

INSIDE LEISURE VILLAGE

VOL. 43 NO. 5

AN ACTIVE 55 PLUS COMMUNITY

SANTA ROSA ROAD, CAMARILLO, CALIFORNIA

MAY 6, 2022

VILLAGER PROFILE

A Love Bug Story

By Jon Niemann

We met Ethan Schwartz while organizing last year's Village Christmas Parade. He called to say he would like to drive his "Herbie" along the route. Cool! Herbie the Love Bug would be a great holiday addition. On the day of the parade a cherubic-faced young man drove to the staging area. His "Herbie" is a remarkably detailed rendition of the car that was the center of more than one underdog-parable Disney movie.

Ethan says that at 2 years old his mom set him down, put in the DVD and started the movie. He was transfixed. The image of the ersatz "race-car-that-could" was imprinted, permanently. As Ethan went from toddler to childhood the movie would become part of his life, the message of the transmogrified "ugly duckling" car that responded when kicked and defended "his friends" would actually help develop his character and life outlook. Ethan's eyes flash, "Herbie overcame restriction, developed a soul and followed through on his

commitments." I asked Ethan how many times he had seen the 1969 movie starring Dean Jones, Michelle Lee and Buddy Hackett. He looked at me like I had two heads and blinked. "A lot" was all he said.

The collecting of Herbie memorabilia started early. The in-depth study of what made a 1963 Volkswagen Beetle into Herbie would absorb countless hours, books, online and any car event he could get to. Then, in March of 2017 Ethan's mom called him out to the garage door, it slowly opened and there it was; a 1963 Volkswagen Beetle painted Chevy White. This would be the catalyst for many years of studying, tinkering and creation that will most likely continue for a very long time. We spent a good deal of time going over the car. I learned a great deal about Volkswagens, car paint, decals vs the right kind of decals, wheel hubs from 63 vs 69.

There was not a square centimeter that hyper-focused attention and years of gained esoteric knowledge could not be discussed, analyzed and lovingly stroked.

—Please see **PAGE 8**



Photos by JON
Above, car show display including vintage helmets and the movie poster from the wildly successful Disney movie. At right, Ethan driving Herbie to the interview.

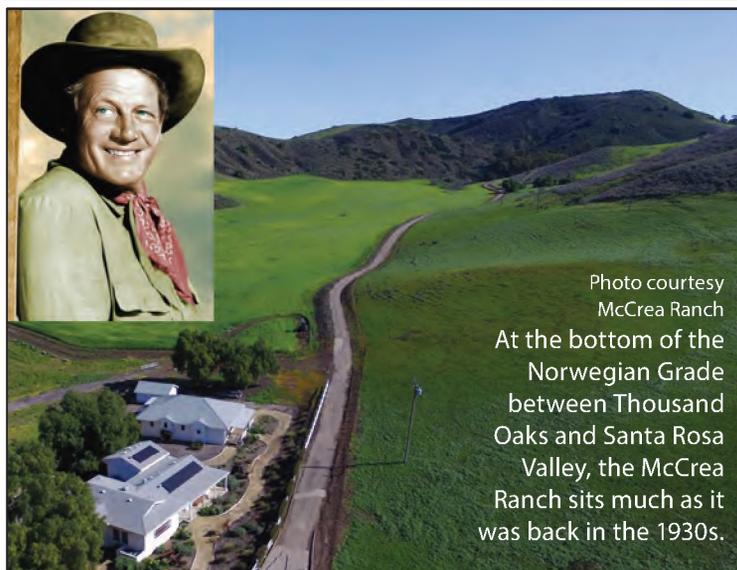


Photo courtesy
McCrea Ranch

At the bottom of the Norwegian Grade between Thousand Oaks and Santa Rosa Valley, the McCrea Ranch sits much as it was back in the 1930s.

HISTORIC REFLECTION

By Max Copenhagen

The McCrea Ranch

There is a white fence and a stock loading ramp in the upper Santa Rosa Valley, a little piece of the old west where the actor Joel McCrea and his wife Frances Dee lived.

Joel grew up in Hollywood near Nichols Canyon. He loved the outdoors and worked for some of the local farmers. By the time he was in his teens, he

had his own horse and was working as a stunt double and holding horses for Hollywood cowboy stars William Hart and Tom Mix. Joel was tall, 6 foot 3 inches, a good horseman and was considered one of the finest riders in Western movies of the day. He was in two movies with Will Rogers and worked for many of the top

—Please see **PAGE 12**

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June 2022 Edition Deadlines

Club News, articles, letters and classified ads: Friday, May 13. May issue will be available Friday, June 3. Send news, articles & letters to insidveditor@gmail.com.

Inside Leisure Village is written and edited by and for Leisure Village residents exclusively. It is independent of the L.V. Association and its Board of Directors. ILV's content is also independent of the Acorn Newspaper. The Acorn Newspaper is not responsible for the content of ILV and does not set or monitor its classified advertising or editorial policies. In addition, the purpose of ILV is to report and publicize LV events and activities. To access Inside Leisure Village online, go to: Google.com, enter Inside Leisure Village. When choices come up, click on "repository.library.csuci.edu/handle/10139/646."

06LV23S

VILLAGE ENTERTAINMENT

The Abbreviated Musical Saga

On April 21, 2022, an abbreviated Players Guild cast delivered an abbreviated version of the show: *Carnival!* Based on the 1953 film *Lily*, this musical tells the story of a naïve and joyful French woman (Lily) who is infatuated with a troubled puppeteer (Paul) and the “carnie” side folks with whom she comes in contact.

Director Richard Weiss says, “When researching plays to produce in Leisure Village with a cast made up of mostly villagers, I look at plays that have vivid scenery, a large number of characters, and those that are not necessarily age specific.” The show opened with the puppeteer’s assistant, Jaquot (Rosanna Bellini-Strickland,) Lily (Dorene Blair) and ensemble performing a sweet “Beautiful Candy.” As the carnival magic



Photos by JON
Above, Players Guild Producer Joyce Belcher and Director Richard Weiss preparing for *Carnival!* At right, Dorene Blair portraying the role of Lily.



man Marco the Magnificent, newcomer Marshall Smith (in his third performance since moving to Leisure Village) sang a rousing “A Sword, A Rose and A Cape,”

ably aided by ensemble members Rosanna Bellini-Strickland and Nalani Carson.

Lily and the ensemble performed a melodic “Yes, My Heart.” Other highlights included “Humming” in which carnival manager Schlegel (Irv Feiles) listens and attempts to quietly comfort his good friend, the magician’s assistant and longtime love, Rosalie (Linda O’Neill) when she sings about the tell-tale signs that Marco is cheating.

