OPEN BOARD MEETING – Tape
Monday	8	10 A.M. & 7 P.M.	"TWO HUNGARIANS GO TO THE MOVIES" (repeat): Lin Grant/Bob Koster; John Mayer, Referee (40-45 min.)
Wednesda	y 10	10 A.M. & 7 P.M.	PLAYERS GUILD: Night of Comedy, Ida Zeller(9/16/10) (20 min.)
Friday	12	10 A.M. & 7 P.M.	BOOK REVIEW: Lillian Hawthorne (repeat) 20-30 min.)
Monday	15	10 A.M. & 7 P.M.	WHAT WAS MY LINE? Jerry Spector & Co.(30-45 min.)(repeat)
Wednesda	y 17	10 A.M. & 7 P.M.	"VILLAGE VOICES"-Joseph Benti and Friends (repeat)
Friday	19	10 A.M. & 7 P.M.	WHAT WAS MY LINE? Jerry Spector & Co. (30-45 min.)(repeat)
Monday	22	10 A.M. & 7 P.M.	MOVIE REVIEW (new): "Two Hungarians Go to the Movies": Lin Grant & Bob Koster; John Mayer, Referee (40-45 min.)
Wednesda	y 24	10 A.M. & 7 P.M.	"VILLAGE VOICES" (new) - Joseph Benti and Friends
Monday	29	10 A.M. & 7 P.M.	PLAYERS GUILD:: "Inner Sanctum, The Man Who Couldn't Die" (2007) (32 min.)

Book club members: Volunteer to review a recent book for LVTV. Volunteer to assist in running Message Board, filming events, etc. Are you interested in becoming involved in stage lighting and sound? For comments or suggestions about programming: Stump the panel by being a guest on "What Was My Line?" Contribute any of your music CDs to LVTV. Access our schedule on LV's Website.

Call Judy Siegel or John Mayer
Call Mark Smith at 388-1243
Call Bill Foeller at 384-4447
Call Judy Siegel at 384-9620
Call Jerry Spector at 384-9039
Call Larry Forkner at 484-2095
http://www.leieurgyillage.org

December deadlines

The Display Advertising deadline for the December 2010 issue will be Monday, November 8, at 5 p.m. Deadline for letters, club news, stories, photos and classified ads is Wednesday, November 17, at 5 p.m. Publication is scheduled for Friday, December 3. Please e-mail stories and photos to editorilv@yahoo.com. Typed copy, double-spaced, should be deposited in the ILV box in the Recreation Center hallway. Handwritten material should be submitted early to allow for typing.

Continued from 1

leading us in the Pledge of Allegiance.

The featured speaker is our very own Rabbi Moshe Rubinstein, a
Leisure Village resident whom many of you know. He is a most talented speaker with a great sense of humor. Additional speakers are Deacon Bob Fargo from Padre Serra Parish and Pastor Dennis Stirewalt from Camarillo Seventh-day Adventist Church, also a resident of Leisure Village. Our longtime Villagers Gene Hawkins and Max Heller will give the readings, and Gail F. Wander will read the Presidential Proclamation.

A wonderful musical treat for the evening will be a performance by the Tierra Linda Elementary School Performing Arts Chorus, directed by Kristin Hicks. Villager Judy Siegel will sing a solo accompanied by pianist Irene Olson.

The program will run about an hour and will be followed by a time of fellowship and refreshments. You can enjoy sampling a variety of delicious



Rabbi Moshe Rubinstein will be the featured speaker

cookies and home-baked cupcakes, along with coffee, tea and punch. Come and enjoy our Thanksgiving gathering.

For information contact co-chair Carol Cannell or Gail F. Wander, both of whom are in the LV Directory.

300 receive flu shots at Village

Once again, the Village club Your Neighbors Care Group, in the words of its president, Mary Jane Porter, "did it all."

From 9 a.m. to 2 p.m. on Friday, Oct. 8, 10 of its members, with the help of Recreation Facilities Manager Susan Rockwell, shepherded and recorded residents through the Assembly Room and the process of getting annual flu shots.

Exactly 300 Villagers were "shot" this year, with 100 an hour going through the AR each hour from 9 to 11. The remaining 100 straggled through during the remaining three hours.

As before, the shots were administered by the Livingston Memorial Visiting Nurses.

Senior peer counseling available

By Zelda Greentree

Senior-to-senior peer counseling is a free program open to all seniors 55 years and older. We serve everyone regardless of race, religion, or ethnicity. Our professionally trained and supervised senior-to-senior counselors are willing to listen to the good and not so good things happening in your life.

If you are experiencing loneliness, depression, grief, anxiety or lifestyle

changes, our counselors may be able to help you discover new insights and feel better about your life. We take your right to privacy seriously. Our services are confidential and we adhere to strict professional standards.

We come to your home. For more information or to schedule an appointment with a counselor, please call Nancy May Binder at 302-4204.



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"Residents are the heart of our community."

Assisted Living | Memory Care Join us for a free seminar.

Planning For The Future | Tuesday, November 9th from 6:00 - 7:30 p.m.

Presented by Livingston Memorial Visiting Nurse Association & Hospice. Give yourself and your family peace of mind and join us for a seminar on making healthcare choices.

- How to have an honest conversation with your family and physician.
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Reserve your seat today! 805.419.2455

2500 Ponderosa Drive North Camarillo, CA 93010 (Near St. John's Pleasant Valley Hospital)



As featured in the 2010 VC Star Elder Guide



www.almaviaofcamarillo.org

AlmaVia of Camarillo, an Elder Care Alliance community, is a nonprofit, faith-based assisted living and memory care program cosponsored by the Sisters of Mercy of the Americas West Midwest Community & the Sierra Pacific Synod of the Evangelical Lutheran Church in America. RCFE Lic. # 565800682.



Inside Leisure



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Cardiologists Jeffrey Brackett, MD Khamaj Dave, MD Alejandro R. Garcia, MD Stephen Hong, MD Michael Jamison, MD Manoj Khatore, MD Christopher W. Loh, MD Gary Mo, MD Prasad Mummaneni, MD Esam M. Obed, MD Shirish (Shaun) T. Patel, MD Jiunn Perng, MD Yumin Qiu, MD Richard Rothschild, MD David Schmidt, MD Prithvi Sharma, MD Alon Steinberg, MD Fan Ping Wang, MD Scott Zager, MD

Cardiovascular Surgeons Richard Declusin, MD Bruce M. Toporoff, MD

Vascular Surgeons Gregory K. Albaugh, DO Witold Niesluchowski, MD

Cardiac Electrophysiologists Claudio Bonometti, MD Ardeshir Farshidi, MD Joseph Ilvento, MD David Orias, MD Ishu Rao, MD

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In memoriam

George Fritz, V. 20 Anita Gould, formerly V. 19 Joe Laufersweiler, V. 5 Norman Woody, V. 9 Bob Browne, V. 41 Claudia Rennie, V. 38 Edward Evans, V. 3 Helen A. Kellner, V. 42

'Low-impact' Bible study Tuesdays

By Carol Cannell

If you would like to know more about the Bible, this is the group for you.

We have about 30 women who meet to hear local pastors teach on a rotating basis. This is what I call

low-impact Bible study. Just come and listen. There is no homework involved.

We meet every Tuesday morning at 10 a.m. at Brighton Gardens.

