

INSIDE LEISURE VILLAGE

VOL. 42 NO. 7

AN ACTIVE 55 PLUS COMMUNITY

SANTA ROSA ROAD, CAMARILLO, CALIFORNIA

JULY 2, 2021

Ted's Bench

There's a reminder on Leisure Village Drive between Villages 3 and 5 that life here can be a comfortable and rewarding combination of giving and receiving. A new bench donated in the memory of longtime resident Ted Lansing speaks to that legacy. Ted died in July 2020 at the age of 90. He lived here more than 15 years, and his wife Hanna wanted to contribute something that "would last forever," she says, as an expression of Ted's commitment to serving others.

The bench was the answer. Hanna says her only disappointment is that "There's no plaque big enough to list all of Ted's good works." He served as an LVA Board member and Treasurer for nearly a decade. He was an intense student of local and state regulations for homeowner associations and gave regular workshops called "LVA 101" to explain these rules to residents. (Those workshops were recorded, and the videos are available in our library.)

Ted was a member of the Woodshop, and his woodworking expertise was always available to those who brought their broken furniture to be repaired. He chaired the Architectural Committee for years. His ham radio skills connected him to people across the country during weekly practice sessions, and he participated in many emergency drills. He taught wilderness sur-



Photo by JOSEPH BENTTI

When "Ted's Bench" was installed last month, Hanna got the first 'seat.' Then it attracted friends and neighbors (including the four-legged kind,) just as Ted often did.

vival skills for the Sierra Club and emergency preparedness for the Red Cross. On his lighter side, Ted loved to perform in and also directed some Players Guild productions.

Hanna's hope is that the Lansing Bench, made of synthetic wood, is in a comfortable location allowing visitors to stop by, enjoy Leisure Village and remember Ted.

Newcomers Welcome Reception & Orientation is Back

■ Sessions to begin in July and run through August

"We're Open" is the message for newcomers and old-timers alike. The limitations are off the swimming pool, fitness center, paddle tennis courts, and the doors are open to the Rec Center, the Clubhouse, and the library. Clubs are starting to gear up, exercise classes, too. And Leisure Village particularly wants those patient Newcomers to join in.

It has been a challenge for nearly 300 people who moved into the

locked-down Village during the dark times of the pandemic. One new resident reported that "I have lived here for nearly 12 months, and I don't even know my neighbor's name." Without the clubs, sports, entertainment, and normal encounters that provide personal connections, these newcomers have had a dreary start in their new homes. Now, that's over!

There are two opportunities for new Villagers to begin the process of making the most of their new home. The Welcome Reception and Newcomers Orientation. Plan on attending both of these events to begin experiencing Leisure Vil-

lage to the fullest.

WELCOME RECEPTION

New residents who have moved into Leisure Village over the past year are invited to attend a Welcome Reception. This special event provides an opportunity for you to meet other new residents and become involved in our Village by checking out some of the activities available to you. Many of our Clubs will be represented to introduce you to their programs. You will have the opportunity to meet members of our Board of Directors, the Home Owners Association Staff, and members of our Security Personnel.

NEWCOMERS ORIENTATION

A special schedule of Newcomers Orientations begins at the end of this month. These two-hour classes provide answers to questions about LV's Security System, Village communications, rules and regulations about landscaping or remodeling the exterior of your home. Crafts, sports, clubs and much more are covered in these sessions. There are conversations between new Villagers and LV's volunteers, who were all new here once and want to share what they have learned so "Newcomers" eas-

—Please see **PAGE 6**



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The celebration continues. I was elated in recent passages through the village. More and more I am able to see my neighbors' faces, read their expressions and hear their voices. Walking through the Rec Center hallway was cathartic. When getting feedback and news items from the clubs, the excitement and enthusiasm at rebuilding the lives we moved to the Village for is palpable. We have a new Board of directors and the Villagers who moved in in the last 14 months will be able to attend a couple of events that will help them settle in and realize Leisure Village to its full potential. Welcome back Villagers, now go out and live.

— Jon Niemann

ABOUT INSIDE LEISURE VILLAGE

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Letters

ILV has obligated itself to publish letters that are not profane, inflammatory or libelous. Views or statements expressed are the beliefs of the writer and are not necessarily supported by the staff of ILV. Letters must include name/signature, address and phone number. Please limit letters to 150 words. We reserve the right to edit, and/or condense. If at all possible, e-mail letters to editorilv@yahoo.com. Typed copy should be placed in the ILV box in the Rec Center hallway. Whatever is not printed in the next issue because of space limitations will be considered for the following issue.

August Edition Deadlines

Club News, articles, letters and classified ads: Thursday, July 15. August issue will be available Friday, August 6. Send news, articles & letters to insidveditor@gmail.com.

Inside Leisure Village is written and edited by and for Leisure Village residents exclusively. It is independent of the L.V. Association and its Board of Directors. ILV's content is also independent of the Acorn Newspaper. The Acorn Newspaper is not responsible for the content of ILV and does not set or monitor its classified advertising or editorial policies. In addition, the purpose of ILV is to report and publicize LV events and activities. To access Inside Leisure Village online, go to: Google.com, enter Inside Leisure Village. When choices come up, click on "repository.library.csuci.edu/handle/10139/646."

031V12S

A VISIT WITH LEE By Lee Edwards

Opera and Bloody Mary's

Once upon a time, maybe 15 years ago, I was stranded at the Doctor's office. I did not have a ride home. I asked the receptionist to call a taxi for me. "You don't have to do that," she said, "we have a patient who is retired, and they will be happy to drive you home." This is how I met Franki. During the drive between the doctor's office and Leisure Village, she learned my entire life story. She told me she had a group of close friends. They call themselves the "Penguins," and she was sure that Martha, Nancy, Paula and Norma would love to meet me.

They are all lovely ladies and over the years I have been invited many times to their homes. In fact they made me the honorary "Penguin Mother." That day at Dr. Gerayli's office was my lucky day. "I have to ask a Big favor," I told them one day. The Metropolitan Opera had

just started broadcasting operas on Saturday mornings to various movie theaters. The closest one was in Ventura. Franki and her late husband Gene had never been to an opera but she said they would be glad to take me. It meant standing in line starting about 8 am. The opera started at 9 am and played until noon in New York, but it sold out very quickly. Gene, bless him, stood in line, while Franki picked me up and we drove over to join him in line.

In recent years, they have shown the opera in a theater in Oxnard. You can now buy the tickets online ahead of time. I started suggesting world famous operas like Carmen, La Boheme, Madame Butterfly etc. Very soon, Franki and Gene caught on and enjoyed the performances. One by one, Martha, Nancy, Paula, Norma and also my friend Verna wanted to join us and

try this new adventure. They all enjoyed the glorious music and beautiful staging. In fact, they wanted to go to almost every performance, even some of the lesser known operas. During the intermissions, we saw the crew building sets on the stage, and many famous singers were interviewed. In fact, even the intermission was enjoyable.