In the end, Marco and Rosalie find their way back to each other, singing “Always, Always You,” and there is peace between them; well, at least, until the next time. Rosalie and Marco are secondary characters to Lily and Paul. Marshall Smith sang “Her Face.” The ensemble cast was made up of Players Guild veterans: Fil Barton, Rosanna



Photo by JON

Clockwise, from left: puppet characters that come to life - Nancy Hullihan as Carrot Top (sitting on floor,) roustabouts Barbara Mathis and Susan Amerikaner, Rosanna Brown as the Fox (seated on platform,) Judy Hope as Marguerite and Lynn Kremer as the Walrus.

Brown, Gina Connor, Judy Hope, Nancy Hullihan, Lynn Kremer, Macey Zarit and newcomers Susan Amerikaner and Barbara Mathis.

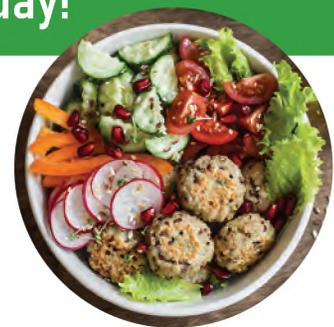
In February of 2022, the decision had been made to cut the full version of *Carnival* and present an abbreviated “highlights” show.

—Please See **PAGE 4**

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05LV17S

VILLAGE ENTERTAINMENT

Players Guild

From PAGE 3 —

As luck would have it, some of the wonderful set pieces completed by our Players' Guild crew for the original, un-abbreviated show were still available, notably the artfully bejeweled elephant and the partially-pink puppet theatre. Helen and Charlie Hartman are credited for their backstage work along with Players Guild set design directors Judy and Chuck Kiskaden.

In June of 2022, Players Guild is excited to finally stage the musical presentation "Broadway Melodies" with guest pianist Ellen Kaminer-Gigger. Mrs. Kaminer-Gigger was the choral director at San Fernando High School for 25 years. She and her late husband, marching band and music teacher, Richard Gigger have been honored by the City of San Fernando for lifetime achievement in teaching and community development and named a local intersection after them. "Mrs. G"

as the students called her, holds degrees in conducting and vocal pedagogy from Westminster Choir College in Princeton. Her resume is too long to recount in this space.

Open Mic and 2 Movies in May

If you missed last month's Open "Mic" Night, you missed a fantastic show! We had a large audience that enjoyed an evening of performances by talented Leisure Village residents. Be sure to come to the next Open "Mic" Night on Friday, May 6 at 7:00 pm in the AR. We would be happy to hear from you if you are interested in performing at Open "Mic" Night and have a talent such as singing, playing a musical instrument, dancing or have comedic talent. Please contact Dick Guttman 805-484-5806.

The movie to be shown on May 16 at 7:00 pm in the AR is *Smokey and the Bandit*. This hilarious comedy stars Burt Reynolds,

Sally Field, Jackie Gleason and Jerry Reed. The film follows Bo "Bandit" Darville (Reynolds) and Cledus "Snowman" Snow (Reed), two bootleggers attempting to illegally transport 400 cases of beer across state lines. While the Snowman drives the truck carrying the beer, the Bandit drives a Pontiac Trans Am to distract law enforcement to keep the attention off the Snowman. During their run, they are pursued by Texas county sheriff Buford T. Justice

(Gleason). The movie is rated PG and is 90 minutes long.

The Groovin' Easy Swing Band rehearses on Tuesday evenings between 7:00 pm and 9:00 pm in the AR. For many years the Groovin' Easy Swing Band has provided musical entertainment to the Village. The rehearsals are open to all the Villagers. Come and listen to the easy listening music performed by this 17-piece swing band. If you have any questions, please call Marci Lapair, 818-399-0843.

AROUND THE VILLAGE

Woodshop: The Woodshop is actively seeking volunteers who enjoy working with wood. They are actively seeking Villagers who would like to help with projects that residents bring to the shop including repairs to resident furnishings. Volunteers would be active in these projects and helping our neighbors. If you are interested please contact Pirate at: Bruce5150@gmail.com or Bud at: Hipbud2@gmail.com.

Newcomers: New residents are invited to Session I of the Newcomers Orientation on Saturday, June 4th from 10 am – noon in the Assembly Room. This orientation provides detailed information about easing into Village life including communication sources, safety and assistance, committees, clubs, activities and more.

Contact Patti Schultz to RSVP or for Questions: pattischultz0732@gmail.com or 805-558-0732.

AROUND THE TOWN

The Murphy Auto Museum in Oxnard is a great day trip and a way to see and get close to a collection of some amazing classic cars, vintage trailers and even an HO train layout. Coming attractions include the 8th annual Vintage Trailer Show at the Oxnard Performing Arts Center on Saturday June 25 from 10am to 4pm, \$15 admission.

"The Murphy" is currently seek-

ing volunteers to docent and share this amazing Ventura County treasure trove. Some Villagers who are currently volunteering at the museum include: Mike Sternfeld, Wayne King and Ron Ruenstein. Another Villager, Ernie Chavis is currently serving as Director at the museum. If you would like to get involved please contact Ernie at 818-807-4496. Visit their website: murphyautomuseum.org.



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THE HEALTHY VILLAGER By Jeannie Davis, PT, MPH

Sitting Ergonomics for the Computer

Whether we are retired, semi retired or still working, we can arrange our computer workstation with ergonomics in mind to protect our spine and joints. Computer ergonomics refers to the optimization of the workstation, placement of the computer, screen, mouse, and type of chair to benefit the health of the user. It is a science that is applied to technology in everything from the shape of a mouse to the order of keys in a keyboard.

How to set up your computer at home:

The top edge of the computer screen should be directly in line with your eyesight. If you use dual monitors, put the most used one directly in front of you.

Aging eyes need more light than younger eyes, so be strategic in the placement of your lighting; keep your monitor away from the window, use indirect lighting and non-glare bulbs.

With your chair at your workstation, you should be able to maintain 90-degree angles at hips and knees. If your desk is too high, add an ergonomic step stool under your desk to rest your feet.

Sit with your back fully against the back of the chair with lumbar support.

Adjust the seat height so your feet are flat on the ground.

Move the armrests so that your elbows form a 90-degree angle at your desk.

Move your position every 30



Proper Sitting Posture/Distances

minutes – set an alarm if needed.

If you spend many hours on a computer, you can also use a stand-up desk, alternating between sitting and standing (on a good cushioned mat).

Invest in a keyboard tray, which puts the keyboard at a better angle. When typing, elbows should be at a 90-degree angle; wrist in neutral and mouse close to the body.