Please call Carol Cannell at 987-7570 for more information.

would like to thank all our friends who knew my husband, Ben, and for the many cards, tributes and phone calls. He loved the Village people and helped whoever crossed his path. He will be missed.

- Florence Perry, V. 17

Thank you to all our friends for their kind words to Charles on his 90th birthday. The cards, donations and gifts are most sincerely appreciated. Love to you all.

- Libby & Charles Pierce, V. 44

o you know that we have a lab right outside our gate, an outpost of Pleasant Valley Hospital? They take blood and urine tests from 7 a.m. to 3 p.m. daily Mondays to Fridays. There's no waiting in line. When I walked in at 10 a.m. recently, there was just one man ahead of me.

The two charming girls, Megin and Jamie, asked me to publicize their lab because the hospital might close them down if there is not more traffic. It's like a gift for Leisure Village, so please use it!

- Lee Edwards, V. 31

New club forms for those who needlework

Do you knit, crochet or do any type of needleworks? Come and join our happy little group on Fridays from 9:30 to11:30 a.m. We enjoy sharing our projects and each other's company. Do you need help with a project? Do you need help picking a project? We would love to have you join us at our friendly helpful workshop.

Some of us work on projects that

are donated to the Women's Club. Others make baby blankets, hats and booties that are donated to a local hospital. Most of us are working on afghans that will be cherished gifts for family, friends or a new grandchild.

Come and join us the first and third Fridays in the Lanai Room and second and all other Fridays in the Garden Room. For more information, call Mary at 383-0309.

What Matters To You?

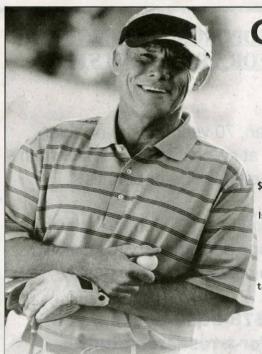
For Sylvia, it's her garden, her dog, the care she chooses.



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The Wry Eye

By Joseph Benti

If you watched the last Board meeting on LVTV You saw some struggle with what we should see. The business about speakers facing the Board Is another old rule that is usually ignored. Most of us don't like to be seen from the back, Showing too much of what we physically lack—A now-balding head, or a butt skinny as a twig, Or once proud hips missing under waists too big. But speakers, relax, a solution's on the way: A camera on your bright faces should save the day.

LOOKING BACK

November 1975, 35 years ago: Residents were asked to use magnetic entrance cards.

November 1980, 30 years ago: The Village Players (now Players Guild) presented "A Majority of One" with two casts. A 1920s dance and musical review was also presented.

November 1985, 25 years ago:

The Village Players presented "Harvey."

November 1990, 20 years ago: An open house was held for the newly remodeled Association offices.

Letters for flood and earthquake special assessments were mailed, with payment due Dec. 15.

Nice toast for Thanksgiving

By Mindy Gaii Learn, V. 5

The year is almost over. We've struggled through OK. So thank you Lord For making sure We made it through today.

Sometimes we take for granted The good that comes our way. Sometimes we laugh, Sometimes we see, Sometimes we even pray.

So thank you for our children, For work, good health and friends. Thank you for your sunshine And rain where rainbows end.

Thank you, God, for all we have: Our memories and dreams. And may we keep remembering Life's sweeter than it seems.

Wishful thinking

Submitted by Marc Stone, V. 39

May your stuffing be tasty,
May your turkey be plump,
May your potatoes and gravy
Have nary a lump.
May your yams be delicious
And your pies take the prize.
May your Thanksgiving dinner
Stay off your thighs.

— Author unknown

Blood pressure clinic

By Mary Jane Porter

Your Neighbors Care Group will be taking blood pressures in the MPR on the first Monday of each month from 6 to 7:30 p.m.

This monthly blood pressure clinic is free.

Hope to see you all.

MALE OSTEOPOROSIS SCREENING INITIATIVE FOR A RESEARCH STUDY

If you are a man, 70 years of age or older, you can receive, at no cost to you, a heel scan test to screen for Osteoporosis.

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Easy Salmon Delight has real gourmet flavor, yet it's quick

By Susan Amerikaner

We are all struggling to eat healthier these days. Because my husband and I both work. I try to plan our dinners a week in advance, and I go for recipes that are easy to throw together. This is one of our favorites, which I adapted from the American Heart Association One-Dish Meals Cookbook.

I always have cherry or grape tomatoes from the 99-Cents Store. I also get canned artichoke hearts there. (Amazing deal!) Fish can be pricey, so after my 99-Cent run, I go to Smart and Final and get a package of frozen salmon filets. You get four individually wrapped filets for about \$7, which is good deal these days.

This recipe is for two servings, but you can easily adjust for one or for more. I make it for company, as it has a real "gourmet" flavor. And if you have any leftovers, it's great the next day served cold for lunch!

Ingredients:

2 boneless, skinless salmon filets (defrost in fridge overnight) 1 can of artichoke hearts (rinse, drain,

cut hearts in half) 1 cup of grape or cherry tomatoes Fresh lemon juice to taste Fresh ground pepper to taste 1/4 cup lowfat mayonnaise 1 tablespoon oregano, rosemary or

any spices you like

Directions:

Preheat oven to 400 degrees. Lightly spray a baking sheet with vegetable oil spray. (I use the nonstick foil for really easy cleanup.)

In a small bowl, mix the mayo with the spices. If you have fresh rosemary growing, it's great to cut up some and add it!

Rinse the fish. Pat dry with paper towels. Arrange the fish fillets about an inch apart. Scatter the artichoke halves and the tomatoes on the pan around and between the fillets. Spread the mayo mixture on top of the fish fillets. Drizzle lemon juice over all, and pepper, too.

Bake for 12 to 15 minutes or until the fish flakes easily.

Serve with rice or baked potato for an extremely nutritious and yummy meal!

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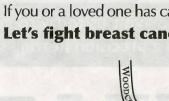
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ever before. That's why Radiation Oncology Centers of Ventura County is pleased to offer a revolutionary new breast conserving cancer therapy that reduces treatment time from several weeks to just 5 days. This high-dose radiation treatment is more efficient and more effective, targeting only a specific area of the breast and sparing healthy surrounding tissue. Drs. Timothy A. O'Connor and Henry Z. Montes are highly experienced in radiation therapy, and are committed to providing compassionate care with today's current technology. Because we know that every moment counts.

If you or a loved one has cancer, please call today. Let's fight breast cancer together.





THEATER BEAT

Camarillo Community Theatre: "Footloose" through Nov. 21. 330 Skyway Dr., Camarillo, 388-5716.

Conejo Players Theatre: "Kiss Me, Kate" Nov. 12 through Dec. 11. 351 S. Moorpark Road, Thousand Oaks, 495-3715.

High Street Arts Center: "Evita" through Nov. 14. 45 E. High St., Moorpark, 529-8700.

Simi Valley Cultural Arts Center: "Annie" through Dec. 5. 3050 E. Los Angeles Ave., Simi Valley, 583-7900.

Elite Theatre Company: "A Gentleman and a Scoundrel" Nov. 12 through Dec. 19. 730 S. "B" St., Oxnard, 483-5118.

Ojai Art Center Theater: Dark November, 113 S. Montgomery St., Ojai, 640-8797.

Rubicon Theater: Dark November. 1006 E. Main St., Ventura, 667-2900.