After the performances, which were sometimes 4 hours long, we all went across the street to Kabuki, a Japanese restaurant. I was initiated to the joys of a Bloody Mary along with my lunch. Of course there was no Opera in the theaters last year. We truly hope the Met will begin broadcasting to our local theaters again this year. Once they do, I will let you know. Come join us, I promise you won't be disappointed.

And there is always that Bloody Mary to look forward to.

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REAL ESTATE

By Sharron Parker

One of the recent challenges in this unprecedented frenetic market has been the appraisal process. They can be delayed due to a shortage of appraisers availability or the simple fact that some of the values are coming in low. One common strategy is to waive the appraisal contingency, this may not be an option when a lender is involved.

To mitigate this challenge, here are some considerations to review with your Realtor:

- Be willing to have flexibility or to start over if the property does not appraise at the agreed upon sales price.
- Set the sales price at close to value. Appraisers rarely change their decisions.
- Your Realtor will stay in close contact with the lender to strategize on appraisal results and negotiate with reasonable flexibility to achieve the completion of the transaction.
- One option is that if the appraisal does not meet the purchase price, the buyer can opt to put down the difference between the appraised price and the purchase price the lender has agreed to fund.
- Accept backup offers from the list of runner-ups and make adjustments based on a previous transaction that fell through.

The market, even faced with an increasing cost of lending, continues to remain a seller's market. The list of available homes in Leisure Village (inventory) has remained low while interest in purchasing here remains high. Working with an experienced Realtor who is up-to-date on the unique Leisure Village challenges will most likely provide you with a less stressful sale of your home.

LVA's 2021-22 Board of Directors Takes Office

Three "new" members have been elected by voters to serve on the Leisure Village 2021-22 Board Directors. Based on 1124 valid ballots submitted, Chuck Kiskaden, Bob Bueling, and Richard Loomis will serve on the Board for the next two years. New to the Board is Richard Loomis, who has lived in the Village for three years. Chuck Kiskaden is a returning member of the Board, having served two terms before. And with this election win, Bob Bueling begins his second term on the Board of Directors. See photo on page 16.

It took nearly three hours for the votes to be counted in this year's election. Chief Election Inspector Chuck Donnel announced the results at the Leisure Village Association Annual Meeting on June 24:

Chuck Kiskaden	915 votes
Robert Bueling	825 votes
Richard Loomis	680 votes
Robert Riveles	549 votes
Robert Kulick	154 votes
Carol Moody	2 write-in votes

The 70-604 Tax Resolution was approved by a 953 to 21 vote. The new Board then elected its officers for the coming year.

- Beverly Vandermeulen – President
- Bob Bueling – Vice President
- Richard Loomis – Secretary
- Chuck Kiskaden – Treasurer
- George Jones – Director at Large

In its first official vote, the new Board voted to rescind the Pandemic Emergency Rules that have defined so much of the Village's activities and restrictions for more than a year. By that vote, guests are now permitted in the Village.



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- John Neally, Village 8**
- Anita Levine, Formerly Village 9**
- Gerald Rosen, Village 30**
- Chuck Minne, Village 7**
- Carol Levy, Formerly Village 25**

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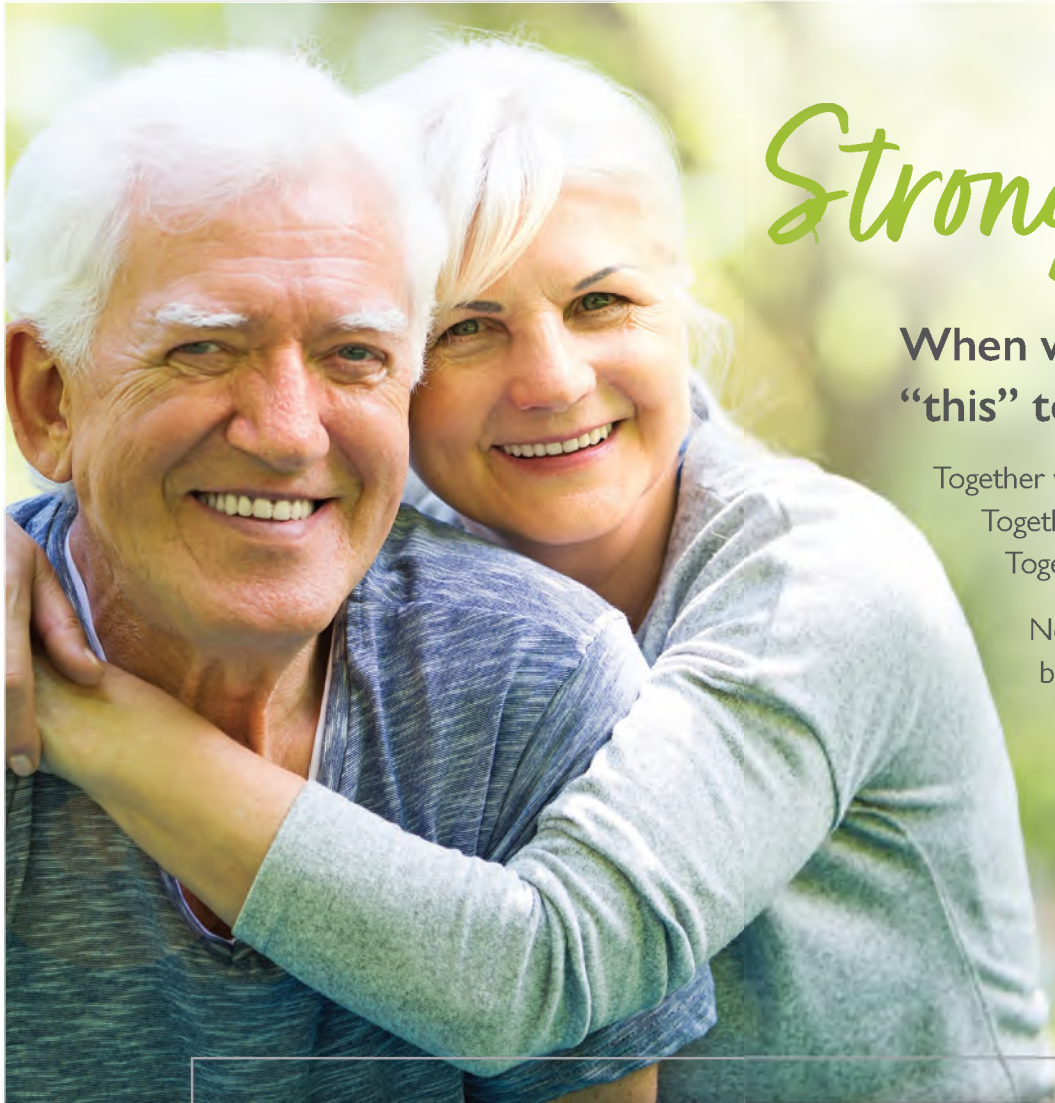
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HISTORIC REFLECTION

By Max Copenhagen

History of Roads to Ventura County

The fertile coastal plain of Ventura County is surrounded by rugged mountains. Highway 101 is our busiest road, but here are the stories of other important routes.