If you follow the above guidelines, you will be working in better alignment. Remember to keep items you use frequently within reach, get up often to stretch and walk around. If you talk on the telephone while you are typing on the computer, use a headset or speaker for the phone, and avoid holding the phone in your hands at your ear for prolonged periods of time.

Editor's Note: Jeannie Davis is an LV resident and medical professional. The information contained in this column is provided for educational purposes only. ILV readers assume full responsibility for the use of this information.

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Monterey	Village 15	\$500,000
Newport	Village 4	\$465,000
Valencia	Village 32	\$760,000

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Erik Nasarenko

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Erik has worked hard to make our neighborhoods safer, first as a Senior Sex and Violent Crimes Prosecutor in Ventura County and now as our District Attorney:

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- Secured more funding for crime victims and domestic violence cases
- Charged theft and home burglary crews with felonies
- Cracked down on drug dealers who sell fentanyl

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- Former Ventura County Supervisor Kathy Long
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05LV19S

A WORD ON WINE By Barbara Senior

Ridge Vineyards – Exceptional Single Vineyard Wines

Almost since its inception in 1959, Ridge Vineyards has been considered one of the dozen or so most important small wineries in California. It was founded by three scientists from the Stanford Research Institute. From the beginning, single vineyard wines were the focus. Their mantra is to follow traditional practices going back over 100 years, before wine making became “modernized.” For their grapes, Ridge seeks out old vine partnerships with long time growers and their estate vineyards have always been organically farmed.

The Ridge philosophy puts the grapes in the driver’s seat, letting wine making happen naturally without commercial additives. Using native yeasts that live in the vineyard, the developing wine is manipulated as little as possible.

Each bottle carries the name of the vineyard where the grapes are grown, as well as listing all ingredients and processes used to produce it. Ridge wines are known for their aging potential, and over the years, the winery built a reputation for dependable, robust wines.

The first estate vineyard was Ridge Montebello where Bordeaux varietals are farmed and vinted on a ridge (Get it?) eight miles west of downtown Cupertino. The 1971 Ridge Montebello Cabernet Sauvignon is one of the wines that bested top French wines at the Judgement of Paris in 1976.

Another estate vineyard is Lytton Springs just north of Healdsburg, where 100 year old Zinfandel vines produce wines that drink well now and have the

—Please see **PAGE 11**



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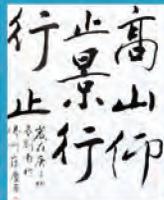
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June 25, 3 p.m.

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Herbie

From PAGE 1 —

Ethan moved to Leisure Village with his parents in 2021. He smiles warmly, “We take care of each other.” He and Herbie travel the car show circuit making appearances. Events like the Hollywood Christmas Parade and other outdoor venues draw smiles and nostalgia from almost everyone who encounters them. A photo with Ethan, Herbie and Jay Leno are on his business card along with the motto: “All Roads Lead To Route 53.” Wave to Herbie and Ethan if you see them driving around the Village. Understand that the inspiration that led to this classic friendship was a story that a kid took to heart and carried through to adulthood. I asked Ethan “Why Herbie?” He glows, “Because Herbie gives Love, Hope and Joy.”



Photos by JON Top, the Herbie’s racing number and Ethan’s icon. Bottom, Ethan sharing his story.

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Here’s what some of our clients had to say:

“John Baker is knowledgeable, detailed and a good communicator. He was very helpful through the entire process.” **Douglas W.**

“Have already referred John to a friend who is actively looking with him.” **Sue E.**

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“Very satisfied with Shawn and John. Already referred them to a friend Don R.” **Don & Caryle R.**



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Meet Two County Candidates

Joining the LV community for a Meet & Greet are two candidates for Ventura County Sheriff. On May 31 from 12-3pm, Ventura County Sheriff Bill Ayub and Commander Jim Fryhoff will be in the LV Assembly Room. Sponsored by the LV Women's Club, the 2 candidates will be holding a Q&A type presentation. Be

prepared to ask them some questions. All residents are welcome!

Try to take advantage of some of the presentations being held throughout May in Leisure Village before sending in your Early Voting Ballot, as you are provided with information to help you make an informed decision.

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05/15/22



A PINCH OF SALT

By Larry Swartz

Wise Words

When I was just a wee lad, as they say, my father used to joke with me a lot. I think I got my sense of humor from him. Anyway, he used to sing me this song which I'm sure many of you heard... "The Navy's got the gravy but the Army's got the beans."

Now I clearly remember my mother's old fashioned high fat, high salt cream gravy which we had on mashed potatoes and chicken fried steak!!!! In my family, the bean of choice was Ranch Style Chili Beans which I didn't love. So when my dad would sing me that song, I would always say "I wanna be in the Navy" and he would say you could be in the "Narmy" and eat beans with gravy.

Later I had this idea to open a restaurant called "Gravies" where every dish had gravy on it...so

when my friends Liz & Steve told me about this bean dish, I was pretty excited because I'm trying to eat at least one plant based meal a week, and it sounded kind of like beans with gravy. I like it spicy so I added a few seasonings to her recipe (with her approval). Believe it or not, you can make it vegan and it tastes really great.

Ingredients (for 2)

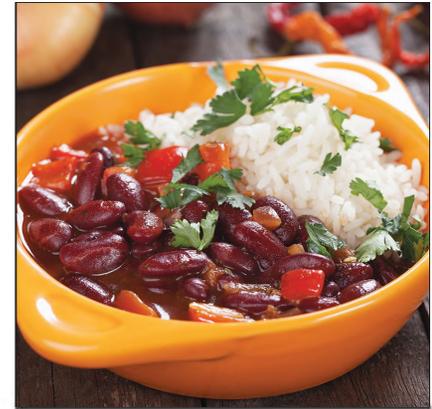
- 2 cups cooked rice
- 1/2 yellow onion
- 2 stalks celery
- 1/3 green pepper
- 2 cloves garlic
- 1 tbs olive oil
- 1/2 14-ounce can diced tomatoes
- 1 can pinto or red kidney beans
- 1/2 cup vegetable broth
- 1/4 tsp cayenne pepper
- 1/2 tsp paprika

- 1/2 tsp dried oregano
- 1 bay leaf
- kosher salt/black pepper
- 1/8 cup chopped parsley or scallion tops to garnish
- Louisiana Hot sauce, to garnish

Instructions

Dice the onion, celery and pepper. Mince the garlic. In a large saucepan, warm the olive oil over medium heat. Sauté the onion, celery and pepper until softened. Add the minced garlic and cook for about 2 minutes more; watch the pan to avoid burning the garlic.

Meanwhile, drain and rinse the beans. When the vegetables are ready, add the beans, diced tomatoes with their liquid, and vegetable broth. Stir in the cayenne pepper, paprika, oregano, bay leaf, kosher salt and a few



grinds of pepper. Simmer over low heat for 20 minutes, until the sauce thickens.