Santa Paula Theater Center: "The Beau's Stratagem" Nov. 12 thru Dec. 19. 125 S. 7th St., Santa Paula, 525-

Overcalling topic of next bridge class

Overcalling will be the topic of the next Thursday Friendly Bridge Group, which will meet on Nov. 11 at 6:30 p.m. in the Garden Room.

The program will consist of a lecture at 6:30 followed by a Friendly Bridge game at 7. Refreshments will

be served.

The topic of the Nov. 18 meeting is playing defense.

No reservation or partner is needed. For more information please call Al at 388-0870.

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BOB BROWNE RETROSPECTIVE



Browne will be missed by ILV

Continued from 1

He loved traveling with the RV Club and going to the ocean in Oxnard to watch the boats. Bob also was in charge of the Holley Board Tournament at all RV events.

He will be sorely missed by his many friends and our readers.

> More cartoons. Pages 26, 27







FOX HOME

our office is located in the Santa Rosa Plaza at the main gate . open 7 days a week please contact our office, or go to **www.leisurevillagehome.com**, to request: our informational brochure . floorplans . newsletters . a personal tour

please feel free to come by to use our fax, copier, or pick up some calendar/notepads our office also has notary by appointment

Exclusive Listings

Amalfi	29221 V29	\$340,000	custom shutters . upgraded carpet
Amalfi	33232 V33	pending	skylights . new paint, vinyl, and stove
Coronado	6308 V6	\$298,500	upgraded kitchen & baths . enclosed patios
Del Mar	4218 V4	\$245,000	neutral interior . light kitchen . open patio
Del Mar	28132 V28	\$249,900	on perimeter with mountain views
El Dorado	24134 V24	\$345,000	golf-course . newer paint & carpet
Valencia	29204 V29	pending	fireplace . mountain views
Valencia	42222 V42	\$429,000	patio room . built-in cabinets . wood floors PRICE REDUCED

Exclusive Rentals

Capri	34138 V34	\$1600/mo	on the perimeter w/mountain views slumpstone . wood flooring . solar tubes
El Dorado	38103 V38	\$1700/mo	near perimeter w/views . den . shutters newer refrigerator, washer/dryer included built-in microwave

805.987.4369

Leisure Village's next door neighbor and realtor since 1979

REALTORS CORNER

Experienced Village Realtor can make a big difference

By Sharron Parker Troop Real Estate Inc.

When preparing your home for sale, it is important to have an experienced Leisure Village Realtor walk through the house with you and compile a list of things you may want to pack up, eliminate or upgrade to get you the very best selling price. A Leisure Village specialist will also have a local team available to help with this.

When you see a sign showing a house for sale from an out-of-area real estate broker, very often the house is not priced properly. When it is not priced properly, it will stay on the market too long or will most probably sell lower than the actual value. A Leisure Village specialist is appreciated by other agents who prefer to work with a listing agent who can make the escrow transaction as smooth as possible.

Leisure Village Association will do

A Realtor who is familiar with the Rules & Regulations can make all the procedures easier on the seller.

a required inspection of the exterior of every home that comes up for sale or lease. A Realtor who is familiar with the Rules & Regulations and knows the responsible people at the Association office can make this much easier on the seller.

— Sharron Parker, Realtor and LV homeowner, can be reached at Troop Real Estate, Inc., Camarillo, 443-1998.

Showtyme hosts dinner show

By Phil Kamens

Showtyme presents a members only sit-down dinner and show Dec. 10 at 5:30 p.m. Enjoy dinner and be entertained by Dean Regan, named Artist of the Year by Professional Artists of Los Angeles and a nominee for best male vocalist by Manhattan Association of Cabarets.

The theme this year will be "Greatest American Film Institute's Movie Musicals." Save the date and treat yourself to a show and waiterserved dinner that will include appetizers, salad, prime rib or salmon, red and white wine and cheesecake.

Tickets are \$22 and will be on sale Wednesday, Nov. 10, and Thursday, Nov. 11, from 9 to 11 a.m., and Friday, Nov. 12, from 1 to 3 p.m. in the Multi-Purpose Room.

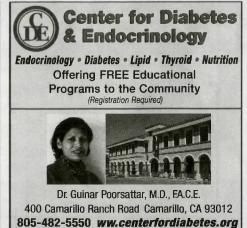
New members must be paid up by Nov. 1.



(805) 482-2983 Troop Real Estate

(Formerly Hoffman-Stern Realty) Call for a descriptive brochure and an appointment to see available homes





Ross Kramer, in addition to singing concerts, is an accomplished actor and director. He has appeared in 30 stage plays — comedy, drama and musicals — and has been in many award-winning films.

Kendra Munger off Broadway originated the role of Diana in "Queen of Hearts." She also played Eliza in "My Fair Lady" and the role of Marian in "The Music Man."

Bob Ralston, pianist, is best known for his 47 years of weekly performances on "The Lawrence Welk Show." He also has 33 best-selling CDs. Bob has given his support as pianist to vocalists Eddie Fisher, Nat King Cole, Andy Williams and Bob Hope. Phil recommends: Don't miss this one.

Membership for 2011 will be sold at this Nov. 12 meeting. Please sign up at this time, as it will prevent you from standing in line in January when all members must sign. Membership is still only \$7 per year. This includes nine free shows a year with goodies and coffee after the performance. Members also buy tickets to the big shows for \$10 vs. \$13 for non members. Please bring a check to this meeting. Sharon Hahn, our membership chairperson, will appreciate it and it will help everyone.

Players Guild

By Joyce Belcher

This month's Players Guild meeting will be Thursday, Nov. 18, at 7:30 p.m. in the AR. Cathy Friedman and I will be back with our annual workshop titled, "Let's All Go To the Movies." It will be a Grand Opening

Night event not to be missed. The show will feature dialogue and music from many of your favorite movies and many surprises. A very large cast of talented Leisure Village residents will star in this exciting world of fantasy. So come and let us bring you back into the time of classic movies.

Don't forget we will have tickets on sale for our Holiday Dinner Dance. For \$23 you have your choice of Grilled Tri-Tip, Chicken Marsala or Grilled Tilapia with Lemon Cream Sauce. Entertainment and music will be by John and Merry Stanewich. Installation of new officers will also take place. Get your tables or single tickets while they last. For information call Barbara Stone at 388-8867.

Travel Club

www.comfortkeepers.com

By Conrad Kaiser

Since our last report we have added several more interesting trips. Among them, the overnight

trip to Bally's Casino in Las Vegas has received a lot of attention. This casino is a beautiful place on the Strip, and the trip offers two nights accommodations, travel, baggage handling and tip. This event is scheduled for Nov. 9 through Nov. 11. Other possible trips for December have been delayed until the beginning of the new year and will be presented in our next report.

As always, it is our goal to provide interesting and affordable trips to Leisure Village residents.

LV Bowling

By Marty Simons

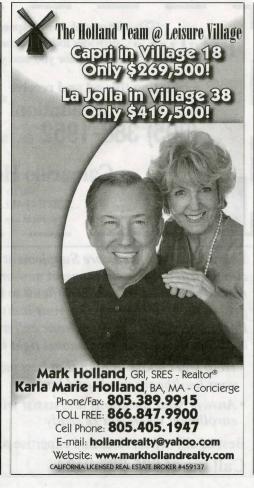
Week 3 had only one 200 game: Al Schuster's 211. Side Pot winners were Al Schuster, Marty Simons and Stan Feldman for the men, and Betty Herrmann, Gail Singer and Ruthy Levine for the ladies.