Santa Susana Pass

First used by Spanish settlers in 1770, this route evolved into a rough wagon road. Funds were appropriated to improve it in 1859. When the Civil War disrupted mail service in 1861, the government contracted the Butterfield Company to carry mail between Los Angeles and San Francisco through the Santa Susana Pass. The steepest portion was called the Devil's Slide and horses were blindfolded for the steep descent. The passengers usually decided to walk. In 1895, the Chatsworth Grade bypass opened and was used until the Santa Susana Pass Road was built in 1917. This was the first automobile route between the San Fernando and Simi Valley and the main 'coast road' north until the Conejo Grade was improved.

The Rincon

Meaning "remote corner," rock outcroppings made travel difficult along this dramatic meeting of



Santa Susana Pass Road in the early days.

the coastal mountains and the sea. During the "Mission Period," traveling by foot or horseback along the small alluvial beaches and coastal bluffs was difficult. Traffic would often be delayed by high tides, storms and rock slides. A longer route over Casitas Pass was the more likely route used to travel between the missions. A stagecoach route over Casitas Pass was built in 1861. Construction of the railroad provided an unimproved road, but it was often underwater. As the automobile age began, civic boosters in Ventura were eager to open a more direct coastal route between Ventura and Santa Barbara. They started raising funds to build a twenty foot wooden causeway. An automobile route along this portion

—Please see **PAGE 8**

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Newcomers

From **PAGE 1** —

ily and comfortably know they are "Villagers."

Six **NEWCOMER ORIENTATION** sessions are scheduled. Each is two hours long and will be held in the Assembly Room.

- Saturday, July 24, 10:00 am – Noon or 2:00 – 4:00 pm
- Saturday, August 21, 10:00 am – Noon or 2:00 – 4:00 pm
- Saturday, August 28, 10:00 am – Noon or 2:00 – 4:00 pm

Choose one and RSVP to Patti at pattischultz0732@gmail.com or 805-558-0732. Seating is limited. RSVP ASAP to hold your spot!

The **WELCOME RECEPTIONS** will be held in the Assembly Room of the Rec. Center on the following dates:

- Monday, August 2 at 6:00 pm (Meet the Clubs),
6:30 pm (Program and LV Video)
- Tuesday, August 3 at 1:30 pm (Meet the Clubs),
2:00 pm (Program and LV Video)

Reservations are suggested as space is limited. Contact Bobi Shmerling 805-389-1975 or bobi.shmerling@gmail.com

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07LV121

County Roads

From PAGE 6 —

of the coast opened in 1913 with the Rincon Causeway or Rincon Sea Level Road. It was the first coastal road for motorists traveling between San Francisco and Los Angeles. A bridge over the Ventura River also opened at this time. In 1926, US 101 was established and the road was modernized with a concrete seawall and the rickety wooden road was removed.

Roosevelt Highway

The Roosevelt Highway, renamed the Pacific Coast Highway, is a 1,400-mile road from Canada to Mexico and our first direct link to Santa Monica. Since the 1890s, a primitive road hugged the rocky coast between Santa Monica and Malibu, only to reach a locked gate at the former Rancho Topanga. When the county proposed extending the coastal road, the ranch owner posted armed guards and challenged the county's authority. Eventually the Supreme Court granted the coun-



Rincon Causeway in the early 1900's.

ty a right-of-way for \$107,289. Delayed by the litigation, the Malibu segment of the Roosevelt Highway was the last to open in 1929. The road was improved and cut through the ridge of volcanic rock at Point Mugu in 1937. By the 1950s, a new Pacific Coast Freeway was being planned, following the same route, bisecting coastal communities and restricting public access to beaches. The State began purchasing the right-of-way land in the 1960s, but the plan was abandoned in 1972 due to opposition by residents and environmental activists. Only a short

section of it southeast of Oxnard was ever built.

Highway 33

Known as the Petroleum Highway or the Maricopa Highway, this amazingly scenic road winds through the Las Padres Mountains from Ojai thru Matilija Canyon and over Pine Mountain Summit. It is an important connection between the coast and the towns and oil fields of Kern County. Highway 33 was born as a campaign promise of Governor Hiram Johnson to connect all the county seats in California with paved roads. Work commenced upon his gubernatorial victory in 1910.

Highway 126

Highway 126 is one of the original State Highways. This route along the Santa Clara River was easy access even before the railroad was built in 1887 to connect the citrus growers with markets inland. Within Ventura County, it was known as Telegraph Road. Flooding was a problem. When the St. Francis Dam failed in

1928, the flood waters wiped out roads and bridges along the entire route from Santa Clarita to the shores at Oxnard. There were plans to make 126 a freeway. The first section was opened between Oxnard and Santa Paula in 1965. The plan was abandoned in the face of anti-development pressure and financial problems as a result of the 1971 Sylmar earthquake.

Mulholland Highway

In 1924, a road was built from Cahuenga Pass westward by developers investing in the Hollywood Hills. The State contracted a \$10-million improvement project in 1958 that would extend the Mulholland highway from Cahuenga Pass to the shores of North Malibu near Ventura County line. The 21-mile long two-lane road loosely follows the ridges of the Santa Monica Mountain Range, then continues through the mountains to the Pacific Ocean at Leo Carrillo State Beach.

For more about local history, visit the Pleasant Valley Historical Museum at 720 Las Posas Road.

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04LV061

A PINCH OF SALT

By Larry Swartz

Rocky J. Squirrel - VS - LV Squirrel

Squirrels: you either love 'em cause they are cute and fuzzy or you call them rats with fluffy tails. You probably don't like them cause' they eat the strawberries in your garden. Or, like me, you always think of Rocky the flying squirrel whenever you see one and maybe hear the voice of the great June Foray.

All of this crossed my mind the other day as I watched a squirrel dart across the lawn and up a tree in seconds. I thought he was being pursued but there are not many squirrel predators living in Leisure Village. Yea, an occasional coyote or a delusional terrier, but they can't climb trees, mostly. My inner Rocky knows there are plenty of yummy fruits and vegetables over in the garden (shhh) by the tennis courts so I guess an LV squirrel's life is not really that bad; although my friend Rudy swears that they are terrible gin rummy partners.

And so, I thought if I'm wrong and there is an afterlife and I can't come back as Rocky J. Squirrel, I'll come back as a Leisure Village Squirrel (LVS for short). If I did come back as a squirrel, I'd have to change my eating habits. Squirrels don't eat fried Oyster Po' boys and garlic shrimp rigatoni. They do enjoy nuts, seeds, tree flowers and tree buds from a variety of trees including butternut, cedar, dogwood, elm, pine, hemlock. Cedar Tree Buds with Fried Hemlock Seeds - yuck (slight shudder).

During the summer months, instead of eating potato chips with your favorite cocktail or beverage, try these squirrel inspired crunchy, flavorful and wholesome snacks:

Herbed Peanuts/Almonds

This works best with no salt peanuts or blanched (skins removed) almonds. If you are ambitious, it's much cheaper to buy raw almonds and skin them yourself but it is a lot more effort.