Meanwhile, roughly chop the parsley leaves. When simmering is complete, remove the bay leaf. There are various ways to serve it – rice in the bowl, beans on top; beans in the bowl, rice on top; side by side; or rice in the bowl and beans surrounding. Garnish with chopped parsley or green scallion tops and hot sauce. Hmmm - some corn bread wouldn't be a bad idea either.

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Michelle served as Port Hueneme City Clerk, Oxnard City Clerk and now Assistant County Clerk-Recorder (second-in-command)

Paid for by Michelle Ascencion for Ventura County Clerk & Recorder 2022 ID# 1446203

05LV04C



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One of the ancestral vines from the Ridge Vineyards.

Word on Wine

From **PAGE 6** —

potential to continue to develop in the bottle for another decade.

Early on, Ridge maintained long term production contracts with proven vineyards, making a distinct wine from each site. For example, to produce Zinfandel from Paso Robles, Ridge has a fifty year relationship with the Benito Dusi vineyard in Paso Robles, planted in 1922. Similarly, Carignane is produced from a 100-year-old Gonsalves vineyard in the rich

sandy loam of the Sacramento Delta. The Ridge web store offers 27 wines that span the spectrum of California varietals, each grown in an ideal terroir and produced in the Ridge “low-tech” manner.

Tasting by appointment is available at both the Lytton Springs and Montebello estate wineries. Rarely found at markets, it’s more typical to find Ridge wines on the wine list of upscale restaurants, particularly steak houses. You can find a few Ridge wines at Total Wine and wine.com or all their wines at www.ridgewine.com.

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McCrea Ranch

From PAGE 1 —

directors in Hollywood, including Cecil B. DeMille and Alfred Hitchcock.

Frances and Joel met when they co-starred in “The Silver Cord.” Joel wanted some land and looked widely at ranches for sale in Southern California. He finally found 1000 acres located, in Joel’s words, “among the gentle, open land and those grand and beautiful oaks” of the Santa Rosa and Conejo Valleys. The land was once part of Rancho Simi. He built a house, married Frances and they moved to the ranch in 1933. He brought in electricity when he built the house - there was none prior to that.

Frances was a city girl from Chicago who was not familiar with rural life when she and Joel began living on the ranch. Groceries were delivered from the Oakdale Market in Thousand Oaks and they also shopped in Camarillo and Moorpark. They had a small dairy and enjoyed giving butter to friends who



Photo courtesy McCrea Ranch
Joel and Frances McCrea on a fence at the ranch in upper Santa Rosa Valley.

visited. They had three sons and were happily married for 57 years.

Over time Joel acquired more land, doubling the size of the ranch to nearly 2300 acres including the northern third of what is now Thousand Oaks. It was a working ranch and he loved the lifestyle of being a rancher. At one point he ran 150 head of cattle, primarily Herefords, and the ranch produced 150,000 pounds of beef a year. They grew oats and other grains for the horses and sold the excess to the mill in Moorpark. A local newspaper reporter observed that “On his ranch, Joel McCrea raises beef, barley and boys!”

Despite his busy movie career, Joel was able to do much of the work

himself with the help of a foreman, his sons and occasional hired hands. It was not a hobby ranch. Joel expected it to be profitable. He was noted for being a hard worker and was very active in managing the ranch and working with the livestock.

The McCrea’s did not perform locally, as they wanted their life on the ranch to be separate from their acting careers. But they loved the area and were active members of the local community. Frances volunteered with the Red Cross and directed student plays at the nearby Santa Rosa School which their children attended. Joel and Adolfo Camarillo were friends and often went on horseback rides together, including the annual Los Rancheros Visitadores. The McCreas raised a fine family in the upper Santa Rosa Valley. Wyatt McCrea says, “My grandfather was a larger than life figure and played a big part in my life. He was a great actor, storyteller and a fine cowboy. He was a role model and someone I will always look up to.”

As the area developed and prop-

erty taxes increased, it became more difficult to continue ranching as a business. In the late 1950s, they began selling off parcels to developers and giving land to non-profit organizations, like the Boys & Girls Club and YMCA. When Janss was building homes in Thousand Oaks, they decided to take a good offer, keeping only 280 acres around the house. They continued to live there until Joel died in 1990 and Frances in 2004. The McCrea family donated the ranch and family home to the Conejo Recreation and Park District in 1995 to preserve their memory as well as the local ranching and farming history. The ranch and all the buildings are on the National Register of Historic Places.

A Visitor Center was built in 2011 and is now the setting for a variety of public programs, including monthly movie screenings. See www.crpdc.org for a list of special events. You can read more about the ranch at McCreaRanchFoundation.org. To volunteer, contact Leisure Village resident Betsy Metzgar at betsy@TritonFilms.com.

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04LV061

CLUB NEWS



VILLAGE ARTS

By Patti Crichton

Our April Art Show at the Camarillo Art Center was awesome! Thank you to all who participated, volunteered and visited. Special congratulations to these members who received award ribbons:

- Best in Show - Beverly Goring
- 1st Place - Francy Walsh
- 2nd Place - Deb Bozajian
- 3rd Place - Jack Bozajian
- Honorable Mentions to Gloria Bradley and Melanie Ehrlich.

Martha Harris had a lovely display of her artwork in the LV Library for the month of April. Beverly Goring will be showcased for the month of May in the LV Library.

May 1st kicked off with the LV Spring Craft Fair organized by The Stoners. Many creative artists from various LV clubs shared their crafts.

The Village Arts May 4th meeting welcomed Peter Tyas from the Channel Islands Art Studio in Old town Camarillo. He informed us of various events and classes offered at their studio.

Phyllis Doyon is offering an acrylic workshop on May 31st,



Photos by PATTI CRICHTON

Upper left, Jack Bozajian scores third place for his colorful 'Flower Market.' Above, Francy Walsh receives first place for her expressive pastel 'Briar Rose.'

1-4pm, in the Lanai Room here, \$25. Class size is limited, so if you are interested, please contact Patti Crichton by email: pcrichon77@hotmail.com or text 805-760-7673.

MAVERICKS CLUB

By Vera Erskine

MAY Bash – "Dine & Dance". It is scheduled for Friday, May 27, from 6:00 – 9:30pm. Doors open at 6:00pm; meal served at 6:30. Catered food by Presto Pasta. Coffee, water, beer, wine will be available. BYOB is acceptable. Music by D.J. An "E-Blast" will be sent early May with menu, ticket prices and when they go on sale.

Reminder: Membership dues are \$5.00 per person. Contact Geri DeSimone at 805-484-7308 for membership.