As the weather warmed up, so did

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Please see CLUB NEWS on 12







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the bowlers. Week 4 saw Phil Kamens and Leonard Belcher each with a 226. Bob McQuivey a 215, Ray Cass a 214, Art Titen a 202 and Al Schuster a 201 Side Pot winners were Phil Kamens. Leonard Belcher and Al Schuster for the men, and Clarice Shapiro, Helen Koehn and Shirley Heller for the

Week 5 saw Leonard Belcher with a 210 and Dennis Durand with a 203. Side Pot winners were Alan Singer, Bill Kirkpatrick and Herb Fogel for the men, and Ginny Cordell, a tie between Joann Fisher and Joyce Snider, and Sharon Hahn.

Interested in bowling? Call Marty Simons at 987-9295 for information. We need subs.

Mens Golf

By Mannie Abbate

Monthly meetings are held on the second Tuesday of each month in the MPR at 2 p.m. Pre-meeting refreshments are served at 1:30 p.m. Come early and have bagels, cookies, coffee, wine or punch and chat with the members. Get 50/50 tickets for a drawing at end of the meeting.

The next regulation tournament will be at Mountain View Golf Course on Nov. 18. The fee will be \$24, and you pay for the cart at the course. We will play the last tournament for the year at Sterling Hills Golf Course on Dec. 16. The fee will be \$49. including the cart. Plan on getting there a little early as the range balls are included and the putting green is a must before playing. This will be the first time we play there. If we like it we will try to include it again next year. Check the bulletin board at the course and your e-mail for fees for all the future tournament dates.

On Friday, Dec. 17, plan on attending our annual Holiday Party in the AR. This is co-hosted by LV Men's and Women's Golf Clubs with the Billiard Club. This is always a great event that rolls three separate

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parties into one great one. Watch for announcements.

The "Free" Tournament and Luncheon at Wood Ranch Golf Course we were scheduling for Nov. 4 didn't come off because of a conflict with another event at Wood Ranch. We will try to reschedule this for 2011 when we have more time and better choices. More info will be made available as it develops. We have the list of 24 players we signed up and will give them first crack at the new date when we get it. We will make a standby list for vacancies and for another date if the first one proves to be a good deal.

Pat Gunning's "Golf Quiz Contest" was well received and all are encouraged to answer the quiz questions by studying the Rules of Golf. Correct answers will get you to the next question and so on until one person remains. A prize will be given to the winner. The idea is to familiarize us with golf rules and etiquette. This should be a good education tool.

Secretary Bob Riveles' "Match

Play Tournament" is ongoing. This article goes to press before the tournament concludes so watch the other news sources for results.

Every male resident is eligible for membership in the LVMGA. By joining our club he can play in our home course tournaments, attend our social functions, attend our monthly meetings, participate in our handicap system and play in our regulation course tournaments at many of the public courses in an area from one to 30 miles around Leisure Village. Do some recruiting to get new members!

Watch for the signs at the course and LVTV (Ch. 25 or 995). Be sure to be included in the e-mail roster so Ernie Ohmstedt can keep you up to date from time to time as good things happen. If you don't have e-mail, talk to your kids or grandkids and see if they have an "old" computer that they can set up for you for e-mail. Once you get one you will wonder how you ever lived without one.

Please see CLUB NEWS on 14

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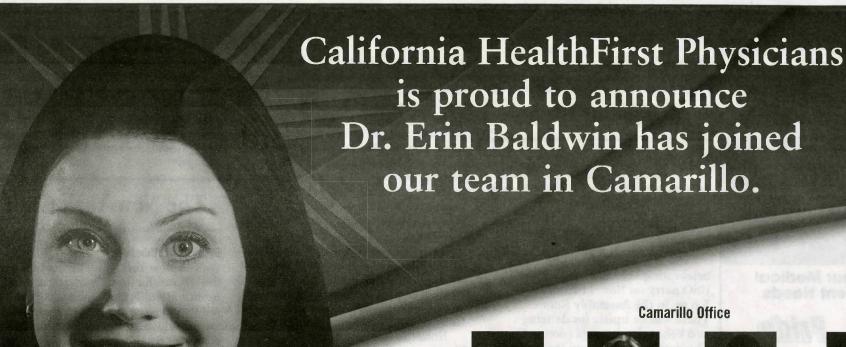


Mark Volkov Cal.Ins.Lic.#0678378.

a Leisure Village resident.

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Friday, November





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CLUB NEWS

Continued from 12

Booster Club

By Lin Grant

The Boosters held an election for new officers to serve for the next two years. Elected were Marilyn Riveles, president; Wilma Hutson, vice president; Janice Melling, secretary; and Mira Fontes, treasurer.

The Booster Club will be celebrating Veterans Day with a USO party on Nov. 11 from 2 to 5 p.m. in the Assembly Room.
There will be music for dancing and light refreshments (donuts!).
This free event is to say thank you to the Village from the Boosters for supporting our projects in the past (we hope you will continue to do so!) and also to celebrate those who have served our country with their service or by supporting servicemen over the years. One does not need to be a veteran or spouse to attend. Tickets

will be distributed early in November; watch LVTV for details. Tickets will be limited to two per household. You can bring anyone—friend or family member—with your tickets. Plan to bring pictures of you and/or your loved ones for display at the party.

We are also planning an Italian night in February. Your Boosters will again be in the kitchen preparing the meal from scratch, so when the date is finalized, be sure to mark your calendars.

The eight chafing dishes purchased by the Booster Club are now available for lending. If you wish to borrow any or all of the eight 8-quart beauties for an upcoming event, please call Wilma Hutson at 383-2022 for details.

Note the new shutters in the library, donated by the Boosters. Any suggestions for donations should be directed in writing to the club's president.

There are four remaining bricks to be sold in our Walk of Celebration. Please call Marilyn Riveles at 383-5706 to order yours at \$200 each, with engraving. Order yours today;

when they are gone, they are gone.

The Boosters meet in the Garden Room on the second Tuesday of each month at 6:30 p.m. for refreshments with the business meeting starting at 7 p.m. Please join us in helping bring new projects — and fun — to our Village.

The New York Club

By Mannie Abbate

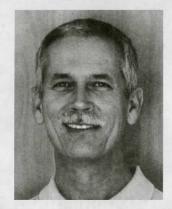
The New York Club meets in the AR on the first Thursday of the month at 7:30 p.m. Since this paper is published after our monthly meeting, we must give you news a month in advance. By the time you see this we will have had our November meeting where Joey Arron entertained us. We announced the nominating committee's recommendations for the club's 2011 Board of Officers at the November meeting.

At the Dec. 2 meeting, the Please see **CLUB NEWS** on **15**

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351 S. Moorpark Road Thousand Oaks · CA first order of business will be to vote. Unfortunately the slate being presented is not available at this time so you will find out when you come to the meeting.

The Leisure Village Chief of Patrol, Manny Segovia, will give us information that everyone in the Village should see. For years we have been hearing about CPR and have read about how many lives have been saved because of this procedure. There is now a new hands-only method that almost anyone should be able to follow. There's no mouth-tomouth or complicated counting to do. Instructions are easier to follow. Chief Segovia will explain the procedure and demonstrate how anyone can do it. Be sure to come to this meeting.