I use one of those metal pie pans. Spray it lightly with olive or canola oil. Cover the pan with nuts, a little more than makes a single layer. Sprinkle with your favorite dried herbs and stir them in. Shake the pan well to coat all sides. Roast at 325 degrees. WATCH CLOSELY AND SHAKE REGULARLY.

Sea Salt and Black Pepper Nuts

For this one, after placing nuts in the pan, spray lightly with oil, sprinkle with sea salt and fresh ground black pepper. Shake the pan well to coat all sides. Roast at 325 degrees. WATCH CLOSELY AND SHAKE REGULARLY.

Dilled Nuts

Same process as above only use dried dill & sea salt. Roast at 325 degrees. WATCH CLOSELY AND SHAKE REGULARLY.

Asian Inspired Curry Nuts

Again same process as above only use roasted sesame oil, curry powder and crushed red pepper but roast for 4-5 minutes, then remove and add low sodium Tamari (soya

sauce without the wheat so gluten free) toss to coat and continue roasting until done BUT WATCH CLOSELY AND SHAKE REGULARLY.

LVS and Rocky will watch from the trees, envious of your nutty gourmet snacks.



Photo by LARRY SWARTZ
Herbed, roasted almonds.

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A WORD ON WINE By Don & Barbara Senior

Old Vine Wine – Hype or Real Deal?

A frequent question we are asked is “Does the age of a vineyard affect the wines made from its grapes?” The answer is definitely yes. It takes three years before a newly planted vine yields grapes that make decent wine. Throughout each year the vines must be carefully pruned and tended as the roots dig deeper into the soil searching for water and nutrients. The older a vine, the more finely tuned the plant is to its specific microclimate and the more complex the grapes. As the years pass, vines develop thick, gnarled trunks and may look stressed. The yield of fruit is lower from these vines as they age, but they continue to produce wonderfully flavorful grapes for making elegant wines. Therein lies the mystique of an old vine wine.



Photo by BOB SENIOR

There is no universally agreed definition of the often used “old vines” that appears on wine labels. In a well-established wine region, it can mean a wine from vines over thirty-five years old, while, in newer wine regions, twenty years might be considered old. In the U.S., the most common use of old vine designation is for Zinfandel. In California some vineyards up to 125 years old are still bearing small amounts of prized Zinfandel fruit.

A 2017 Shiraz side by side with a Shiraz from a 1919 old vine.

In the Barossa Valley of Australia, the world’s oldest continually producing commercial vineyard is believed to be the Shiraz vines at Turkey Flat, originally planted in 1847. The Barossa Old Vine Charter was established to protect the older vines in the region and prevent them from being removed to plant new vineyards. Part marketing and part conservation, this has enabled the oldest producing Barossa vineyards to profit from the unique richness of their grapes over 100 years old.

The prices can vary and swayed our decision. For the comparison, we bought two bottles of Shiraz from each of two wineries. One was from ancient vines and the other was from ordinary vines. We ordered a 101 year old vine Shiraz from Yalumba winery and a 124 year old vine from Elderton Estate, as well as a “regular vine” Shiraz from each winery. To tell the truth, we both expected to be underwhelmed by the difference, since, regardless of vine age, all the wines were relatively young, being made less than five years ago.

We were curious to compare Shiraz from ancient vines to those from more typical vines. The Barossa Old Vine Charter lists “old vine” vineyards by age and winery. Searching wine distributors helped us find the wines from those an-

The bottles were open and breathing as a small group of friends gathered around the tasting table. Using a Vinturi to aerate the wine, Don poured a pair of glasses for the Yalumba winery. Now for the moment of truth... Sh-zam! There was a very apparent difference! The wine from ancient vines had a more intense nose and richer color than the wine from regular vines. The distinction became even more apparent in the comparative

—Please see PAGE 11

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Word on Wine

From PAGE 10 —

tasting, as the ancient vine wine presented a delicious jammy flavor in an elegant wine. The other Shiraz was well made and also delicious, but did not have the depth of the old vine wine. We repeated this with the pair of wines from Elderton Estate and got the same results. In the end, it was a very instructive and tasty evening, and the premium price for the old vine wines was decidedly worth it.

The “take home” from the evening; well tended old vines are survivors that are the real deal, they lead to great wines.



Photo by BOB SENIOR

Shiraz from a 1919 old vine.

PHOTO CLUB WINNER – MOBILE CATEGORY



■ 1st – Gregg Gillmar / Black Pool, Yellowstone NP



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PERSPECTIVES

By Janey Rifkin

If you gained more than five pounds during the notorious pandemic, it might not have all been your fault. Read on:

The main issues with pandemic life—sheltering in place, remote work and study, lack of exercise and activity, and just plain unhealthy eating—all contributed to weight gain. We are social creatures and like to practice such things as our routine activities, workouts, meetings, in concert with others who share our interests. For over 14 months, that socializing was verboten.

An American Dietetic Association survey of 3,000 Americans reveals that two out of five adults gained significant amounts of weight—20 to 29 pounds since the onset of the pandemic. One in ten reported a gain of 50 pounds.

This is serious! Overweight and obesity categories in adults hit record gains during the 14-month period of sequestration. Aside from

personal habits, there is a knowledge gap. Amazingly, medical schools in the U.S. focus no more instruction on nutrition than they did 50 years ago. The topic gets less than 1% of classroom time with aspiring physicians. In America, the food and beverages ingested by people today are the biggest drivers of disease.

Consequently, practicing doctors today have no conception of how food processing, calorie-dense takeout foods, and unhealthy elements, especially sugar and salt—combined with a lack of exercise—have undermined health, and are responsible for the decline in life expectancy in recent years.

“Not all calories are the same,” according to Dr. Robert H. Lustig, who authored the new best seller *Metabolical*. (The book title is a play on words.) The author stated, “Nutrition labels on packaged foods are mostly irrelevant—what you really need to know is what’s been done

to the food, and no label will tell you. Improving the nation’s health depends on the medical profession focusing on preventing disease, not simply treating it.”

Meanwhile, let’s concentrate our dietary habits on “real food” that is low in sugar and high in fiber—important for optimal bodily and mental functioning. Fresh fruits and vegetables can’t be beat; and the commitment to such a plan can have the rewards you desire.



Photo by BUD BRADLEY
One of the blue recycle cans, now to be picked up every Friday.

New Pick-Up Schedule for LV’s Recycle Cans

Beginning on Friday, July 9, the regular pick-up of LV’s recyclable materials in the familiar blue cans will become a weekly occurrence. E. J. Harrison has notified the Village that every Friday (except for holidays) the in-ground residential garbage cans will be emptied as usual and that the contents in the recycle barrels that are put out at the curb will be picked up on Fridays as well.

For years, the blue can pick-up was an every-other-week occurrence, and the schedule for each Village was published in *The Village Voice*. The new schedule means that every Friday now will be a “blue can day.” The in-ground garbage cans remain in use as always.