Paid Advertisement

REAL ESTATE TOOLBOX By Tricia Garcia

7 Things You Must Know Before Putting Your Leisure Village Home Up for Sale

Leisure Village - A new report has just been released which reveals 7 costly mistakes that most homeowners make when selling their home, and a 9 Step System that can help you sell your home fast and for the most amount of money.

This industry report shows clearly how the traditional ways of selling homes have become increasingly less and less effective in today's market. The fact of the matter is that fully three quarters of home sellers don't get what they want for their homes and become disillusioned and - worse - financially disadvantaged when they put their homes on the market.

As this report uncovers, most home sellers make 7 deadly

mistakes that cost them literally thousands of dollars. The good news is that each and every one of these mistakes is entirely preventable. In answer to this issue, industry insiders have prepared a free special report entitled "The 9 Step System to Get Your Home Sold Fast and For Top Dollar".

To order a FREE Special Report, visit LeisureVillageLife.com/CostlyMistakes or to hear a brief recorded message about how to order your FREE copy of this report call toll-free 855-340-7832 and enter **1000**. You can call any time, 24 hours a day, 7 days a week.

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BEST RATES

04LV03S

CLUB NEWS

RACQUET CLUB

By Arnie Kremer and Roger Florio

The Leisure Village Racquet Club has been pleased to welcome an influx of new players recently, particularly on the pickleball and paddle tennis courts. There was only one problem: While many of our members play paddle tennis during “open play” hours in the mornings, most of the new players were playing “round robin” in the afternoons. What to do?

Enter Gary Carrol, who followed up on a bright idea by new member Irwin Rudy to organize a “challenge” tournament between the morning “Clockers” and the afternoon “Robins.” And so, on March 26, amid a table full of (mostly unhealthy) snacks, the Clockers edged out the Robins, after which older and newer members mixed it up and played together, with the upshot that

many of the morning players now join the afternoon round robins.

Two additional tournaments were scheduled in late April, so look for the results in the June issue of Inside Leisure Village.

Finally, if you’re interested in signing up for lessons or playing, check the Bulletin board by the Courts for lessons and open play times, or better yet, stop by the Courts on Friday, May 20 when we host the first of our 2022 pot-luck gatherings.

LV BOWLING

By Gene Kinsey

Great news! Summer bowling is coming! The mask requirement for bowling has been lifted. Of course anyone who wishes to can still wear a mask. The season runs on Friday mornings at 9 am from June 3 to September 2, 2022, at Harley’s Camarillo Bowl. This is a handicapped league so everyone is

equal. It takes 9 games to establish your average if you don’t already have one. Sign up by June 13 with Bobi Shmerling at 805-389-1975.

Top bowlers for March include: Peggy Rebsch 251, Linda Neth 227, Clancy Martel 225 and Helen Hartman 232 for the women. For the men: Greg Canon 249, Dick Fisher 237, Dennis Potter 248 and Gene Kinsey 234. If you want to have some fun, come and join us. Subs are welcome if you cannot bowl every Friday.

BILLIARDS CLUB

By Vera Erskine

We had a great turnout for the 8-Ball tournament in April. Five of the participants are new to the Village and spectators filled the room every night of competition. The winners were: Super A’s—Gerry Sarno, Gary Bunch, Paul Kirkwood; A1’s—Joe Ellis, Fumi Nagaoka, Ruth Stubba; A2’s—Vera Erskine, Jon Hall, Marilyn Chavin; 1st, 2nd & 3rd place respectively.

LCR (Left-Right-Center): The attendance is growing. Held in

the Lanai Room every Thursday evening from 6-7:30pm. The Club supplies wine, beer, coke and water. Bring snacks to share if you like; not required.

REMINDER: Must be a Club member to participate in tournaments and other Club activities. 2022 dues are \$7.00. Contact Kathy Wirtz 805-384-8508.

Picnic-in-the-Park: Mark your calendars for our annual picnic, which is Saturday, June 25. More details to come in the June issue.

TAI CHI

By Chuck Morrow

The Spring Class of Tai Chi for Improved Strength and Balance is wrapping up in two weeks. The eight Tai Chi forms learned are specifically modified for Seniors. Beginning and returning students have been enjoying practicing the forms to both traditional and popular music.

Watch this space for news about the next class. Interested? Contact Chuck Morrow at cmorrow@hotmail.com to get on the email list.

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05LV06S

CLUB NEWS

LV WOMEN'S CLUB

By Barbara Cogert

The Leisure Village Women's Club has hit the ground running after COVID and has wonderful programs scheduled for the months ahead. In May, we will be entertained by the Channel Islands Harmony Chorus, a local group who have provided great music for venues all over the county. Doors open for the meeting and boutique at 1pm, Thursday May 12th in the AR. Admission is free for members, \$10 for guests—which is actually the price of membership. (Why not join for the year???)

Mark your calendars for our evening bingo party in June, our fundraising Cavalcade of Stars program in September (can you lip-sync for our show?), our Fashion Show in October with Veterans Day and holiday events at year's end.

Don't forget your pocket change for our FoodShare 'Change for Change' program and toiletries (new and/or travel sizes) for the women's shelter. See you there!

EXERCISE/STRETCH CLASS

By Donna Khacherian

Want a great way to start your day? Get your body moving from head to toe with a fun and friendly group of like-minded Villagers, join us in the Pavilion (by the pool) at our outside morning Exercise/Stretch Class. Monday through Friday with a 30 minute Class at 8:30am or 9:00am rain or shine.

The Exercises are easy but beneficial to help keep us well balanced, our joints moving and our bodies strong. All you morning walkers, this is a great warmup for your muscles before starting your walk. We also have several people currently joining our class that are rehabbing from knee & hip replacement surgeries.

We are sponsoring a morning coffee social in the MPR (Multi-Purpose Room) on Friday, May

20th 9:30am. All new and existing members are welcome. For more information and questions contact: Donna Khacherian 818-404-5538.

WORKSHOP FOR WRITERS

By Mark Sconce

Dedicated writers gather on Pat's Patio bi-monthly, all of them com-

mitted to the idea that good writing is and was a goal worth attaining whether cuneiform on clay, hieroglyphs on papyrus, quill on paper or fingers on keyboard. Good writing illuminates the subject, the dialogue, the memo, and the speech, e.g., the Gettysburg Address.

Workshop For Writers provides a forum wherein writers share their fiction, non-fiction, memoirs, biographies, and poetry. Open discussion follows each presentation. Critique and friendly

—Please see PAGE 16

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CLUB NEWS

Workshop for Writers

From PAGE 15 —

feedback are the means we use to improve our scribblings. Join us if you're serious about improving yours. Call Mark Sconce for further information at 805-586-4485.