A DVD presentation of excerpts from two Carol Burnett shows will also be shown at the Dec. 2 meeting. Harry Rosenberg, our entertainment vice president, has selected the best parts of these shows for your pleasure.

The 2011 year will start at the Jan. 6 meeting when the new Board of Officers is installed. Harry has been lining up new entertainment for the 2011 season. He promises to bring us some entertainers who have not performed in the Village before. We are looking for new people interested in keeping the New York Club one of the "must join" clubs in the Village. New people means new ideas. If you want join the team let us know what you can offer. We are open to suggestions.

At the December meeting it would be a good idea to renew your membership for next year. You can

also bring a neighbor to see what the New York Club is all about. We can always use new members to keep our ability to give you entertaining programs throughout the year. Your dues allow us to bring live entertainment to the stage.

LV Musicians

By Roy Badger

On Oct. 26 we had a great Halloween Dance where the 18-piece band played for us.

Our November meeting will be on Nov. 11 at 7 p.m. in AR. We will have some great music by some of our own residents this month. Come and spend a couple of hours listening to some good music.

Do not forget to come listen to the 18-piece band play on Tuesday nights from 7 to 9 p.m.

Sing-A-Long

By Roy Badger

The November Sing-A-Long meetings will be on Nov. 8 and Nov. 29 from 7 to 8:30 p.m. in the AR. We have either Irene Olson or Stan Vansant play the piano. We always welcome new people and would love to have you join us. Please come, bring a friend and have an enjoyable evening singing some good old tunes. We have about 60 to 65 people that come each meeting. We all get to sing, sometimes by microphone with

Please see CLUB NEWS on 18





John Baker's Leisure Village Word Search

NXLXNTFCHLAELPAMRAGUSDJY AT Z T G K X S U O V R F N C M L A S H U G A L GM I G H Y X I S E F P J N E N O M M I S R E P KMTULLTECBMIOYPSQGTENRDN WGITAQCQEXJRHOHEBRWPCWUY EKPFBMNOBOWNPZGD(REDLEXOB) EHZYFUEGFAHLRPRTEYOJWBVH POPMIJVRYSABPNMEMMOBTZQE I T D G R L Z P I R Z E K C M B F M W E Z X I O NTOLSFINOCSCMTHCRIBREVIR GOOLQNBBIVATRADECDERXBFD WMWLEGLLGOONZNAVHFMPOYVH I F N L Q I A A C Y P R E S S M E Y B X V D P F LTOAEBCCUCWIPLGYXNXIFSKW LNTTLKKKBFHUTLMRITIKQXWY OPT J P H C W L A Z J J Q Y C L E A P R Q I E WEOMAZHAUCCKSUUIPMRWDFGW HQCJMDELERGVUYGQNRLITEKQ RWTIDYRNSURPSJVJLXZAUPRK OZSMEMRUPGKHQMNMMOVZATMK ZMHJRIYTRPJNUKWNYLEDNIVL F L D N O Y X X U Z E Z M F Z C U N V Y X U G Q QNUPRLGMCLRUSSIANOLIVERZ RCGZXDSXEBTLXXLFVHIYVYWS

See below for Word Search Answers



Word Search Answers - Types of Trees

WEEPINGWILLOW COTTONWOOD **PERSIMMON BLACKWALNUT** REDCEDAR **AMERICANELM**

REDMAPLE **NORWAYPINE** REDPINE

BLACKCHERRY **✓** BOXELDER RUSSIANOLIVE BLUESPRUCE

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Jack Caldwell took first place in the Open category for "And Bringing Up The Rear."

More Camera Club photos adorn walls near and far

By Marion Green

Have you been in the Computer Lab lately? The Camera Club has contributed 10 of its photographs to decorate the walls. The club also purchased a digital frame that will be installed in the lobby and will display all the members' contributed pictures.

Anne Wolfson and Rita Linsey photographed pictures for the recent Camarillo Cancer Relay for Life Walk. Don Treadwell is also working with the Ventura County Veterans Group and has contributed 23 of the club members' pictures, patriotic in nature, which will be framed and hung there at a later date. Camera Club members are proud of the effort they make to step outside of the Village and assist the community when they can.

We welcomed guest judge, professional photographer
Jim England, to our October competition. The assigned subject was Transportation. First place was won by Bill Robinson, Don Treadwell won second and third place was won by Georgia George. Jerry Spector and Bob Sandusky took Honorable Mentions awards.

In the Open category, which accepts photographs of any subject,

Jack Caldwell won first place, second place was awarded to Georgia George and third place was won by Bob Sandusky. Honorable Mentions went to Betty Murray and Vic Fledge.

In the Creative category, first place went to Marlene Votion, and Betty Murray and Vic Fledge won second and third place, respectively. Honorable Mentions in this category went to Jerry Cohen and Jerry Spector.

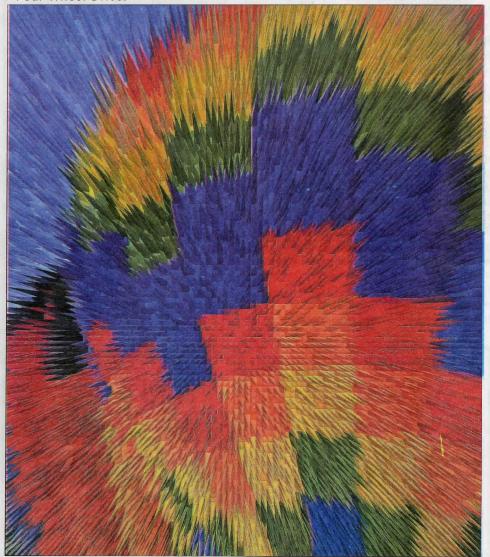
The Nominating Committee, led by Don Treadwell, presented the slate of officers for the upcoming year. They are: Jerry Spector for president, Rita Linsey for vice president, Marion Green for secretary and Arnie Borgen for treasurer. The slate was accepted as presented.

We encourage everyone to come to our meetings. We even have members who don't have cameras; they come just because it is so much fun. We welcome new folks for their inspiration and ideas.

Everyone is invited to our meetings on the first and third Wednesday of each month at 7 p.m. The subject for our November competition meeting will be Trees and Flowers. Refreshments will be served.



Bill Robinson took first place in the Assigned category of Transportation for "Four Wheel Drive."



Marlene Votion took first place in Creative for "Well, Extrude Me!"



The 18-piece Big Band provides music for the Halloween Ball, put on by the LV Musicians Club.

175 attend Musicians Club's Halloween Ball

By Dick Guttman

The LV Musicians Club's Halloween costume party and dance held Oct. 26 in the AR turned out to be a roaring success, with approximately 175 guests attending.

Entertainment was provided by the 18-piece LV Big Band, featuring special guest vocalist Lulee Fisher. Prizes were given for the best costumes. Partygoers filled the dance floor while others enjoyed watching the colorful costumes and relaxing to wonderfully familiar music.

The evening included raffle prizes contributed by Aloha Steakhouse, Barlow-Williams Realty and The Fox Real Estate Team. Thanks also to Bill and Sandy Foeller for lighting, Betty Herrmann for table decorations and Todd Williams for handling the sound.



Guests enjoy themselves at the Halloween costume party and dance.



Bill Foeller in his award-winning costume.



Roy Badger, Marge Moran and Don Stevens show their style.



The AR was decorated in orange and black, befitting a Halloween theme.