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PHOTO CLUB WINNER – CREATIVE CATEGORY



■ 1st – Bill Margulies / Blinds in Black & White

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CLUB NEWS

PLAYERS GUILD

By Linda O'Neill

I hope you caught our video, “Summertime in the USA” a salute to Memorial Day, Father’s Day and July 4th which aired on LVTV 1390 June 26 and 27. Most of you probably got together with your families again. Did you have a hot dog? A slice of pie? We hope that our work brought you a little fun, and triggered some wonderful memories.

President Joyce Belcher says that, with any luck, this may be the last video of 2021. We are hoping the AR will be open for live performances by August or September, fingers crossed. And are we ready? As a matter of fact, we were beginning practices for a show of Broadway tunes for March 2020, when the pandemic cancelled our musical lives. That was then rescheduled for Novem-

ber 2020. Again, we had to cancel. That’s when our company decided to go the video route. Believe me, it is hard to plan a show when the performers have to be ten feet apart when singing!

Anyway, “Broadway Melodies” is still in the works: the script is being written; musical director, script director and producer are speaking; singers are practicing scales and revisiting their songs. Oh, yes, I forgot. We still need to speak with the dancers! We would like to present this show “in the round.” That is, the piano will be at the center of the AR with four or five aisles for performers. Expect to see Irv Feiles perform Elton John’s “Can You Feel the Love Tonight?” from *Disney’s The Lion King*. (For the purists, this show was on Broadway (1997) after the movie version.) Irv will join me in the duet “I Remember It Well” from 1958’s *Gigi*. Vivian Hollander sings Rodgers and

—Please see **PAGE 14**



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CLUB NEWS

Players Guild

From PAGE 13 —

Hart's "To Keep My Love Alive" from the 1943 revival of 1928's *A Connecticut Yankee*. Guest singer, Lorna Bowen, soothes with Stephen Sondheim's 1979 "Not While I'm Around" from *Sweeney Todd*. Bill Crome intones an impressive "Old Man River" from 1928's *Showboat*. Other Broadway shows being represented include *Grease*, *My Fair Lady*, *Fiddler on the Roof*, *The King and I*, *Bells are Ringing* and more. Stay tuned.

GRAPES R US WINE CLUB

By Barbara Senior

Grapes Are Us is a monthly wine tasting meeting to compare wines, learn about wine characteristics and explore different regions. Wine Tasting Meetings are the 3rd

Friday of every month. The wines are selected by wine enthusiast Jon Niemann.

During the June tasting through Zoom we tasted a Pinot Grigio from Italy and a delightful reserve Carmenere from Chile.

We are welcoming new members to the club. Join us and take part in the virtual tastings, learn a little and enjoy the wine experience. Drop a line to Janis at grapesruslvwineclub@gmail.com or call her at 805-910-9526.

LV MUSIC CLUB

By Marci Lapair

For many years, the LV Music Club has provided seven monthly activities for the enjoyment of the Village. The admission for these events is free to all the villagers.

EXCITING NEWS! The LV Music Club is resuming Movie Night. The first movie, on July 19, is *The Way We Were* starring Barbra

Streisand and Robert Redford. This movie is ranked number 6 on AFI's top 100 greatest love stories in American cinema.

The movie on August 2 will be *Jersey Boys*. The film tells the story of the musical group The Four Seasons. It is a musical drama directed by Clint Eastwood. Come join us to enjoy the music of The Four Seasons, one of the best-selling musical groups of all time.

Movie night is held on the first and third Mondays of each month from 7:00 p.m. to approximately 9:00 p.m. in the AR. Admission is free to all the villagers.

If you are interested in making new friends and helping plan events for the Music Club, we invite you to attend our next board meeting on July 28 at 10:00 a.m. in the Multi-Purpose Room. We need new members to suggest fresh ideas for future club activities. All villagers are welcome to attend the meeting.

If you have any questions, please call Marci Lapair (818) 399-0843.

LINE DANCING

By Merle Ruiz

Get ready for the GREAT 2021 RESTART. For those of you who arrived here in our Village of Leisure in the past 15 months, here is an opportunity to try something new. Line dancing is not only good exercise, but also good for your brain. Dancing and music are the perfect combination to lift our

spirits and bring joy into our days and evenings.

For those with no experience, The Basic Line Dance class is perfect for you. Only 2 qualifications - you must know your right from left foot, no open back shoes. Intermediate dancers? Yes, there is a class for you. Keep an eye out for the 5th Friday of the month. We invite our friends in the community to join us for an awesome dance at 7 in the evening. Pick your pleasure. Give us a try!

For questions about Line Dancing, call Merle at 805-444-5225.

PET CLUB

By Cathy Michaels

Do we benefit as pet owners? The answer is yes! We share stories about how pets have changed our lives for the better, but research provides actual scientific evidence on pet therapy. A recent study at Washington State University, for example, found that university students demonstrated lower stress levels by petting dogs and cats for 10 minutes during an animal visitation program.

UCLA, a pet therapy advocate for over 20 years, is a recognized national leader. Today, UCLA person-animal connection programs provide animal companionship every month to over 1000 hospitalized critically ill kids and adults. Medical research demonstrates that animal companionship

—Please see PAGE 15



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CLUB NEWS

Pet Club

From PAGE 14 —

activates our body's automatic relaxation response leading to lower levels of anxiety, blood pressure, heart and breathing rates.

Mayo Clinic wrote about dogs as healers a decade ago. Mayo Clinic defined pet therapy as animal-assisted therapy (AAT) and activities (AAA). AAT supports recovery of physically and mentally ill patients and learning to live with chronic health problems. AAA makes life more interesting and enjoyable, like a nursing home resident dog.

Soon the Pet Club will gather to, once again, share stories of how we benefit from our pets! Join us!

WORKSHOP FOR WRITERS

By Pat Lagerstrom

June brought together again our Workshop For Writers, and

it was a delight to hear the many stories that no longer gather dust. Sometimes, we just need to let loose of our stories and share them with others. It's a great therapeutic stimulus for all of us. We heard about the wailing ghost who has lived for hundreds of years in England's Ruscombe Church—its crypt to be exact. Then we heard about the young unmarried couple who became pregnant and how they dealt with the new situation.

Jesse James was introduced and we learned about his house and his belongings. We also learned that he was exhumed three times as his grave was vandalized over and over again. Have you ever heard of the Detroit River Monster? Well, it's not really a monster but a huge sturgeon weighing 240 pounds and nearly seven feet long. River biologists reckoned she was about 100 years old. Oh, the caviar! Then they released her back into her waters. Those are samples of the interesting

stories shared at our last gathering.

For more information about WorkShop for Writers, please call Frank Seiden at 805-437-6242 or Mark Sconce at 805-586-4485.

WOODSHOP

By Bud Bradley

This month's photo shows one of the more unique projects created by one of our keyholders. In this case, one of our stalwarts changed a 17" high coffee table into a standard height kitchen dinette table. Item needed, problem solved!