NEEDLE WORKS

By Marie Bowler

Remember the quilting bees of yesteryear? Needle Works is similar to that. But instead of everyone working on the same project, we work on our own individual projects. We are a group of women who love to socialize, knit, crochet and do needlepoint. We meet in the Garden Room on the 1st, 3rd and 5th Friday and on the 2nd and 4th in the Lanai Room always from 9:30-11:30 am.

If you're looking to meet other people with the same interests or just need help with a pattern, call

Nancy Baumgarten at 805-377-2805. We invite men to join.

GRAPES R US WINE CLUB

By Barbara Senior

Grapes R Us holds monthly tasting sessions to discover wines from different varietals and to explore regions. Jon Niemann, a wine professional, leads each session.

The April session featured wines from the Mendoza region of Argentina – Torrontes (a Chenin Blanc style wine), Chardonnay, two Malbecs and a Cabernet Sauvignon.

Tasting sessions are on the 3rd Friday of the month at 7pm in the A/R. All LV residents are welcome, and reservations are greatly appreciated. Each session is \$15 per person. Bring two glasses and water. Join us, learn a little and enjoy some wine. Drop a line to Barbara at grapesruslvwineclub@gmail.com or call her at 805-303-1518.

SAVE OUR SIGHT & HEARING

By Gina and Terry Connor

Join us the 1st and 3rd Thursday of each month at 1pm in the Sun Room. Examples of our discussion topics include key basics on eye nutrition and eye protection to resist Age Related Eye Diseases, and Hearing Health basics including FDA approved over the counter high value low-cost hearing aids.

Residents and their caregivers are welcome. For more info contact Terry Connor 805-482-7806.

AMATEUR RADIO CLUB

By Jonathan Fox

The Amateur Radio Club promotes a fun hobby that is enjoying a renaissance today as more people discover the ability to make new contacts with fellow hams in both local and distant lands. The club has earned several awards – Worked All States, Worked All

Continents, and the highly coveted DXCC, which signifies contacts with over 100 countries or entities. Our current total is 143.

Others join our club as a way to help with service to the community by working with state, county and local agencies to provide communication in times of need. Several members are part of the Auxiliary Communications Service of Ventura County. We are directed by the Office of Emergency Services located in the VC Sheriff's department headquarters in Ventura and have been vetted and trained as disaster workers with special communication skills.

If you are curious about becoming a member of the club, please join us at one of our meetings. You do not have to be a licensed amateur radio operator to join. Meetings are held the second Wednesday of odd numbered months in the MPR room of the Recreation Center at 2pm. For more information contact Jonathan Fox at 805-377-3697 or KT6LA@yahoo.com.



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CLUB NEWS

BINGO!

By Bobi Shmerling

Let's play Bingo. Join us for an evening with friends and a chance to win cash prizes. Bingo is held on Wednesday evenings at the Recreation Center in the Assembly Room? Minimum buy-in is \$13 for 18 games with payouts ranging from \$40 to \$300. Doors open at 4:45 pm and close at 5:45 pm. Play begins at 6:00 and ends shortly after 9:00 pm. Contact: John Herrera 805-419-4195, johnchoys@twc.com.

MEN'S GOLF

By Tim Palmer

April has been a good month for Men's Golf. Maybe Mike Udem (our golf course superintendent) enlarged the holes when he reinstalled the ball lifters, because we continue to have a number of aces and hole-out shots. Dave Bengtson

aced number 14 on March 19 and Barry Doyle recorded a hole-in-one on number 17 on April 12. Additionally, on the 12th, Mike Lake chipped-in from the bunker on number one. Well done, gentlemen!

The April Regulation Golf Tournament was held at Soule Park in Ojai on April 7. Some excellent golf was recorded under pretty warm conditions; as the tournament closed out.

The yearly Tee Timer Tournament on April 26, which combined the Men's Golf Association and the Women's Golf association, had about 80 participants playing in a scramble format. Following the event, Dave Bengtson cooked up some delicious tri-tip and chicken for the tired players.

The Men's May Regulation Golf Tournament is being played at the River Ridge Vineyard course, which has an enjoyable layout that offers a host of scoring opportunities. There are plenty of our players ready for the challenge!

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CLUB NEWS

SHOWTYME

By Jennifer Stein

Showtyme presents "A Little Bit Country 2." Back by popular demand, it's Carmine. If you missed his 1st performance at Showtyme, this is your chance to see and hear what everyone is talking about. Even if country isn't your favorite, you will enjoy the love songs of legends as only Carmine will sing them.

It's going to be a Wild West Event featuring live music with classic country love songs from Kenny Rogers, Randy Travis, Hank Williams Jr., Glen Campbell, Tim McGraw & Garth Brooks to name a few. Get creative, dress in a country theme and put on your boots and mosey on over Friday, May 13th. Doors open at 6:45pm, show starts at 7:30pm.

Showtyme annual membership will be available in the lobby at 6pm, \$15.00 per person. Non member \$5.00 donation. If you love country or are curious, you don't want to miss Carmine's 2nd command performance at Leisure Village. Show up with your boots on! What Time is It...Its Showtyme! Any questions please contact Jennifer @ 805-383-1518.

are specifically geared for seniors to improve balance and to increase bone density. Free 1-hour sessions are on Monday and Wednesday at 8:15 and 9:30am, and on Tuesday and Thursday at 6:00pm. These are not drop-in classes; registration is required. For 8:15 class, call Mamata 805-558-9360, for the 9:30 class, call Alice 805-437-6169, for the 6:00 class, call MaryAnn 805-390-1909.

SATURDAY NIGHT DANCE PARTY

By Michelle Hoffman

Here we are in springtime. The flowers and trees are blooming and it's beautiful in Leisure Village. We hope all new residents will give us a try and join the fun at our Saturday Night Dance Party.

May 14 - Eric Ekstrand Trio, dance lesson will be the waltz.

May 28 - Eric Ekstrand Trio, dance lesson will be Cowboy Cha Cha.

The \$10.00 admission per person includes the dance lesson at 6:30 to 7:15 pm and the dance from 7:30 to 10:00 pm. It's a wonderful way to socialize with great music.

WRITERS CLUB

By Harvey Brosler

Write-Present-Participate-Enjoy-Learn. A main purpose of the Club is to share our opinions on different topics with other members. We do not critique your —Please see **PAGE 20**

BONE BUILDERS

By Alice Moffet

RSVP (Retired Senior Volunteer Program) sponsored Bone Building classes are held 6 times per week in the Santa Rosa room. Exercises

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In Hosting a Community Meet & Greet for the:

The Hon. Jeff Gorell
Candidate for County Supervisor, 2nd District

(Non-Partisan Office)

Please Note: 2nd District includes Leisure Village



DATE/TIME: Tuesday, May 10
5:00 PM to 6:30 PM

LOCATION: Garden Room at the Leisure Village
Community Center
**Hors d'oeuvres and Refreshments
will be provided**

RSVP: Shane at shane@jeffgorell.org
or call 805-504-5292
*Max capacity constraints, so be sure to
RSVP as soon as possible!*

Paid for by Jeff Gorell for VC Supervisor 2022

DELV18S

CLUB NEWS

Writers Club

From PAGE 18 —

words. The primary interest is in the substance of your presentation.