Women's Club

By Eldora Barton

Our big Holiday Bazaar is almost here! The Tuesday Workshop has prepared a delectable, fanciful, useful, interesting array of items for your selection. Come to the MPR on Monday, Nov. 8, from 3 to 7 p.m., or Tuesday, Nov. 9, from 9 a.m. to 1 p.m. and see what they have been working on for these past weeks. You can check out the holiday decorations, household and kitchen items, many knitted and crocheted wearables, both adult and for baby and don't forget

the retro jewelry table.

Remember the piano and personality lady, Linda Fern Fay? She will be performing again for us at our December meeting. Her last appearance was so enjoyable. Come for holiday entertainment on Thursday, Dec. 2, at 1:30 p.m. in the AR. Come early as See's candy will be available at the sales table.

In addition to our usual sharing of foods for Food Share and the collection of Campbell Soup labels and Box Top for Education coupons, we have added another public service. We are now an official drop-off site for used hearing aids. We are assisting the Camarillo Health Care District to collect them. This is to help the Hear Now program of the Sharkey Hearing Foundation, which provides hearing aids to adults and children who have limited financial resources. Donations are tax deductible. A collection box will be provided at the general meetings and at the Tuesday Workshops. If you wish to use this as a tax deduction, write your name

and address on a piece of paper and drop it in with the hearing aid and a tax deduction receipt will come in the mail from the Starkey Hearing Foundation.

As usual, thank you for your participation. Small differences do add up.

Writers Club

By Lois Keeler

We're still humming right along. Last week we had 16 members in attendance. At our next meeting the television crew will be there to film us reading our stories. That should be a fun time. It's great to see the different approaches to the stories read, and we look forward to that.

We still welcome new members, writers or listeners, and we just have a real good time together. Our projects lately have been varied and we hope to continue in that vein. I'll be telling you about some of our

members next time. Some really have a claim to fame. I, on the other hand, have one only claim to fame and that belongs to my daughters when they joined Benny Goodman's traveling orchestra in 1980 and sang all the old hits and I got to see them at Carnegie Hall in New York. Oh well! Talk to you next time, and we hope to see you at a meeting.

Ceramics Plus

By Mary Ann Robnett

A holiday sale will take place Nov. 14 from 10 a.m. to 3 p.m. in the gazebo area. Our club members have been busy designing and making items to decorate your holiday table. Gift items including beautiful ceramic bells, gorgeous cats, planted spider plants, plates, bowls, mugs and candleholders, and more will be available. The Origami group will also have new items and cards.

Please see CLUB NEWS on 20



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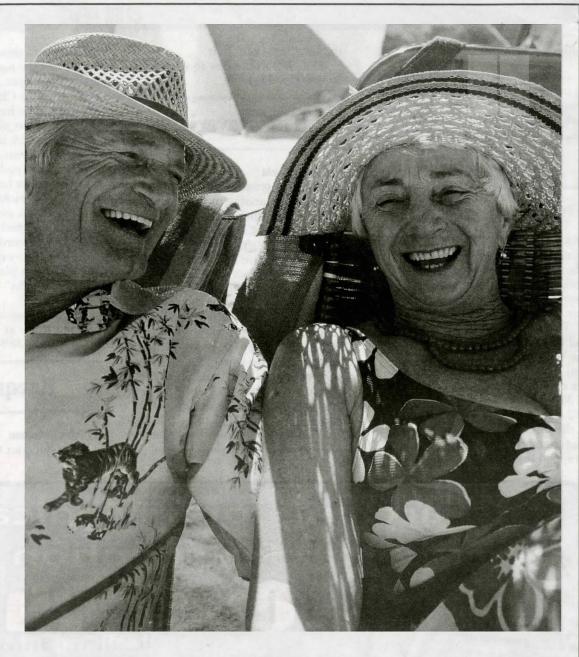
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After you see the art exhibit, do come by and do some holiday shopping! Save yourself a trip to the mall!

RV Club

By Fred Sass

This month's meeting will be a Mexican potluck. Bring your favorite Mexican dish or salad or dessert. Coordinate your dish with Sharron Forkner at 484-2095. The next meeting and potluck will Tuesday, Nov. 16, at 6 p.m.

This year the holiday luncheon will be at he Aloha restaurant outside the Village. The date is Dec. 7 at 1 p.m. The tickets are \$10 each and are on sale now. Call Barbara Stone at 388-8867 or Kathy Caldwell at 482-0282. Tickets will be available at the next meeting. Remember that each person is required to bring a \$10 wrapped toy for a boy or girl with the

Larry W. Hurwitz

age group marked on it.

The club would like to wish all a Happy Thanksgiving.

The Mavericks

By Margo Secia

It was so great to see everyone singing and dancing to the music of Sherimerry. They always put on a wonderful show and are a real crowdpleaser. Λ big "thank you" to all the people who came in costume — you all looked fabulous for the Halloween Costume Party Dance!

Due to the Thanksgiving holiday, we are not having our usual fourth Friday function in November, but we are planning to have a Bowling Night. For those who did not have an opportunity of signing up at the Sherimerry dance and wish to attend Bowling Night, please call President Joe Miller at 383-0715 to be put on the list so we will know how many lanes to reserve. All details as to

the date and time will he sent out in our usual e-mail reminder of our upcoming event.

Due to the Christmas holiday, we will not be having a function in December, but please save the date of Friday, Jan. 28, and plan to attend our Winter Ball Dinner Dance. All details will be presented in the December issue of Inside Leisure Village.

The Mavericks board members want to thank everyone for such wonderful comments via telephone, e-mails and word-of-mouth regarding the great time everyone had at Casino Night. We are planning to have "Casino Knight" visit the Village again in the Spring!

If you have any questions, please call Joe Miller at 383-0715 or Sharon O'Connor at 389-6834.

Racquet Club

By John Peterson

The Racquet Club meeting is the

second Wednesday of the month on Nov. 10 at 5:30 p.m. in the Multi-Purpose Room.

Thanks to Fred Ervast for an informative demonstration in lapidary on equipment at our October meeting.

New board elections will be at November's meeting followed by a pot luck dinner. Sign up to bring a dish to share. Please feel free to help on the board.

The paddle tennis group had 14 players travel to Costa Del Sol retirement community on Oct. 24. Women's doubles and men's doubles play was followed by a lunch break and interclub mixed doubles in the afternoon. All enjoyed the social intermixing.

The paddle tennis tournament held Saturday, Sept. 25, had great participation and excellent play. Group winners were Shirley Law, Avi Barhom, Kay Bell and Marsha Richardson.

Participation continues to grow

Please see CLUB NEWS on 21

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with new and returning players in ping pong, tennis, pickleball and paddle tennis. See the Racquet Club bulletin board for playing times and contacts. Choose your choice of game and join the fun!

Exercise Group

By Millie Seidman

You might assume, by observing the exercise group in action in the pavilion Monday through Friday at 8:30 a.m., that it is a wimpy routine. It is senior friendly, that's true, but it is remarkably effective in keeping the moving parts moving! Give your body the opportunity to serve you well by continuing to use all the joints and muscles. Like your car or your piano, keep it tuned and it will be grateful.

Join now, and get 13 months for only \$4! Happy Thanksgiving!

Senior Active Seniors

By Zelda Greentree

Come to the next SAS meeting to be held on Nov. 9 in the MPR at 7 p.m. Our speaker will be our own Leisure Village security chief, Manny Segovia. If you've had any questions or concerns about security here, now is the time to ask and get the answer right on the spot! I'm sure we will all benefit from this exchange!