As of this writing, the Woodshop is open, new hours of operation: 7 days a week, 6am until 10pm. Notices are taped to the main woodshop door. The Annex is still not yet available to us but we are hoping that will change soon. We are now able to accommodate 4 keyholders at a time in the main shop. But, we are still not able to perform repairs for



Photo by BUD BRADLEY
Standard height kitchen dinette table, transformed from a coffee table.

Villagers. Notifications will be sent out when this rule changes. Current keyholders are still making good use of the facility.

No need to sign up ahead of time. Rules of operation are posted there, also, as of this writing, masks must still be worn.

We are still planning to have the Annual Woodshop Yard Sale and will let you know when it's rescheduled. You can also email Pirate at Bruc5150@gmail.com or Bud Bradley at Hipbud2@

—Please see PAGE 16

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CLUB NEWS

Woodshop

From PAGE 15 —
gmail.com for any woodshop information. Thank You for your support of Woodshop and for your patience and understanding.

MENS GOLF

By Joseph Benti

It's never too late to celebrate—first, the Club's President's Cup champions and the runners-up: Flight A, Dick Fisher and Jerry A'Hara; Flight B, Tony Minero and Dan Isenberg; Flight C, Larry Cohen and Keith Blowers and Nine Hole winner, Ross Edmonds.

While we're in a celebratory mood, as a high-handicap (23) player and runner-up to Ross, this is a good place to acknowledge and remind prospective members (newcomers) of the pleasures we presumed "duffers" can share with



Photo by JOSEPH BENTI

Thanks to the club's handicapping system, members like Mike McClary compete on a level-playing field with our best players, making the game both more equitable and more enjoyable.

the Club's more accomplished golfers. A good example is my golfing buddy and fellow high-handicapper (30), Mike McClary, a retired Captain of the Santa Monica Police Department and Lt. Commander in the Coast Guard Reserve. Handicaps are based on our Tuesday performances, allowing us to enjoy the game on a par with our best players.

For example, in a round last month, Mike's handicap gave him low net and a cash award. Like me, he never really played golf until he moved into the Village. We both wish we had learned the game before our mid-seventies. Thankfully, though, we agree our handicaps make our struggles worthwhile.

If you would like to join us, come to the Golf Shack at 8:00 AM any Tuesday morning and "play through." Want more information about being a member? Call James Murchie (our Prez) at 805-407-4912.

planning our activities again and see folks out and about our beautifully landscaped Leisure Village.

We are proud to report the Stay-At-Home Tea event raised very close to \$3000 for our local charities. This recent fundraising effort will support our commitment to the Salvation Army, World Food Kitchen, Ventura Rescue Mission, R.A.I.N., Harbor House, Ventura Healthcare District and more. A sincere and grateful thank you to all those who participated.

Our plan is to hold a Blow Out sale of merchandise and jewelry as soon as we get our dates and space approved. Look for an eBLAST regarding this sale and come and find the treasure you have been looking for!

The Women's Club Board of Directors is hard at work planning for our Annual Veteran's Day event and Holiday Party in November and December respectively. As we reenter the world of an open LV, you can look forward to additional events so please stay tuned.

Our first meeting "Welcome Back" is scheduled for September 9th. Time TBD. Please... SAVE THE DATE.

We thank you for your continued support and look forward to seeing you soon!

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LV WOMEN'S CLUB

By Barbara Cogert

We hope this article finds you well as we enter the summer season. It's terribly exciting to be

LVA's 2021-2022 Board of Directors



Photo by BUD BRADLEY

(Left to Right) Richard Loomis, Chuck Kiskaden, Beverly Vandermeulen, Bob Bueling, George Jones

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CLUB NEWS

LV PHOTO CLUB

By Chuck Morrow

The Village is open, the masks are off, and now is the time to grab your camera and get out and enjoy what is around us. The Assigned Theme for the members of the Photo Club for July is "Landscapes." The Photo Club continues to hold meetings via Zoom with anticipation of soon returning to in-person meetings.

The June Photo Club meeting was held via Zoom and the judge for the month was Steve Freidman. The Assigned Category for June was "Black and White" and the winning photos are hanging in the Rec Center hallway and the walls of the MPR.

The winners were:

Assigned Category – Bob Pinchak with "Is that a UFO"

Open Category – Frank DeSimone with "Amanda"

Mobile Category – Gregg Gillmar with "Black Pool, Yellowstone NP"

Creative Category – Bill Margulies with "Blinds in Black and White"

All the entries for the month can also be viewed at <https://leisurevillage.smugmug.com> as well previous months' entries. For more information regarding the Photo Club contact Ken Lauchner at 805-491-2432 or ken.lauchner@roadrunner.com.

VILLAGE ARTS

By Patti Crichton

Village Arts comprises artists who create paintings and collages, using different media, including acrylics, watercolors, pastels, pencil crayons, oils, pen and ink. Experience levels range from the beginner to the very knowledgeable.

Things are opening up, starting with the Lanai Room. The Room is now open seven days a week from 6am-10pm for Village Art members to use. As of now, there is a five person maximum. Come on over and check out our newly painted, fresh art space. No

sign ups. First come, first served. Masks, please.

Plans are in the works for our annual Autumn Art Show in November, if all goes well.

We are booked for a display of our work at the Camarillo Art Center for the month of September.

Stay tuned for email updates from President David Kiefer. There may be a Village Arts meeting on August 4th to reconvene. We can plan for the September CAC show – participants and volunteers, also settle any membership dues owed. If you paid for the year of 2020, you don't need to pay again for 2021. There are a few old and new members who may owe the \$10 annual fee due to the timing of the shutdown situation, etc.

Watercolor classes will start up again, likely in the fall.

The time is right for creating your masterpieces to show and share. Looking forward to seeing our Village Arts group together again!

WOMEN'S GOLF

By Patti Crichton

LVWGA is an organization which encourages participation in golfing activities for new golfers as well as experienced players. We have special tournaments throughout the year, including some events where we collaborate with the Men's Golf for friendly competitions followed by luncheons.

We are making a comeback! We had a big turnout for Wednesday morning golf on the morning of June 9, especially the 'Niners', including some new players.

Come on out Wednesday mornings at 7:45am if you are interested in joining Women's Golf. Let us know that you are new and you will be assigned a group to play with. You will get your handicap after playing a few rounds. New players can choose to play 9 holes or 18 holes.

Regular monthly meetings are still on hold for now. Also

the Club Championship may be delayed. President Kathy Whitesell will update us as information becomes available.

In the meantime, come on out and enjoy our beautiful golf course on Wednesday mornings with the Women's group or anytime you feel like a scenic walk with some exercise included. See you on the fairways!

LV BOWLING LEAGUE

By Gene Kinsey

The Leisure Village Bowling League is a group of fun-loving people who just want to laugh, bowl and have a good time every Friday morning at Harley's Camarillo Bowl. For questions about this club or to sign up, please call Bobi Shmerling at 805-389-1975 or Gene Kinsey at 805-796-5858.