Writers Club meetings are held every other Monday at 1 pm in the Multi-Purpose Room. Stories of the month are displayed at the entrance to the LV library. You may write on the Suggested Topic for the day or any other topic, fiction or nonfiction. Please mark your calendars. For a copy of upcoming Suggested Topics through June, the Guidelines, or any other information contact: Harvey S. Brosler hsbros@roadrunner.com, 805-465-0006.

YE OLE WOODCHIPPERS

By Bud Bradley

March's numbers held steady with 15 repair jobs for villagers, and 2 quick fixes. The Woodshop is

open 7 days a week for keyholders.

If you wish to become a keyholder, you can contact Pirate or Bud on Wednesdays or Thursdays at the shop to make an appointment to be checked out. You can also reach us by email at the addresses below.



Photo by BUD BRADLEY

One of the various projects being worked on.

The Woodshop is open from 10am until noon, every Wednesday and Thursday, to accept your repair requests. There is no charge for these services unless special materials are needed to complete the repair. We gratefully accept donations to help keep supplies and equipment up to date. During those hours, the Woodshop will be

operated by Woodshop Committee members only. Keyholders are asked to not work on their own projects during these hours.

For any other woodshop information, you can email Pirate at Bruc5150@gmail.com or Bud Bradley at Hipbud2@gmail.com

LV PHOTO CLUB

By Chuck Morrow

The Photo Cub wishes to thank our judge for the April hybrid Zoom meeting, Greg Cooper. He is an assistant professor of photojournalism in the School of Communication and Journalism at Eastern Illinois University. Greg has a range of skills, including web design, iPhone photography, videography and photojournalism.

The Assigned Category theme for April was "People at Work," and the entries were a cross-section of various jobs we have all seen daily. The winners were:

Assigned Category – Don Treadwell – "Firefighters in Action"
Open Category – Bob Pinchak –

"From the Getty Museum"
Mobile Category – Chuck Herrera – "Paradise Rediscovered"

The Lightroom training scheduled for April was canceled due to a scheduling conflict but May's Portrait training is on schedule for May 19th. Led by Ron Matson, this will not be your typical photography. Everyone is encouraged to bring their portrait photography equipment and "share as we shoot each other and anyone who might show up."

The Assigned Category theme for May is "Still Life." For further information regarding the Photo Club please contact Gregg Gillmar at gsgillmar@outlook.com.

MUSIC AND MOTION

By Margie Monroe

This class is suitable for seniors of our community. We create various choreographies that are safe, fun, and keep our bodies moving while listening and responding to the various kinds of music. We enjoy a warm-up and a cool down

—Please see PAGE 21



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09LV01S

CLUB NEWS

Music & Motion

From PAGE 20 —

each one hour session.

Meetings are on Fridays, 9am to 10am in the AR. There is an \$8:00 per class fee. We hope that you will join us on the dance floor. NO charge for a first visit. For info call Margie at 805-437-6100 or e-mail margiegrm@aol.com.

WOMEN'S GOLF

By Patti Crichton

Ladies, mark your calendars for the Club Championship, coming up on May 18th and 25th. This is a LOW GROSS tournament played over two weeks. Sign up with Kerry Williams, \$5. If you do not want to play in the tournament, you are welcome to golf after the groups tee off.

Remember that our Wednesday morning start time has moved up to 8am. Please arrive at least 15 minutes early to sign in, pay \$2, and

meet with your group.

Our May 11th meeting is in the Garden Room at 2pm. Snacks and chats start at 1:30.

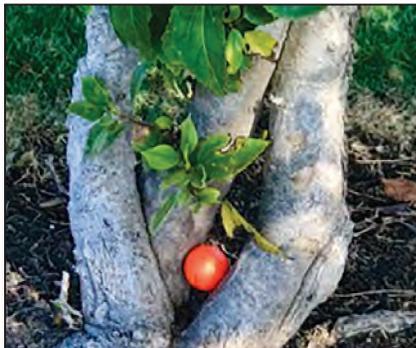


Photo by JACLYN CLAROS
One never knows where the drive will end up.

Newcomers, men and women, who are interested in signing up to our Golf Clubs are invited to a Golf Social on May 21st in the Garden Room from 4-5pm, to learn more about it. Thanks to Leslie Hall and Sandy Kassen for organizing this.

Kudos to the Men's Golf for hosting the mixed TeeTimers Tournament and luncheon on April 26th.

WATER AEROBICS

By Carmen Fraser

Come join us Monday, Wednesday, Friday from 11am for 45 minutes. Cardio workout that exercises all the muscles of the body with a friendly group of people.

For more information contact Carmen Fraser, Leader at vocationalcf@aol.com

WII BOWLING CLUB

By Judy Spector

Wii Bowling welcomes our new members. Come join the fun! Sessions are played on Tuesday 9:30am & 11am, Wednesday 1pm and Thursday 11am. Annual membership dues are \$10.

For more information contact Connie Davis 805-320-1544 or Sylvia Edmonds 805-987-1666.

PET CLUB

By Shawn Baker

The Pet Club is a group of Pet

Owners and Pet Lovers to gather for pet-related social and fund-raising events. We do not have regular meetings, but we do have several activities throughout the year such as informational pet-related speakers, pet parade, pet food drives and more!

For more information contact president Shawn Baker at 805-233-1725 or shawnbakerhomes@gmail.com.

PLAYERS GUILD

By Linda O'Neill

Players Guild is dark in May. In the coming months:

July: Readers' Theatre Presents, directed and produced by Joyce Belcher and Rosanna Bellini-Strickland. Casting call on Monday, May 23rd at 7 pm in the MPR.

August: Funny Stuff-scenes and songs, directed by Vivian Hollander and produced by Joyce Belcher. Casting call on Monday, June 20 at 7 pm in the MPR.

Bad News About Bone Loss

Have you noticed your face changing shape since you lost some, or all, of your teeth? Are you looking "old" before your time?

There is a reason—AND a solution.

Whether you've lost some, or all, of your teeth, you may turn to bridges, or dentures, to make your mouth 'whole' again. But unfortunately, over time, your face can start to look and feel different...

...and here's why:

The bones in your jaw need the stimulation they get from tooth roots in order to remain strong, dense and healthy.