Then, the following week, on Nov. 16, our monthly movie will be shown in the Annex at 7 p.m. This is the film adaptation of a novel by Harper Lee, which became the much-loved film, "To Kill a Mockingbird." It stars Mary Badham in the role of Scout and Gregory Peck as Atticus.

And don't forget we play cards and games every second and fourth Tuesday evenings in the Annex. Come join us. The holidays are coming and SAS is planning its annual Holiday Party on Dec. 14. It's that gift exchange and fun food party everyone looks forward to. Members come, but reservations are a must. Of course, you do have to bring a wrapped gift valued at about \$10, and either an hors d'oeuvre or dessert dish for six to eight people. It's beginning to sound like "not free!" Well, anyway, please call Zelda at 389-9694 for your reservation. We always have a really good time.

Friday Night Country Western Dance Club

By Sue-Ellen Colp

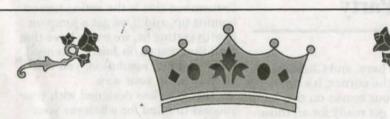
The next dance will be today, Nov. 5, from 7:30 to 10:30 p.m. in the AR. Lessons will be at 8:15. Marshall will be teaching a line dance called cruising. This dance is a fun dance to upbeat music.

Last month we had a guest instructor, Lee Byers, who did a great job teaching the two-step with the help of Sue-Ellen. It was fun and everyone seemed to enjoy learning, and you didn't need a partner to learn the dance. Just come on by and join the fun. Cost is \$5, bring a snack to share, and punch and water and coffee will be provided. We will review the dances we have taught in the past so everyone can catch up.

Last month was a good time, and it is so good to see so many people coming out to join us. We will be doing more of the dances you have learned in your classes. We want everyone to come out and practice and have a good time.

Thank you again to everyone who brought snacks and for coming. BYOB. For more information, call Sharon O'Connor at 389-6834.

Please see CLUB NEWS on 22



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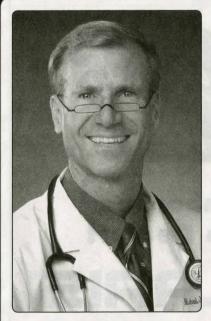
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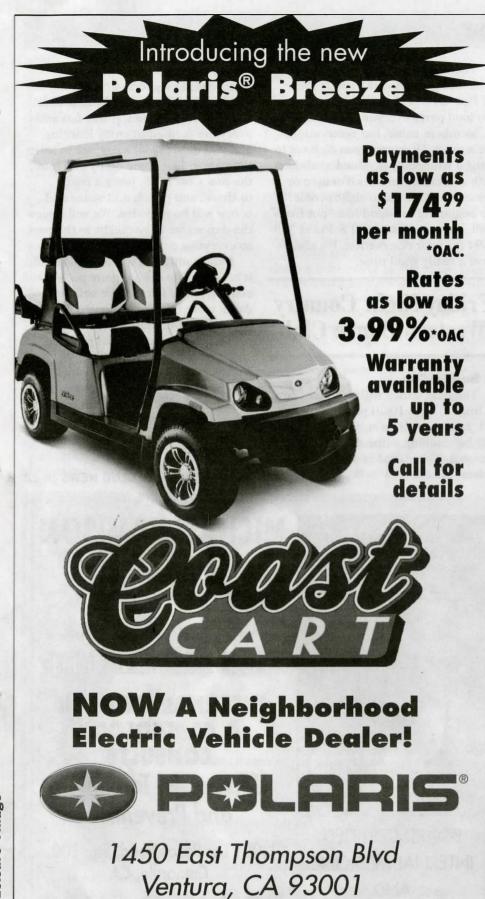
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CLUB NEWS

Continued from 21

LV Womens Golf Association

By Lillian Turnbull

The winning team for our Scramble Tournament, played Sept. 29 combining the l8ers and 9ers, was Cynthia Maier, Judy Hamilton, Marianne McInerney and Carol Ferber. Congratulations to all players in this exciting tournament.

Coming up in November is our President's Cup Tournament on Nov. 3 and 10. Good luck to all.

Our monthly meeting will be held after golf on Nov. 10 in the Garden Room. Don't miss this social event. All are invited. The meeting is at 2 p.m. Come early for refreshments and meeting friends.

Saturday Night Dance Party

By Howard Koehn

November is here, and Christmas is right around the corner. It's time to sharpen up your moves on the dance floor and get ready for all those holiday parties!

The Rhythm Kings start the month off Nov. 6, and the Black Rose country western five-piece band plays on Nov. 13. They were very good in October, and everyone at the dance had a good time.

The Dick Parent Trio will be here on Nov. 20, and it's worth the price of admission just to hear their great drummers' rendition of Benny Goodman's classic, Sing-Sing-Sing. It's really outstanding.

November ends with the Jerry Dokken Trio Nov. 27, and we should all be in good shape for the December party blitz.

Remember; All this entertainment, plus free popcorn, punch, coffee and sometimes even a piece of birthday cake for only \$7. What a deal! See you there.

Jazzereise

By Bettie Twa

Here we are well into the fall season of 2010, but it's never too late to get with the program and get a head start on the holidays by coming to a Jazzercise class.

We just celebrated eight great years here in Leisure Village and we plan on being here for a very long time. Remember, this is the eating season coming up, and if we get a jump on it with getting fit, we won't have that guilt that comes on Jan. 1! No need for a "Get Fit" resolution, you will already be on your way.

This is a class designed with your success in mind for whatever your healthy goals are to keep fit and active in this wonderful community. There is so much to offer here and you won't find a better workout for your exercise program. Renee, our instructor, is a certified professional who has been an

Please see CLUB NEWS on 23



Continued from 22

instructor for Jazzercise for over 20 years now and knows just how to tailor the classes to fit our needs at this time in our lives. We work at our own pace, modifying anything that doesn't feel comfortable with her instruction on just how to do that. With Jazzercise choreography, no movement is without its purpose.

What may sometimes not appear to be specific to the untrained eye, you can be sure that there is purpose to everything we do.

Proper stretching is a very important aspect of any exercise program, and with this class you will be given that direction, without question. Stretching before your body is warmed up is never recommended. That's why we start with our slow warmup, graduating to a comfortable pace for a healthy heart, then a gradual cool-down. It's while the muscles are well warmed up, with the heart rate slowly brought back down to its regular rhythm, that we stretch those still-warm muscles. You

won't believe how good that feels! Stretching cold muscles can lead to injury. That is why we save it for this time in class.

This is a low-impact program that you can make as vigorous or as light as your body tells you. Everything we do can be modified to fit whatever limitations we might have. It's such a fun, safe class with fun music, and you leave feeling invigorated to get on with your day.

We meet every Monday, Wednesday and Friday at 9 a.m. in the AR. Remember to come about 10 minutes early to get signed in, get acquainted and get ready to have some exercise fun. We use weights, but only if you choose to do so for some upper body work.

However, if you haven't used them before, be sure to start with the smaller ones and then gradually build up from there. Bring comfortable clothes, rubber sole shoes and don't forget your water. You will find a room of friendly faces to welcome you, so please come and join the fun!

Billiard Club

By Jack Quinn

The Fall 1 & 15 tournament culminated with Kathy Wirtz taking first place in the A group, Frank DeSimone earning second, and Lew King getting third.