We are working our way through the summer season with

8 teams. As of June 17, masks became voluntary and our teams played on pairs of lanes instead of each team on two lanes. Much more friendly and fun! The fall league begins on Friday, August 13 at 9 am in Harley's Camarillo Bowl. Weekly cost will be \$12 after the \$20 one time club membership fee. Signups need to be in by the end of July, so if you are interested, please let us know.

THE STONERS BEAD & CRAFT CLUB

By Alice Moffet

The Stoners continue to make jewelry & craft items.

We also continue to do most jewelry repairs, for a donation to our group. If you are in need of this service, or would like to purchase one of the items on display, you may contact Fil Barton at (805) 987-3637.



Kristie Jo's Love

COMFORT AND CARE LLC

- State Certified HCA Caregivers
- 24 Hour Full Caregiving Services Available
- Companionship
- ROM Exercise, Walking Supervision
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- Meal Preparations & Light Housekeeping
- Doctor Visits & Errands

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Santa Clarita 661-347-0800
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KristieJosCareGiving.com



CLASSIFIED ADS

To submit a classified advertisement please include your full name, address and phone number (for ILV records only will not be published unless requested). Cost per ad is \$5 for a 28 word insertion. Phone number = 1 word, email = 1 word. Enclose \$5 cash or a check or money order made payable to ILV. Place the ad in an envelope marked ILV CLASSIFIED AD in the black box next to the entrance of the LV Association office just inside the west gate (off Los Pueblos Dr). It can also be mailed to 12000 Leisure Village Drive, Camarillo, CA, 93012 ATTN: Barbara Crome. Questions regarding classified ads? Call Barbara at 805-482-9097.

DEADLINE for the next publication is Thursday, July 15.

ESTATE SALES & LIQUIDATION by two nice ladies. Need help moving or downsizing? We're here to help. Call Sandy 805-795-3445

LOOKING TO BUY: golf equipment, patio plant stands, mirrors, lamps, craft tools, beads, buttons, broken jewelry, curio cabinet, knick knacks, pictures, small table, desk. Sam, LV resident 805-379-5653

MOBILE NOTARY offering notary services in the comfort, convenience and privacy of your own home. Call for an appointment today 805-217-2714 Kathleen Simpson

A MOBILE NOTARY: I come to you for your "NOTARY NEEDS" Leisure Village Resident. Call Chuck at 805-419-3457

REAL ESTATE BROKER - Ahumada Realty. Full service, buying or selling HOMES. DRE# 01990009 Call today 805-200-8416

Apple Computer Specialist - Laptops, desktops, iphones and ipads. Troubleshooting & tutorials. Password help. LV resident. Reasonable rates. Reliable. Easy to understand. Patient. Macs Made Easy/Louis Lapides 805-490-3127

I will organize your kitchen, office, closet & more. Free consultation. Senior discounts. Honest & caring. Mary 805-760-6272

Clothing alterations, mending, nips & tucks & garment makeovers for all ages. Seamstress with Leisure Village references. Will SAFELY pickup & deliver. Gudrun 805-479-4852

CPR/First Aid/AED Certification for vaccinated individuals, groups and now, pet owners. Call for date/times. Terry 818-692-5854. Website/Facebook: www.ThePeramosFactor.com. Email: terryshirokoff@gmail.com

PET SITTING, walking, mail, plants. Reliable, experienced, insured and bonded. \$10 for 15 minutes, \$17 for 30 minutes. 805-484-8802 Dogzgonewalkn@verizon.net Dogzgonewalkn.com

CAT SITTING, dog walking and watering plants. Dependable and trustworthy. References from your neighbors. Marlene Collins, Village resident 818-419-2159

IN YOUR HOME CAT CARE - Experienced cat sitter & LV resident. Will also take care of plants & mail. Contact Gina 805-400-5202 or email LVcatcare@gmail.com

Lynn Lerz: Massage Therapist. "Let me rub you the right way to better health" In village 36 years. Experienced, best refs. 805-484-2308

Need help with clutter or moving? Senior discounts, free consultation. Honest, caring, dependable Mary 805-760-6272

Driven by an Angel! Personal assistant will simplify your life! Excellent driver & LV resident with many references. Dependable & punctual to all apptmnts, airports, events, etc. Christine 805-701-3250

Nancy will drive you to doctor appointments, salon, grocery store, CVS or vaccination sites. Retired UCLA health care worker. Offers personal caring service. LV resident: 805-465-0056 cell 310-433-2311

Need a Driver? Experienced with patient representative care for various hospitals for 25 years. Will safely deliver you door to door to appointments, airports and other needs. Mendy 805-404-3535

NEED HELP with chores & errands? Dog walking, fixing, clean-up, moving, drive to doctors, shopping, cooking, etc. No job too small. Caring dependable Leisure Village resident Jim 805-807-1635

MERCHANDISE ASSEMBLY HANDYMAN Electrical, plumbing, appliance installation. Rain gutters, repair broken things, doors, walls, shelves, molding/trim, painting, cleaning, assembly, wall hanging, all helps. Please call Eric 805-210-0489

Kerry's Painting: "Careful and Clean" 310-970-2499. No job too small. I do ceilings. In the village

I'LL HELP YOU with gardening, cleaning rain gutters, remove pine needles and leaves, plant/trim/remove plants, weeding, prune roses. Odd jobs. LV resident. Excellent references. Darren 818-618-1028

JUAN - Handyman Services - garden, patio, yard cleaning, hauling/dumping or repair. Plant trimming, removal or install patio fence and gate repair. CALL TODAY 805-487-1613

HUGO'S Garden Services: Patio, yard cleaning, hauling, dumping, plant trees, pruning and removal. Sod/seed installation. Over 23 years working in Leisure Village. LV references 805-216-8835 or 805-482-0985

PERSONAL ASSISTANT/DRIVER. Airport, shopping, doctor's appointments. Friendly, courteous, non-smoker, non-drinker, full time or part time. Your car. References available. Art Silver 805-630-9125

Experienced compassionate caregiver. Personal care: bathing, grooming, dressing assistance. Companionship includes meal preparation, shopping assistance, errands, medication reminders. Victoria Sampson 805-754-4753

B. MARON Village resident. CAREGIVER you can count on with good medical background. Great experience (21 years) with DEMENTIA/ALZHEIMER'S. Please call or message 805-216-6072

GRACE - CNA/CAREGIVER FOR 25 years, good references (L.A. - Beverly Hills) Live-in or hourly. Please call 310-801-3755

Caregiver with twenty years experience. Licensed and fingerprinted, with excellent references. Live in Leisure Village. Available 7 days & nights. Have had COVID vaccine. Toni 805-844-8377 no pets.

Two Girls Home Care - Helping Seniors with daily activities. Call us for a free consultation 805-424-9944 Licensed & bonded. Background checks, COVID trained, references on all caregivers.