Without stimulation from the root of each tooth, the bone in your jaw starts to change...and not in a good way.

In the absence of root-deep stimulus, your jawbone actually begins to atrophy, or shrink. As the bone in your jaw continually withers away, the corners of your mouth droop...and your facial muscles start to shift out of position, adding wrinkles before it's "time," and changing what you're used to seeing when you look in the mirror.

If you have a friend who might be interested in this article/offer, please feel free to pass it along.

In the end, your continually deteriorating jawbone and loss of jaw height in the back causes your nose to point down, and your chin to point up - giving you a witch-like appearance.

And, unfortunately, there's more...Even if you're perfectly content with your dentures or bridges, you may have

trouble with the way they fit down the road, as your jawbone continues to deteriorate.

Over time, there will be less muscle, and less bone, to hold your dentures in place. Nerves come closer to the surface as your gums wear down...and it's possible to end up experiencing agony every time you take a bite.

The GOOD News Is:

There is a way to stop bone loss. As soon as you get dental implants in your jaw, you can stop losing bone in that area.

Your body can recognize the need to maintain bone levels around the implant, as if it were a natural tooth root!

When your jawbone has an implant to attach itself to, it's happy, and you can maintain its volume! So you may not have to suffer from the painful effects of bone loss.

To learn more, come on in and talk to us. It won't cost you a thing - and you'll be glad you did!

The "witch-like" appearance caused by bone loss...which can make you look "old" before your time.



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CLUB NEWS

GREAT DECISIONS
By Sharon Baker

Great Decisions, Foreign Policy Association, meets on the 4th Monday of each month, except for July, August and December. The meetings are at 9:30am in the Sun Room. Please join us for stimulating discussions on interesting topics such as Outer Space, Climate Change, and Russia and the U.S.

DUPLICATE BRIDGE
By Vonnay Brook

If you are interested in playing Duplicate Bridge, we meet Monday and Wednesday evenings at 6:40 in the Garden room, play starts at 7. Join our friendly group, we would love to get acquainted. If you want to brush up on bridge we have help there too. For more information call Vonnay Brook 909-225-6100.

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CLASSIFIED ADS

To submit a classified ad please include your full name, address and phone number (info for ILV records only, will not be published unless requested). Cost per ad is \$5 for a 28 word insertion (phone number = 1 word, email = 1 word). Enclose \$5 cash or a check or money order made payable to ILV. Place the ad in an envelope marked ILV CLASSIFIED AD. The envelope can be mailed to 12000 Leisure Village Drive, Camarillo, CA, 93012 ATTN: Barbara Crome, or placed in the wood box next to the garden and sewing room in the LV Recreation Center. Questions? Call Barbara @ 805-482-9097.

DEADLINE for the next publication is Friday, May 13.

ESTATE SALES & LIQUIDATION by two nice ladies. Need help moving or downsizing? We're here to help. Call Sandy 805-795-3445

MURPHY AUTO MUSEUM NEEDS VOLUNTEERS. Do you enjoy cars? Do you like talking about cars? You could be a volunteer/docent. Contact Ernie Chavis 818-807-4496 or email: erniechavis4@gmail.com

MOBILE NOTARY: Offering notary services in the comfort, convenience and privacy of your own home. Call for an appointment today 805-217-2714 Kathleen Simpson

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Looking for rental: One LV Renter is seeking one bedroom, 1 bathroom. I have lived here for 3 years. I'm clean and quiet. Please call Michael 805-722-8371

WANTED: room or rent to female, non-smoker, with possible light kitchen privileges. Please call Anne 805-482-4010

Al Fox Realty is hiring Realtors - come work for one of the most respected firms in the business! Since 1979. Located in the Santa Rosa Plaza. Call Scott 805-377-7272. DRE #00570029

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TRUST is a vital component of every aspect of our lives. The definitions of the word include:

- Reliance on the integrity, strength, ability, surety, etc., of a person or thing;
- To rely upon or place confidence in someone or something; hope.

Mother’s Day is in May, and moms and those who ‘mother’ the children in their lives are among those we place the greatest trust in. After all, we trust them with the future of the world through their influence on the rising generation.

This leads us to this month’s subject – TRUSTS.

Living trusts are a popular estate planning tool that allow you to select someone to manage the property in the trust according to your wishes upon death or incapacity. You [the **trustor**] get to choose which assets go into the trust, and who you want to be the **trustee(s)** [trustee is the person who will manage the trust assets during your life and after your death]. Often, grantors make themselves the trustees during their lifetime, and designate others to be successor trustees upon their death. **Revocable living trusts** are used a lot in real estate and give grantors the ability to change the terms of the trust or cancel it altogether while they are still alive and have capacity.

There are many *benefits* of revocable living trusts. One of the primary benefits is that assets properly transferred into the trust *avoid probate*. Avoiding probate *saves time and money* and provides more *privacy*. Wills go through probate in the court system, and the probate process can be costly and is a matter of public record (meaning the public can access the information). In contrast, trusts are handled outside of the court system so the trustee(s), others involved in trust administration and your beneficiaries are usually the primary people with access to information in your trust. Another attractive feature of trusts is *flexibility*. You get to choose WHO gets your assets (**beneficiaries**) and you can *control* WHEN and HOW your beneficiaries receive them. You have the option of distributing assets upon your death, or you may choose to distribute at various times of a beneficiary’s life or for specific events like graduation, marriage, etc.

In addition to the benefits of avoiding probate and flexibility distributing your assets after death, revocable living trusts also *protect you during your lifetime*. Trusts allow you to determine in advance how you wish your trust assets to be managed *in the event that you no longer have capacity to manage your own affairs*, allowing you to protect and provide for both yourself and your loved ones.

Trusts are legal documents that MUST be prepared properly in order to be valid. If a trust is not valid, or property is not properly transferred into the trust, the property may wind up going through probate after trustors’ death. A potential option at that point is a Heggstad petition that, if successfully filed in court, is an option that might declare property to be a trust asset, even though title to the property was not legally or formally transferred into the trust. Filing to petition the court takes both time and money, and there is no guarantee it will be granted. If denied, the additional cost of probate court will be the next expense and will take even more time.

Some people take shortcuts to create trusts in order to save money. This can wind up in what could be coined as “jumping over dollars to save pennies”. The cost of a Heggstad petition and/or probate very often outweighs any money the property owner thought they were saving when getting their trust created.

Life circumstances are so unique that it is critical to seek out a good estate planning attorney to create your trust so that it meets the needs of you and your loved ones, and to make sure property is properly transferred into the trust.

Please visit our “**Barlows Got Your Back**” area of our website for helpful links to more resources about trusts. And remember...

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