Richard Woodard rallied to first place in the B group, William Lamar received second and Walt Waidron came in third.

In the SA group, Jack Quinn took first place, Ray Martinez handled second and Hal Simon took third.

The holiday dinner scheduled for Dec. 17 in the AR will be catered by Country Harvest with a choice of chicken, fish or beef. Favorite musical sounds will be provided by the fabulous Upper Hand duet. Tickets for this enchanting evening are \$25 each.

The monthly meeting on Tuesday, Nov. 16, will be the installation of 2011 officers.

Shop Ahoy helps the homebound

Shop Ahoy is a shopping and delivery service for homebound seniors and disabled adults. We also serve those people who no longer drive, have difficulty maneuvering through Vons or are unable to carry heavy items.

Shop Ahoy is a volunteerbased, nonprofit organization servicing Ventura County.

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Inside Leisure Village

Tofu or not to tofu

By Lois Keeler

Tofu or not to tofu That is the question I decided to give it its due At a friend's suggestion

So on one starry night I gave in and gave it a try And much to my delight I tasted it and said, "Oh my"

It really was a treat, you see Both sweet and spicy and so fine My friend made them both for me With rice and wine for a fine dine

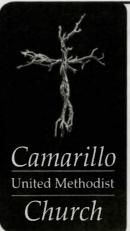
And so I learned as always in life To never judge before you taste As you pick up a fork or knife To not turn anything down in haste

Chocolate keeps me up all night

By Mindy Gail Learn, V. 5

Chocolate keeps me up all night And even though I pay I still consume more bon bons With each new passing day. And with each creamy candy Caffeine rushes to my head Engulfing me with endless wit And cleverness and dread. With shaky spontaneity I tend to crash down hard In solitude with sugared lips And anger in my heart. Chocolate keeps me up all day I feel both power and calm I swear I'll eat less chocolate Until the box is gone.





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Maybe he just wanted to play 8-Ball

Submitted by Lorraine Comer

It's late in the afternoon, and the 4 o'clock girls are headed for the Billiards Room. As they enter the room, ready to play 8-Ball, the room seems very dark as none of the overhead lights were on. The other odd thing was that the door opposite the Woodshop was propped open.

As we head toward the pool table that we would be using, we see something scurrying around on the floor. Now, I don't like creatures scurrying around on the floor, but then I realized it had only two legs.

The two of us start to herd this little creature with our jackets being used as capes to get this bird out of the room. There were other people in the room, but they never noticed anything different or unusual.

We opened the side doors, hoping the Towhee bird would recognize the great outdoors and leave, but no. We continued herding and scurrying around the tables until the little creature left through the propped door, and the 4 o'clock girls were able to play their game of 8 Ball.

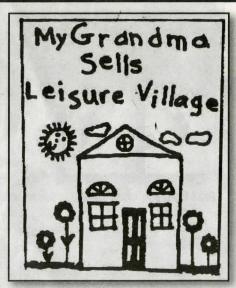
THOUGHTS FOR THE DAY

Submitted by Mary Barkemeyer

- Don't let your worries get the best of you. Remember, Moses started out as a basket case.
- Opportunity may knock only once, but temptation bangs on the front door forever.

Q&A for the AARP set

- Q: How can you increase the heart rate of your 70-year-old husband?
 - A: Tell him you're pregnant.
 - Q: How can you avoid that terrible curse of the elderly wrinkles?
 - A: Take off your glasses.
 - Q: Why should 70-plus year old people use valet parking?
 - A: Valets don't forget where they park your car.
 - Q: As people age, do they sleep more soundly?
 - A: Yes, but usually in the afternoon.
 - Q: Where should 70-plus year olds look for their glasses?
 - A: On their foreheads.
- Q: Is it common for 70-plus year olds to have problems with memory storage?
 - A: Storing memory is not the problem, retrieving it is.





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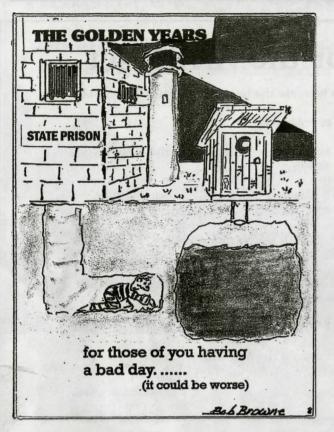
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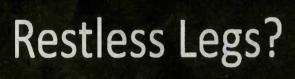
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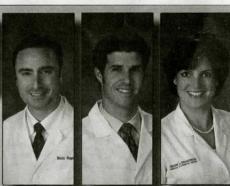
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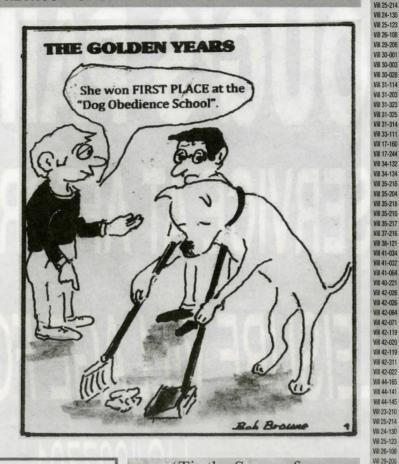
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Vill 6-115

VIII 6-105

Vill 8-150

Vill 9-158

Vill 11-232 Vill 11-234

Vill 11-101

Vill 13-21

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VIII 16-134

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Please follow these instructions when submitting an ad for Inside Leisure Village:

- 1. Use an 8.5-by-11-inch sheet of
- Write or type your ad legibly.
 Give your full name. address. and telephone number. These are for ILV records and will not be published unless
- 4. Estimate number of lines; there are approximately 34 characters per line.
- 5. Cost is \$4 for one to four lines and \$1 per additional line. Enclose cash, check or money order payable to ILV.
- 6. Place an envelope with the ad and payment in the ILV box next to the sewing room in the Rec Center before deadline. Each month's deadlines is listed on Page 2.
- ILV will accept ads from LV residents for properties they own personally, or ads of a non-commercial nature that offer jobs or services to Villagers. There is no charge for items or services offered free of charge. ILV does not investigate the ads and makes no endorsement of them.

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Pet sitting in your home. Dog walking. Negotiate price. Personal driver, exper. V.16. Lori. C 818-633-5670. Refs.

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CLASSIFIED ADS

Continued from 29

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DVD memories, photos, proofreading. Call Debbie or e-mail debandru@ verizon.net. Cell 616-5609.

QUESTIONS THAT HAUNT

- 1. Can you cry underwater?
- 2. What disease did cured ham actually have?
- 3. If a deaf person goes to court, is it still called a hearing?
- 4. Why doesn't Tarzan have a beard?
- 5. Who was the mean person who put an "s" in the word lisp?

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NOVEMBER: A time of personal reflection on all our many blessings. A time of gratitude!

Veteran's Day—Thursday, November 11th
We are SO grateful for all of our Veterans. Thank you for
your service. Thank you for making it possible for us to live
and work in this great country. It is an honor for us to fly our
flag in honor of our great Military.





Thanksgiving Day — Thursday, November 25th

Our hearts are filled with gratitude for our many blessings. Family, Freedom, Friends and good health are at the top of the list. During this Economic crisis of our country we have been blessed by great advocates. We work hard to serve all our clients and in turn we are blessed by great referrals. Thank you for all your good words.

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