Experienced compassionate caregiver. Patient, flexible, reliable, hardworking & caring. Willing to help you with anything you need. Please contact Cherry 805-444-2379

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MEAL DELIVERY

Dinners *by Mark*

Home Cooked Meals Delivered
Right to Your Door

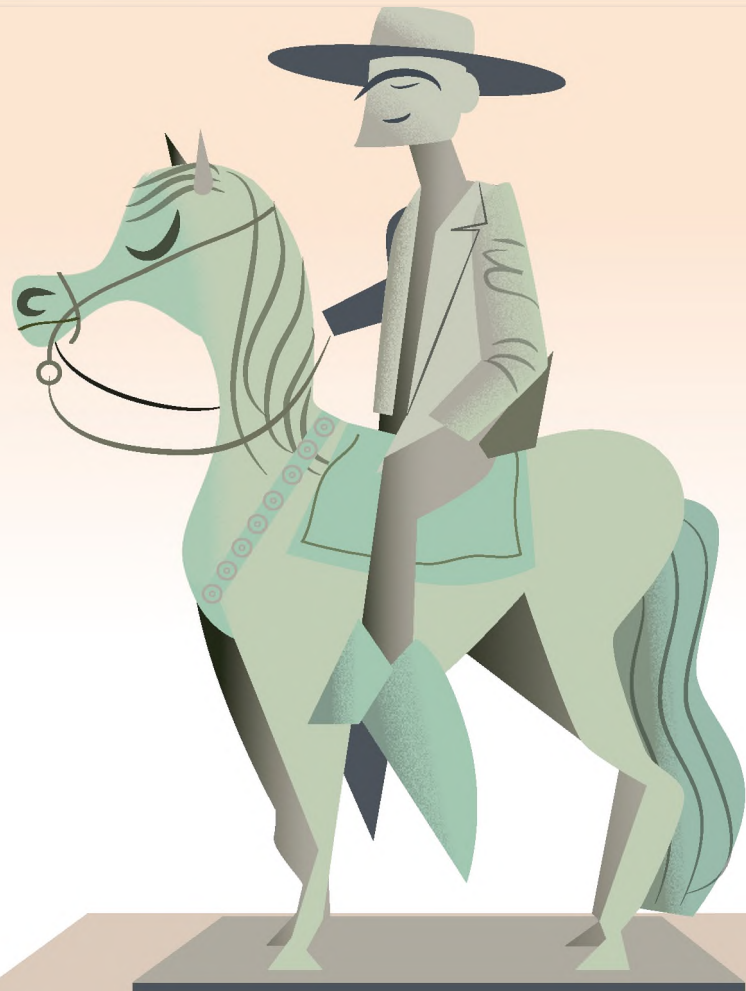
\$14 per Dinner

Dinners Include:

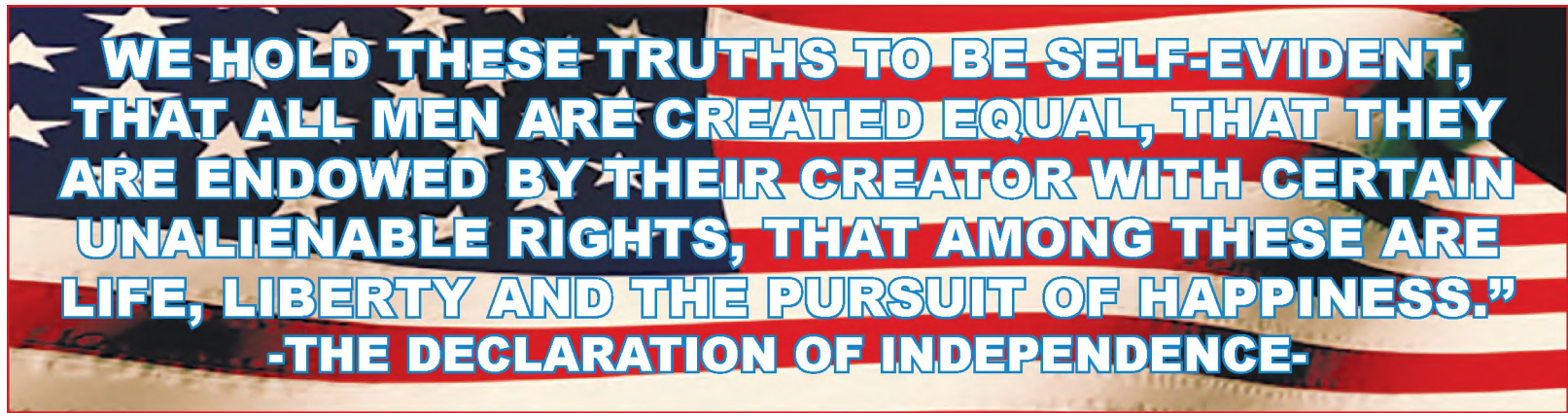
- Entree • Salad with your choice of dressing
 - Chef's vegetable of the day • Dessert
 - All meals are low in fat and sodium
- Meals packaged in microwave-safe containers

Contact Mark for info & menu
MSL9CATERING@GMAIL.COM
805-384-1536

08LV061



**To Include Your Listing, Please Contact Mary
at The Acorn Newspapers Today: 805.484.1949**



This month we would like to pay tribute to America’s brave founders who had the courage to stand up to oppressive government. For millennia, powerful rulers and governments controlled who had what rights and freedoms. Then on July 4th, 1776, 56 brave men met in Philadelphia to declare that ALL people are created equal and have rights given to them by their Creator, not given to them by government. Those who grant the rights can also take them away, so this historic declaration determined for the first time in history that there are certain rights that government couldn’t infringe upon or take away.

The brave signers of The **Declaration of Independence** paved the way for a new form of government of the people, by the people, and for the people that changed the course of human history. Knowing their actions would cost them dearly, the signers courageously claimed “for the support, of this Declaration, with a firm reliance on the protection of Divine Providence, we mutually pledge to each other our Lives, our Fortunes, and our sacred Honor.”

It has been said that **the Declaration was the promise, and the Constitution was the fulfillment of that promise.** The Constitution provided the “how” to the “what” of the Declaration of Independence. “The Constitution designed a government from whole cloth then strictly limited its scope — both unheard of at the time. The Constitution’s quiet effectiveness is the reason we loudly celebrate the Declaration of Independence today.”[quote from J.T. Young on The Federalist, 7/4/18]

America and the liberty we enjoy is a blessing made possible by the sacrifices of our founders: those who signed the Declaration of Independence, fought in the Revolutionary War, and worked to solidify and protect our rights with the forming of our U.S. Constitution. As Rudyard Kipling said in 1889, “All we have of freedom, all we use or know – this our fathers bought for us long and long ago.”

With rights come responsibilities. It is up to each of us to hold the torch of freedom high, and be willing to work to protect and preserve our inalienable rights that we are endowed with by our Creator. **Freedom isn’t free.** Have courage, because **America is the land of the free because of the brave!**

“Freedom is never more than one generation away from extinction. We didn’t pass it to our children in the bloodstream. It must be fought for, protected, and handed on for them to do the same.”
Ronald Reagan

You are FREE to choose your real estate agent, and we hope you will choose Barlow Realty for your sale, purchase or rental of your property.



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